



OCTOBER SWIM LESSONS

Every day children learn the basics of swimming at the Y or enhance their existing skills with our swim lesson program that turns beginners into experts! The DEVOS BLUM FAMILY YMCA ensures that all lessons have a low instructor-to-student ratio that will make sure your child gets plenty of personal attention. Stage Descriptions available at the Front Desk or visit www.ymcaspb.org/swimlessons

Upcoming Session Dates:

Members Priority opens: September 13

Participants Opens: September 18

Mon/Wed: Oct. 2-25 Tues/Thurs: Oct. 3-26 8 classes \$80/\$174

Saturday Classes will be offered again for November/December

Stages	Parent/Child (6mo-3yrs)	Mon & Wed	Tues & Thurs	
	Water Discovery & Exploration	5:15-5:45pm		

Stages	Preschool Ages 3-5yrs.	Mon & Wed	Tues & Thurs	
	1 Water Acclimation 2 Water Movement	4:00-4:30pm 5:15-5:45pm 6:25-6:55pm	4:10-4:40pm 4:40-5:10pm 5:50p-6:20m	
	3 Water Stamina 4 Stroke Introduction	5:15-5:45pm 6:25-6:55pm	4:40-5:10pm 5:50p-6:20m	

Stages	Youth Ages 6-12 yrs.	Mon & Wed	Tues & Thurs	
	1 Water Acclimation 2 Water Movement	4:30-5:10pm 5:45-6:25pm	4:00-4:40pm 5:10-5:50pm 6:20-7:00pm	
	3 Water Stamina 4 Stroke Introduction	4:30-5:10pm 5:45-6:25pm	5:10-5:50pm 6:20-7:00pm	
	5 Stroke Development 6 Stroke Mechanics	5:45-6:25pm 6:25-7:05pm	5:10-5:50pm 6:20-7:00pm	