



# APRIL SWIM LESSONS

Every day children learn the basics of swimming at the Y or enhance their existing skills with our swim lesson program that turns beginners into experts! The DEVOS BLUM FAMILY YMCA ensures that all lessons have a low instructor-to-student ratio that will make sure your child gets plenty of personal attention. Stage Descriptions available at the Front Desk or visit [www.ymcaspbc.org/swimlessons](http://www.ymcaspbc.org/swimlessons)

## Upcoming Session Dates:

**Registration - Members Priority opens: March 19 Participants Opens: March 24**

**Mon/Wed: March 31-April 23**

**Tues/Thurs: April 1- 24**

**8 classes \$103/\$198**

**\*Saturday classes will be available again starting in May with registration opening April 16th\***

Infants Ages 6m-3	PARENT/CHILD (6mo-3yrs)	<b>Mon &amp; Wed</b>	<b>Tues &amp; Thurs</b>
	Water Discovery & Exploration	11:00-11:30am 5:15-5:45pm	4:30-5:00pm
Stages	Preschool Ages 3-5yrs.	<b>Mon &amp; Wed</b>	<b>Tues &amp; Thurs</b>
	1 Water Acclimation 2 Water Movement	4:00-4:30pm 5:15-5:45pm 6:25-6:55pm	4:00-5:00pm 4:40-5:10pm 5:00-5:30pm 5:50p-6:20m
	3 Water Stamina 4 Stroke Introduction	5:15-5:45pm	5:50-6:20pm
Stages	Youth Ages 6-12 yrs.	<b>Mon &amp; Wed</b>	<b>Tues &amp; Thurs</b>
	1 Water Acclimation 2 Water Movement	4:30-5:10pm 5:45-6:25pm	4:00-4:40pm 6:20-7:00pm
	3 Water Stamina 4 Stroke Introduction	4:30-5:10pm 5:45-6:25pm	5:10-5:50pm 6:20-7:00pm
	5 Stroke Development 6 Stroke Mechanics	5:45-6:25pm 6:25-7:00pm	5:10-5:50pm
ADULT (13 and up)	Teens 13-18 yrs		
	Teen/ Adult		7:00-7:40pm