

BOCA TIMES

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COMMUNITY



Swim session

Instructor Alisa Sushansky teaches kids to swim at the Peter Blum Family YMCA in Boca Raton. The YMCA of South Palm Beach County's weeklong event, which offered free swim lessons for children ages 3 to 11 who have little to no experience in the water, was sponsored by the Piedt Family Swim Scholarship.

MICHAEL LAUGHLIN/SUN SENTINEL

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Life-saving lessons



Kids learn how to swim at the Peter Blum Family YMCA in Boca Raton. The YMCA of South Palm Beach County's weeklong event, which offered free swim lessons for children ages 3 to 11 who have little to no experience in the water, was sponsored by the Piedt Family Swim Scholarship. **MICHAEL LAUGHLIN/SUN SENTINEL PHOTOS**



Swim instructor Joanne Kirk teaches a girl to float on her back.



Kirk teaches a child to swim.



Kids play in the water.

Links

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up by one with two holes to play. I ended up winning on the 18th hole with a 9-foot birdie putt.

"It was an incredible experience," she said.

Nachmann eventually

lost in the round of 32 to the No. 3 seed Brooke Matthews (Rogers, Arkansas) on the 18th hole when she made a birdie putt and Nachmann's birdie putt just lipped out.

"It was one of the most memorable golf experiences I've ever had," Nachmann said.

She followed that up

by teaming with Gainesville's Amelia Williams to win the Florida Women's State Four-Ball Championship by finishing off the second round with birdies on the last eight holes to set an all-time scoring record shooting of 16 under (65, 63) on Aug. 16 at BallenIsles Country Club in Palm Beach

Gardens.

It was the first FSGA title for Williams and the fifth for Nachmann, who is currently leading the FSGA Women's Player of the Year standings with 19,100 points.

Nachmann said she attributes her success this summer to several factors —

hard work, enjoying playing the game, and competing, and during the pandemic, she spent a lot of time on the course with her uncle, Vincent Spadea, a former professional tennis player.

"He helped me tremendously both biomechanically and psychologically," Nachmann said. "He makes

everything so fun and he knows what it is like to compete at the highest level in professional sports.

"My brother Alec traveled with me during my tournaments, which I feel helped me significantly because we are really good friends and he's an amazing golfer himself."