



# FEBRUARY SWIM LESSONS

## Upcoming Session Dates:

Members Priority opens: Jan. 15      Participants Opens: Jan. 20  
 Mon/Wed: Feb.3-26      8 classes \$103/ \$198  
 Tues/Thurs: Feb. 4-27      8 classes \$103/\$198  
 Saturday classes available again for March— registration starts February 17

	Ages 6mo-3yrs.	Mon & Wed	Tues & Thurs	
	PARENT/CHILD Water Discovery & Exploration	10:30-11:00am		

	Preschool Ages 3-5yrs.	Mon & Wed	Tues & Thurs	
Stages	1 Water Acclimation 2 Water Movement	4:00-4:30pm 5:15-5:45pm 6:25-6:55pm	4:00-4:30pm 4:30-5:00pm 5:00-5:30pm 5:50p-6:20m	
	3 Water Stamina (Must swim independently) 4 Stroke Introduction	5:15-5:45pm	4:00-4:30pm 5:50-6:20pm	

	Youth Ages 6-12 yrs.	Mon & Wed	Tues & Thurs	
Stages	1 Water Acclimation 2 Water Movement	4:30-5:10pm 5:45-6:25pm	4:30-5:10pm 6:20-7:00pm	
	3 Water Stamina 4 Stroke Introduction	4:30-5:10pm	5:10-5:50pm 6:20-7:00pm	
	5 Stroke Development 6 Stroke Mechanics	5:45-6:25pm 6:25-7:05pm	5:10-5:50pm	

ADULT (13 and up)	Ages 13 & Up	Mon & Wed	Tues & Thurs	
	Teen/ Adult	11:00-11:40am	7:00-7:40pm	