



# JUNE SWIM LESSONS

## Session Dates:

**Members Priority opens: May 14      Participants Opens: May 19**

**Mon/Wed: June 2-25      8 classes \$105/NM \$200**

**Tues/Thurs: June 3-26      8 classes \$105/NM\$200**

**Saturday: May 31-June 5 classes \$65/NM\$125**

PARENT/CHILD	Ages 6mo-3yrs.	Mon & Wed	Tues & Thurs	Saturday
	Water Discovery & Exploration	5:15-5:45pm	5:50-6:20pm	

Stages	Preschool Ages 3-5yrs.	Mon & Wed	Tues & Thurs	Saturday
1 Water Acclimation 2 Water Movement	4:00-4:30pm 5:15-5:45pm 6:25-6:55pm	4:00-4:30pm 4:35-5:05pm 5:50-6:20pm	9:15-9:55am 10:40-11:20am	
3 Water Stamina (Must swim independently) 4 Stroke Introduction	5:15-5:45pm	5:50-6:20pm		

Stages	Youth Ages 6-12 yrs.	Mon & Wed	Tues & Thurs	Saturday
1 Water Acclimation 2 Water Movement	4:30-5:10pm 5:45-6:25pm	4:30-5:10pm 5:10-5:50pm 6:20-7:00pm	10:00-10:40am 11:20-12:00pm	
3 Water Stamina 4 Stroke Introduction	4:30-5:10pm 5:45-6:25pm	5:10-5:50pm 6:20-7:00pm		
5 Stroke Development 6 Stroke Mechanics	5:45-6:25pm 6:25-7:05pm	5:10-5:50pm		

	Ages 13 & Up	Mon & Wed	Tues & Thurs	
	Teen/Adults		7:00-7:40pm	