



MARCH SWIM LESSONS

Upcoming Session Dates:

Members Priority opens: Feb. 12	Participants Opens: Feb. 17
Mon/Wed: March 3-19	6 classes \$78/ \$148
Tues/Thurs: March 4-20	6 classes \$78/\$148
Sat: March 1– April 26	8 classes \$103/\$198
NO CLASSES MARCH 24-30 FOR SPRING BREAK	

	Ages 6mo-3yrs.	Mon & Wed	Tues & Thurs	Saturday
	PARENT/CHILD Water Discovery & Exploration	10:30-11:00am 5:15-5:45pm		10:15-10:45am

	Preschool Ages 3-5yrs.	Mon & Wed	Tues & Thurs	Saturday
Stages	1 Water Acclimation 2 Water Movement	4:00-4:30pm 5:15-5:45pm 6:25-6:55pm	4:00-4:30pm 4:30-5:00pm 5:00-5:30pm 5:50p-6:20m	9:15-9:45am 9:45-10:15am 11:00-11:30am 11:30-12:00pm
	3 Water Stamina (Must swim independently) 4 Stroke Introduction	5:15-5:45pm	4:00-4:30pm 5:50-6:20pm	11:00-11:30am

	Youth Ages 6-12 yrs.	Mon & Wed	Tues & Thurs	Saturday
Stages	1 Water Acclimation 2 Water Movement	4:30-5:10pm 5:45-6:25pm	4:30-5:10pm 6:20-7:00pm	9:00-9:40am 10:15-10:55am
	3 Water Stamina 4 Stroke Introduction	4:30-5:10pm 5:45-6:25pm	5:10-5:50pm 6:20-7:00pm	10:15-10:55am 10:50-11:30am
	5 Stroke Development 6 Stroke Mechanics	5:45-6:25pm 6:25-7:05pm	5:10-5:50pm	10:15-10:55am

	Ages 13 & Up	Mon & Wed	Tues & Thurs	Saturday
	Teen/ Adult	11:00-11:40am	7:00-7:40pm	9:00-9:40am 11:30-12:10pm