



# APRIL/MAY SWIM LESSONS

## Upcoming Session Dates:

Members Priority opens: April 16 Participants Opens: April 21

Mon/Wed: April 28– May 21

8 classes \$105 \$200

Tues/Thurs: April 29–May 22

8 classes \$105/\$200

Tues/Thurs: May 6–May 22

6 classes \$79/\$150

Sat: May 3– June 21

8 classes \$105/\$200

**\*NO CLASSES WEEK OF MEMORIAL DAY\***

PARENT/CHILD	Ages 6mo–3yrs.	Mon & Wed	Tues & Thurs	Saturday
	Water Discovery & Exploration	5:15–5:45pm	4:30–5:00pm	9:45–10:15am 10:15–10:45am
Stages	Preschool Ages 3–5yrs.	Mon & Wed	Tues & Thurs	Saturday
	1 Water Acclimation 2 Water Movement	4:00–4:30pm 5:15–5:45pm 6:25–6:55pm	4:00–4:30pm 4:40–5:10pm 5:00–5:30pm 5:50p–6:20m	9:45–10:15am 11:00–11:30am 11:30–12:00pm
	3 Water Stamina (Must swim independently) 4 Stroke Introduction	5:15–5:45pm	5:50–6:20pm	11:00–11:30am
Stages	Youth Ages 6–12 yrs.	Mon & Wed	Tues & Thurs	Saturday
	1 Water Acclimation 2 Water Movement	4:30–5:10pm 5:45–6:25pm	4:00–4:40pm 6:20–7:00pm	9:00–9:40am 9:35–10:15am
	3 Water Stamina 4 Stroke Introduction	4:30–5:10pm 5:45–6:25pm	5:10–5:50pm 6:20–7:00pm	10:15–10:55am 10:50–11:30am
	5 Stroke Development 6 Stroke Mechanics	5:45–6:25pm 6:25–7:05pm	5:10–5:50pm	10:15–10:55am
ADULT (13 and up)	Ages 13 & Up	Mon & Wed	Tues & Thurs	Saturday
	Teen/Adults		7:00–7:30pm	9:00–9:40am 11:30–12:10pm
Stages	May 6–May 22: 6 classes \$79/\$150		<u>Tues &amp; Thurs</u>	
	<u>Preschool Ages 3–5yrs.</u> 1 Water Acclimation 2 Water Movement		4:00–4:30pm 5:50–6:20	
	<u>Youth Ages 6–12 yrs.</u> 1 Water Acclimation 2 Water Movement		4:30–5:10pm 5:10–5:50pm 6:20–7:00pm	