



THIS IS Y.



DEVELOPING YOUTH LEADERSHIP

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Nationwide, approximately **20%**
of students ages 12–18 experience
some form of **bullying**.

In a time where an estimated 32% of adolescents have anxiety disorders, the Y provides a safe and supportive space where young people feel a sense of belonging and have the opportunity to connect with others. In 2021, our Y raised more than \$240,000 to support teen programs and initiatives.

By supporting YMCA Teen initiatives, teens can focus on growing their social and leadership skills to prepare for college and beyond.

FIND YOUR REASON. FIND YOUR Y.

Donate today: ymcaspb.org/give



Scan to view our
Y's impact