



NOVEMBER SWIM LESSONS

Session Dates:

Members Priority opens: Oct. 15 Participants Opens: Oct. 20

Mon/Wed: Oct.27– Nov.19 8 classes \$106/NM \$201

Tues/Thurs: Oct.28– Nov. 20 8 classes \$106/NM\$201

Saturday: Nov.1-Dec.13 6 classes \$80/NM\$ 151

Classes will end before the week of Thanksgiving No classes Nov. 24–30

	Ages 6mo–3yrs.	Mon & Wed	Tues & Thurs	Saturday
	Water Discovery & Exploration	11:00–11:30am 5:15–5:45pm :	5:50–6:20pm	9:45–10:15am 11:00–11:30am

	Preschool Ages 3–5yrs.	Mon & Wed	Tues & Thurs	Saturday
Stages	1 Water Acclimation 2 Water Movement	4:00–4:30pm 5:15–5:45pm 6:25–6:55pm	4:00–4:30pm 4:35–5:05pm 5:50–6:20pm	9:15–9:45am 9:45–10:15am 11:00–11:30
	3 Water Stamina (Must swim independently) 4 Stroke Introduction	5:15–5:45pm	4:00–4:30pm 5:50–6:20pm	9:45–10:15am

	Youth Ages 6–12 yrs.	Mon & Wed	Tues & Thurs	Saturday
Stages	1 Water Acclimation 2 Water Movement	4:30–5:10pm 5:45–6:25pm 6:25–7:05pm	4:30–5:10pm 5:10–5:50pm 6:20–7:00pm	9:00–9:40am 10:15–10:55am 11:30–12:10pm
	3 Water Stamina 4 Stroke Introduction	4:30–5:10pm 5:45–6:25pm	5:10–5:50pm 6:20–7:00pm	10:15–10:55am 11:30–12:10pm
	5 Stroke Development 6 Stroke Mechanics	4:30–5:10pm 5:45–6:25pm	5:10–5:50pm	10:15–10:55am

	Ages 13 & Up	Mon & Wed	Tues & Thurs	
	Teen/Adults		6:20–7:00pm	9:00–9:40am 11:30am–12:10pm