



The Y TIMES

Fall 2022

FIND YOUR REASON. FIND YOUR Y.



For 50 years, the YMCA of South Palm Beach County has served as a leader in our community, helping to provide needed resources to strengthen families and children. As a cause-driven organization, our Mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

However, we could not possibly do this without continued support.

Did you know Y membership fees only cover branch operating costs, equipment, utilities, program delivery, and other services?

That is why we invite our members, volunteers, staff and friends each year to help us raise funds through our Annual Giving Campaign, in order to support our Financial Assistance program.



The Y provides more than \$1 million in Financial Assistance and subsidized programming each year. When you donate to the Y, 100% of your contribution supports a family or individual in need in our community, and enables the Y to turn no one away due to their inability to pay. This is a tax-deductible gift that makes a difference!



Support our YMCA today: [YMCASPBC.ORG/GIVE](https://ymcaspbc.org/give)

YOU'RE INVITED!

Help us kick-off our 2022 Annual Giving Campaign by attending one of our Branch events on October 6th! Join us to learn more about how you can make a difference!




BOOGIE ON DOWN

**Annual Giving Campaign
KICK-OFF**



**OCTOBER 6, 2022
6:00PM**

PETER BLUM FAMILY YMCA

 6631 Palmetto Circle S
Boca Raton, FL 33433

Join us for food, fun & learn how
the Y impacts our community!

Kindly RSVP to Brianna by September 29 at
bsilva@ymcaspbc.org





YOU'RE INVITED

**TOTALLY
90'S**

**ANNUAL GIVING
CAMPAIGN KICK-OFF**

**OCTOBER 6, 2022
5:30PM**

Join us for food, fun & learn how
the Y impacts our community!

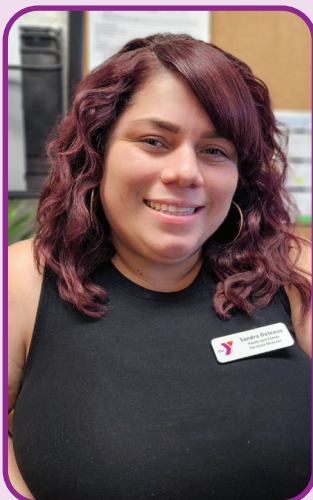
DeVos-Blum Family YMCA

 9600 S Military Trail
Boynton Beach, FL 33436

Kindly RSVP to Myra by September 29 at mcupid@ymcaspbc.org



MEET OUR DEVOS-BLUM FAMILY YMCA STAFF



Sandra DeJesus

Youth & Family Services
Director

How long have you been with the Y?

I have been with the Boynton Y for 16 years, starting out in Child Watch while attending school for my cosmetology license. I have also worked as a Camp counselor, in Preschool and I started the Shooting Stars Dance Team. In 2022, I became the Youth & Family Services Director.

What did you do before working at the Y?

The Y is my first and only job.

However, I also enjoy party planning, cooking, scrap booking and balloon art!

What has been your favorite part about working for the Y?

My favorite part is the impact I can bring to a child's life. When I was a child, I did not have a place like the Y to go and my goal is to give children and families a chance to create memories. I love seeing the children that I watched grow in Preschool and Afterschool become volunteers and then become part of my staff. It is such a good feeling knowing I gave them an experience that they may also want to share with others.

Who/what inspires you?

My son, Donovan inspires me to do great and my husband is the reason why I keep pushing to do great. He has taught me so many things and has always been dedicated to making sure I am successful in all that I do.

Where is your favorite place in the world?

My favorite place in the world is wherever my husband and son are. We look forward to traveling around all 50 states when my son gets older, and our dream vacation is going to Greece!



ENHANCE FITNESS AT THE Y

EnhanceFitness is an evidence-based group exercise and falls prevention program that helps older adults at all levels of fitness become more active, energized and empowered. The 16-week program meets 3 times per week for 1 hour of fun with a focus on dynamic cardiovascular exercise, strength training, balance, and flexibility.

EnhanceFitness is currently funded by a federal grant from the Administration for Community Living as part of the Florida Falls Prevention project. There is no cost to participate and it is open to members and non-members. Classes start October 24th at the Boynton Y and the next session starts in January 2023 at the Boca Y. **Contact Robin Nierman, Director of Community Health, at rnierman@ymcaspb.org to sign up.**

FROM HULA HOOP CHAMP TO CAPTAIN

Meet Captain Dennis Farrell of the United States Navy. In the late 70's, Captain Farrell was enrolled in our Y's sports and summer camp programs and was state hula-hoop champion at just six years old. We caught up with him recently while he was visiting the Peter Blum Family YMCA.

"My fondest memories of the YMCA are the fun sports and family atmosphere. It was great to play and have fun in a welcoming and family-oriented environment," states Captain Farrell.

He has completed seven extended deployments overseas throughout his 32 year Navy career and has earned numerous awards including the Legion of Merit (two awards), Defense Meritorious Service Medal, Meritorious Service Medal (three awards), Navy Commendation Medal (five awards) just to name a few.

Although he has been deployed around the globe and stationed in many different locations, Boca Raton has always remained home.

"I carried the lessons learned from the YMCA and the family-oriented culture throughout my Naval Career. As a Naval Officer and Commanding Officer of two warships, I always stressed teamwork and the importance of developing a family atmosphere, where everyone cared for each other. A winning organization works as a team and cares for each other as family... things the YMCA inspires!"

Captain Farrell – YOU inspire us! We thank you for your service and your continued support of our YMCA!



