



Flag Football Camp 2022

Activity Calendar

Summer Break Camp

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Week Of: June 27th—July 1st

Theme: Super Bowl

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • 3 cone/ L drill • Ladder • Route Tree • Offensive Concept • 1 on 1 	<ul style="list-style-type: none"> • Ladder • 40 yard dash/broad jumps • Defense Concept • 1 on 1 	<p>PIZZA MONEY DUE!</p> <ul style="list-style-type: none"> • Cone relays/Matt relays • Swimming (11:30AM-12:00PM) • 1 on 1 	<p>PIZZA DAY</p> <ul style="list-style-type: none"> • Scrimmage Super Bowl 	<ul style="list-style-type: none"> • Field Trip to the Beach Depart- 9:30am Return- 1pm
Special Things to Bring	Special Things to Bring	Special Things to Bring	Special Things to Bring	Special Things to
<ul style="list-style-type: none"> • Your smile 	<ul style="list-style-type: none"> • Your smile 	<ul style="list-style-type: none"> • Pizza Money- \$2 per slice. Please put in envelope with child's name & group. • Bathing Suit, Towel & Sunscreen! 	<ul style="list-style-type: none"> • Your smile 	<ul style="list-style-type: none"> • WEAR YOUR CAMP T-SHIRT! • Bathing Suit, Towel & Sunscreen!

Below are list of items campers will need to bring daily...

Lunch, two snacks (morning snack & afternoon snack), water bottle, bathing suit, towel, sunscreen and change of clothing (if needed).

****Please label all children's belongings with their first and last name****

Schedule & Activities are subject to change without notice