

FEBRUARY SWIM LESSONS

Every day children learn the basics of swimming at the Y or enhance their existing skills with our swim lesson program that turns beginners into experts! The DEVOS BLUM FAMILY YMCA ensures that all lessons have a low instructor-to-student ratio that will make sure your child gets plenty of personal attention.

PARENT/CHILD (6mo—2 yrs)	Stages	Mon & Wed	Tues & Thurs	
	A /B Water Discovery/ Water Exploration			6:15-6:45

PRESCHOOL (3-5 years)	Stages	Mon & Wed	Tues & Thurs	
	1 and 2 WATER ACCLIMATION & WATER MOVEMENT	4:00-4:30pm 4:30-5:00pm 5:00-5:30pm 6:00-6:30pm 6:30-7:00pm	4:00-4:30pm 4:30-5:00pm 5:30-6:00pm 6:00-6:30pm 6:30-7:00pm	
3 and 4 WATER STAMI- NA & STROKE INTRODUC- TION	5:30-6:00pm	5:00-5:30pm		

YOUTH AGE (6-12 years)	Stages	Mon & Wed	Tues & Thurs		
	1 and 2 WATER ACCLIMATION & WATER MOVEMENT	4:00-4:40pm 4:45-5:25pm 6:15-6:55pm	4:00-4:40pm 4:45-5:25pm 5:30-6:10pm		
	3/WATER STAMINA 4/STROKE INTRODUC- TION	4:45-5:25pm 5:30-6:10pm 6:15-6:55pm	4:00-4:40pm 6:15-6:55pm		
	5/STROKE DEVELOPMENT 6/STROKE MECHANICS	4:00-4:40pm 5:30-6:10pm	4:45-5:25pm 5:30-6:10pm		

Stage Descriptions

SEE THE FRONT DESK OR VISIT
YMCASPBC.ORG/SWIMLEVELS

Upcoming Session Dates-

Mon/Wed: Jan.31-Feb.24 8 classes \$68/\$159
Tue/Thurs: Feb. 1-Feb. 24 8 classes \$68/\$159
Saturdays will begin again starting in March— schedule TBA