



JANUARY SWIM LESSONS

Upcoming Session Dates:

Members Priority Dec. 15

Participants Opens: Dec. 17

Mon/Wed: Jan. 5-28

8 classes \$106/ \$201

Tues/Thurs: Jan. 6-29

8 classes \$106/ \$201

Sat: Jan. 10-Feb. 28

8 classes \$106/\$201

PARENT/CHILD	Ages 6mo-3yrs.	Mon & Wed	Tues & Thurs	Saturday
	Water Discovery & Exploration	11:00am 5:15-5:45pm		9:45-10:15am 11:00-11:30am

Stages	Preschool Ages 3-5yrs.	Mon & Wed	Tues & Thurs	Saturday
	1 Water Acclimation 2 Water Movement	4:00-4:30pm 6:25-6:55pm	4:00-4:30pm 4:35-5:05pm 5:50p-6:20m	9:15-9:45am 9:45-10:15am 11:00-11:30am
	3 Water Stamina (Must swim independently) 4 Stroke Introduction	5:15-5:45pm	4:00-4:30pm 5:50-6:20pm	9:45-10:15am

Stages	Youth Ages 6-12 yrs.	Mon & Wed	Tues & Thurs	Saturday
	1 Water Acclimation 2 Water Movement	4:30-5:10pm 6:25-7:05pm	4:30-5:10pm 5:10-5:50pm 6:20-7:00pm	9:00-9:40am 10:15-10:55am 11:30am-12:10pm
	3 Water Stamina 4 Stroke Introduction	4:30-5:10pm 5:45-6:25pm	5:10-5:50pm 6:20-7:00pm	10:15-10:55am 11:30-12:10pm
	5 Stroke Development 6 Stroke Mechanics	5:45-6:25pm	5:10-5:50pm	10:15-10:55am

	Ages 13 & Up	Mon & Wed	Tues & Thurs	Saturday
	Teen/ Adult		6:20-7:00pm	9:00-9:40am 11:30-12:10pm