

**The Christian Values Conference** takes place at the YMCA Blue Ridge Assembly, which was established in 1906 by Dr. Willis Weatherford as a place to promote the development of young minds in a place of inspiring beauty. The property sits on 1,200 acres in the Blue Ridge Mountains near Asheville, NC, and serves as an oasis for CVC and other YMCA conferences, as well as a retreat for other organizations.

Teens quickly come to consider this place their home away from home **where important self-discovery and enduring friendships are born.**



If you are interested in registering for the YMCA Christian Values Conference, or wish to learn more, visit [YMCASPBC.ORG/CVC](https://ymcaspbc.org/cvc) or scan here:



For more information, contact:  
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FOR YOUTH DEVELOPMENT®  
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# YMCA CHRISTIAN VALUES CONFERENCE

**YMCA Blue Ridge Assembly**  
Black Mountain, NC



**Discovering Your True Self**



## What is CVC?

The YMCA's Christian Values Conference, or CVC, brings together young people from across the country to **explore their personal values, share in spiritual fellowship, and develop new friendships.**

CVC builds the skills and support systems teens will draw on to tackle challenges and opportunities throughout the year, from school and extracurricular stressors to pressure that comes from peers and social media to home life challenges and rewards. Teens gain **deeper insight** into themselves while having nonstop fun with outrageous games, songs, activities, and special events.



## Who can attend CVC?

Youth who have **graduated 8th grade through 12th grade** are welcome to attend. You do **NOT** have to be a member of a YMCA to attend CVC, nor do you have to adhere to any specific religious group or affiliation.

## When & where is CVC held?

CVC is held in July at the YMCA Blue Ridge Assembly in Black Mountain, North Carolina. This conference includes **five days and four nights.**

## A Typical Day at CVC...

- 7:30 am** Wake-up smiling!
- 8:15 am** Breakfast
- 8:45 am** Delegation Meetings
- 9:20 am** Devotion
- 10:05 am** Reflection Time
- 10:30 am** Family Time
- 12:30 pm** Lunch
- 1:30 pm** Activity/ Family Time
- 4:30 pm** Workshops/ Free Time
- 6:00 pm** Dinner
- 7:00 pm** Activity/ Family Time
- 10:15 pm** Evening Devotion
- 10:30 pm** Personal Time
- 10:45 pm** On your assigned hall
- 11:00 pm** In your own room, lights out and quiet

