



OCTOBER SWIM LESSONS

Every day children learn the basics of swimming at the Y or enhance their existing skills with our swim lesson program that turns beginners into experts! The DEVOS BLUM FAMILY YMCA ensures that all lessons have a low instructor-to-student ratio that will make sure your child gets plenty of personal attention. Stage Descriptions available at the Front Desk or visit

www.ymcaspbc.org/swimlessons

Upcoming Session Dates
 Mon/Wed: October 3-26 Tue/Thurs: October 4-27 8 classes \$68/\$159

PARENT/CHILD (6mo-2 yrs)	Stages	Mon & Wed	Tues & Thurs
	A /B Water Discovery/ Water Exploration		6:00-6:30pm

PRESCHOOL (3-5 years)	Stages	Mon & Wed	Tues & Thurs
	1 and 2 Water Acclimation & Water Movement	4:30-5:00pm 5:00-5:30pm 6:30-7:00pm	4:30-5:00pm 5:30-6:00pm 6:00-6:30pm 6:30-7:00pm
	3 Water Stamina/ 4 Stroke Introduction	5:30-6:00pm	5:00-5:30pm

YOUTH AGE (6-12 years)	Stages	Mon & Wed	Tues & Thurs
	1 and 2 Water Acclimation & Water Movement	4:30-5:00pm 5:45-6:25pm 6:30-7:00pm	4:30-5:00pm 5:00-5:40pm 6:30-7:00pm
	3 Water Stamina/ 4 Stroke Introduction	5:00-5:40pm 6:15-6:55pm	5:45-6:25pm 6:25-7:05pm
	5/ Stroke Development 6/Stroke Mechanics	5:30-6:10pm	5:00-5:40pm

Upcoming Session Dates
 Registration Fee: \$20.00 Mon/Wed: Oct. 3-26 Tue/Thurs: October 6-29 8 classes

DPC Vouchers	Preschool 3-5yrs	4:00-4:30pm	4:00-4:30pm
	Youth Ages 6-12yrs	4:00-4:30pm	4:00-4:30pm