



DECEMBER SWIM LESSONS

Upcoming Session Dates:

Members Priority opens: Nov. 13 Participants Opens: Nov. 18

Mon/Wed: Dec.2-18 6 classes \$70/\$141

Tues/Thurs: Dec. 3-19 6 classes \$70/\$141

Stroke Clinic Session 2 : 4 classes \$45/\$94

Saturday group swim classes available again in November

	PARENT/CHILD (6mo-3yrs)	Mon & Wed	Tues & Thurs	
	Water Discovery & Exploration	5:15-5:45pm		

Stages	Preschool Ages 3-5yrs.	Mon & Wed	Tues & Thurs	
	1 Water Acclimation 2 Water Movement	4:00-4:30pm 5:15-5:45pm 6:25-6:55pm	4:30-5:00pm 4:40-5:10pm 5:00-5:30pm 5:50p-6:20m	
	3 Water Stamina (Must swim independently) 4 Stroke Introduction	5:15-5:45pm	5:50-6:20pm	

Stages	Youth Ages 6-12 yrs.	Mon & Wed	Tues & Thurs	
	1 Water Acclimation 2 Water Movement	4:30-5:10pm 6:25-7:05pm	4:00-4:40pm 6:20-7:00pm	
	3 Water Stamina 4 Stroke Introduction	4:30-5:10pm 5:45-6:25pm	5:10-5:50pm 6:20-7:00pm	
	5 Stroke Development 6 Stroke Mechanics	5:45-6:25pm	5:10-5:50pm	

ADULT (13 and up)	Ages 13 & Up	Mon & Wed	Tues & Thurs	
	Teen/ Adult	11:00-11:40am		