



# APRIL SWIM LESSONS

Every day children learn the basics of swimming at the Y or enhance their existing skills with our swim lesson program that turns beginners into experts! The DEVOS BLUM FAMILY YMCA ensures that all lessons have a low instructor-to-student ratio that will make sure your child gets plenty of personal attention. Stage Descriptions available at the Front Desk or visit [www.ymcaspbc.org/swimlessons](http://www.ymcaspbc.org/swimlessons)

## Upcoming Session Dates:

**Registration - Members Priority opens: March 20    Participants Opens: March 25**

**Mon/Wed: April 8-May 1    Tues/Thurs: April 9- May 2    8 classes \$90/\$184**

**\*Saturday classes will be available again starting in May with registration opening April 17th\***

Infants Ages 6m-3	PARENT/CHILD (6mo-3yrs)	Mon & Wed	Tues & Thurs
	Water Discovery & Exploration	5:15-5:45pm	4:40-5:10pm
Stages	Preschool Ages 3-5yrs.	Mon & Wed	Tues & Thurs
	1 Water Acclimation 2 Water Movement	4:00-4:30pm 5:15-5:45pm 6:25-6:55pm	4:10-4:40pm 4:40-5:10pm 5:50p-6:20m
	3 Water Stamina 4 Stroke Introduction	5:15-5:45pm	4:40-5:10pm 5:50-6:20pm
Stages	Youth Ages 6-12 yrs.	Mon & Wed	Tues & Thurs
	1 Water Acclimation 2 Water Movement	4:30-5:10pm 5:45-6:25pm 6:25-7:00pm	4:00-4:40pm 5:10-5:50pm 6:20-7:00pm
	3 Water Stamina 4 Stroke Introduction	4:30-5:10pm 5:45-6:25pm	4:30-5:10pm 5:10-5:50pm 6:20-7:00pm
	5 Stroke Development 6 Stroke Mechanics	5:45-6:25pm 6:25-7:00pm	5:10-5:50pm
ADULT (13 and up)	Teens 13-18 yrs		4:00-4:40pm
	Teen/ Adult	11:00-11:40am	6:20-7:00pm