



# OCTOBER SWIM LESSONS

Every day children learn the basics of swimming at the Y or enhance their existing skills with our swim lesson program that turns beginners into experts! The DEVOS BLUM FAMILY YMCA ensures that all lessons have a low instructor-to-student ratio that will make sure your child gets plenty of personal attention.

Stage Descriptions available at the Front Desk or visit [www.ymcaspbc.org/swimlessons](http://www.ymcaspbc.org/swimlessons)

**Upcoming Session Dates**  
**Mon/Wed: October 3-26    Tue/Thurs: October 4-27    8 classes \$68/\$159**

PARENT/CHILD (6mo-2 yrs)	Stages	Mon & Wed	Tues & Thurs
	A /B Water Discovery/ Water Exploration	6:00-6:30pm	

PRESCHOOL (3-5 years)	Stages	Mon & Wed	Tues & Thurs
	1 and 2 Water Acclimation & Water Movement	4:00-4:30pm 4:30-5:00pm 5:00-5:30pm 6:30-7:00pm	4:00-4:30PM 4:30-5:00pm 5:30-6:00pm 6:00-6:30pm 6:30-7:00pm
	3 Water Stamina/ 4 Stroke Introduction	5:30-6:00pm	5:00-5:30pm

YOUTH AGE (6-12 years)	Stages	Mon & Wed	Tues & Thurs
	1 and 2 Water Acclimation & Water Movement	4:00-4:30pm 4:30-5:00pm 5:45-6:25pm 6:30-7:00pm	4 4:00-4:30-5:00pm 5:00-5:40pm 6:30-7:00pm
	3 Water Stamina/ 4 Stroke Introduction	5:00-5:40pm 6:15-6:55pm	5:45-6:25pm 6:25-7:05pm
5/ Stroke Development 6/Stroke Mechanics	5:30-6:10pm	5:00-5:40pm	