50th ANNIVERSARY GALA

Chaired by community leaders, Terry and Jerry Fedele, our YMCA of South Palm Beach County's 50th Anniversary Gala is coming up quickly! This milestone event will be hosted at The Boca Raton on December 3, 2022 and is sure to be an occasion you do not want to miss! When asked why they decided to chair the Y's 50th Gala, Terry and Jerry had this to say...

"Great visionaries in the 1960s and 1970s established iconic institutions in Boca Raton that transformed our community over the ensuing 50 years to a nationally leading center of business, academics, healthcare, and community service. As we celebrate the YMCA's 50th anniversary, we are proud of the role that the YMCA has played in the transformation of Boca Raton over the past 50 years and look forward of even bigger contributions to all ages of our community in the future."

For more information about how you can be part of this significant event, visit YMCASPBC.ORG/50YEARS



RECOGNIZING OUR 50TH ANNIVERSARY SPONSORS*

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|---------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Presenting Sponsor: Myrna Gordon Skurnick | Gold Sponsors: Abdol & Cathy Moabery, Truist |
| Inspirational Gifts: Paul & Kathy Adkins, Mary & Peter Blum, Robin & Charles Deyo, Amy & Mike Kazma, Christine E. Lynn, Bebe & Rich Mascolo | Valet Sponsor: JM Family Enterprises |
| Cocktail Reception: Lucy Craske | Y Video Sponsors: Daszkal Bolton / Benchmark Financial |
| Dinner Sponsor: Baptist Health South Florida | Auction Sponsor: Casa de Montecristo |
| Youth Development Benefactor: Schmidt Family Foundation | Party Favor Sponsor: Allegiance Home Health & Rehab |
| Beverage / Bar Sponsor: Stephanie & Daniel O'Bryon | Champagne Sponsor: Terry & Jerry Fedele |
| Platinum Sponsor: Michelle & Michael Hagerty | Teen Initiative Sponsor: Liz & Jason Hagensick |
| Entertainment Sponsor: Dr. Heidi Schaeffer | Invitation Sponsor: Kelly & Will Fleming |
| Centerpiece Sponsor: Elaine J. Wold | Reception Sponsor: Wendy & Matthew Maschler / Signature Real Estate Finder, LLC |
| Dessert Sponsor: Margaret & Dr. Robert Blume | Water Safety Sponsor: West Boca Medical Center |
| Stage Sponsor: Polen Capital | Chase's Place Sponsor: Jonathan Winson |
| Lighting Sponsor: James & Marta Batmasian Family Fdt | Bronze Sponsors: Kathy & Ron Assaf, Bill & Mary Donnell, FAU Foundation, The Kaleel Family, The Gardens of Boca Raton, Cemetery & Funeral Home, NCCI, Plastridge Insurance Agency, Carrie Rubin |
| Ballroom Sponsor: Florida Peninsula / Edison Insurance | |
- *As of September 22, 2022.*

THANK YOU FOR THE GENEROUS SUPPORT FROM OUR GRANTS*

- | | | |
|------------------------------|------------------------|-------------------------------|
| Baptist Health South Florida | Palm Health Foundation | Town of Palm Beach United Way |
| Edward T. Bedford Foundation | STEP INTO SWIM | Wells Fargo Foundation |
- *Grants received June 17 - September 22, 2022.*

PREVENTING SUMMER SLIDE THROUGH CAMP

Due to the generosity of the following donors and sponsors, our YMCA was able to provide **55 children from the Caridad Center** full access to all 9 weeks of Summer Camp at the Boynton Y. These deserving children participated in engaging and educational STEAM projects, in addition to swimming and other fun summer activities!

BIG thanks to the following:

- Comerica Wealth Management
- Lattner Family Foundation
- Town of Palm Beach United Way
- The Batchelor Family Foundation
- Caridad Center
- First Horizon Foundation
- William & Julia Hebding
- Anita McSharry & Bruce Hindin
- Donna & Brian Goray
- Mike & Trish McKinney
- Amie & Don Witkowski
- Paul & Nancy Zarcadoolas



UPCOMING EVENTS

**Oct 6,
2022**

Annual Giving Campaign Kick-off events at the Boynton & Boca Y.

[YMCASPBC.ORG/AGC](https://ymcaspbc.org/agc)

**Oct 21, _ Oct 22,
2022**

Halloween at the Y, generously sponsored by Publix Super Markets Charities.

October 21, 2022 at the Boynton Y and October 22, 2022 at the Boca Y.

[YMCASPBC.ORG/HALLOWEEN](https://ymcaspbc.org/halloween)

**Nov 5,
2022**

Corporate Cup Challenge at the Peter Blum Family YMCA.

[YMCASPBC.ORG/CORPORATECUPCHALLENGE](https://ymcaspbc.org/corporatecupchallenge)

**Nov 17,
2022**

Annual Giving Campaign Victory Event at FAU.

[YMCASPBC.ORG/CORPORATECUPCHALLENGE](https://ymcaspbc.org/corporatecupchallenge)

**Dec 3,
2022**

50th Anniversary Gala at The Boca Raton.

[YMCASPBC.ORG/50YEARS](https://ymcaspbc.org/50years)

**Dec 10, _ Dec 11,
2022**

Visit with Santa, generously sponsored by Publix Super Markets Charities.

December 10, 2022 at the Boynton Y and December 11, 2022 at the Boca Y.

**Mar 1,
2023**

21st Annual Inspiration Breakfast on March 1, 2023.

[YMCASPBC.ORG/INSPIRATIONBREAKFAST](https://ymcaspbc.org/inspirationbreakfast)



Visit our website for the latest updates on YMCA events and activities: [YMCASPBC.ORG](https://ymcaspbc.org)