



DECEMBER SWIM LESSONS

Every day children learn the basics of swimming at the Y or enhance their existing skills with our swim lesson program that turns beginners into experts! The DEVOS BLUM FAMILY YMCA ensures that all lessons have a low instructor-to-student ratio that will make sure your child gets plenty of personal attention. Stage Descriptions available at the Front Desk or visit www.ymcaspb.org/swimlessons

Upcoming Session Dates:

Members Priority opens: November 15

Participants Opens: November 20

Mon/Wed: Dec. 4-20 Tues/Thurs: Dec. 5-21 6 classes \$60/\$131

Saturday Classes will be offered again for January/ February

Stages	Preschool Ages 3-5yrs.	Mon & Wed	Tues & Thurs
	1 Water Acclimation 2 Water Movement	4:00-4:30pm 5:15-5:45pm 6:25-6:55pm	4:10-4:40pm 4:40-5:10pm 5:50p-6:20m
	3 Water Stamina 4 Stroke Introduction	5:15-5:45pm	4:40-5:10pm 5:50p-6:20m

Stages	Youth Ages 6-12 yrs.	Mon & Wed	Tues & Thurs
	1 Water Acclimation 2 Water Movement	4:30-5:10pm	4:00-4:40pm 6:20-7:00pm
	3 Water Stamina 4 Stroke Introduction	4:30-5:10pm 5:45-6:25pm	5:10-5:50pm 6:20-7:00pm
	5 Stroke Development 6 Stroke Mechanics	5:45-6:25pm	5:10-5:50pm

	Ages 13 & Up	Mon & Wed	Tues & Thurs
	Teen/ Adult	11:00-11:40am	