



FEBRUARY SWIM LESSONS

Every day children learn the basics of swimming at the Y or enhance their existing skills with our swim lesson program that turns beginners into experts! The DEVOS BLUM FAMILY YMCA ensures that all lessons have a low instructor-to-student ratio that will make sure your child gets plenty of personal attention. Stage Descriptions available at the Front Desk or visit www.ymcaspbc.org/swimlessons

Upcoming Session Dates:

Members Priority opens Jan. 19 Participants: opens Jan. 23

Mon/Wed: Jan. 30-Feb. 22 Tue/Thurs: Jan. 31-Feb. 23 8 classes \$80/\$174

Stages	PARENT/CHILD (6mo-3yrs)	Mon & Wed	Tues & Thurs
	Water Discovery & Water Exploration		6:30-7:00pm

Stages	Preschool Ages 3-5yrs.	Mon & Wed	Tues & Thurs
	1 Water Acclimation 2 Water Movement 3 Water Stamina	4:40-5:10pm	4:00-4:30pm 6:30-7:00pm
	2 Water Movement 3 Water Stamina 4 Stroke Introduction	5:50-6:20pm	5:15-5:45pm

Stages	Youth Ages 6-12 yrs.	Mon & Wed	Tues & Thurs
	1 Water Acclimation 2 Water Movement 3 Water Stamina	4:00-4:40pm 6:20-7:00pm	4:30-5:10pm
	3 Water Stamina 4 Stroke Introduction 5 Stroke Development 6 Stroke Mechanics	5:10-5:50	5:45-6:25pm