



Hosted by
Office DEPOT.

19th Annual
YMCA of South Palm Beach County
INSPIRATION BREAKFAST
May 19, 2021
YMCASPBC.ORG/INSPIRATIONBREAKFAST

SAVE THE DATE!

The YMCA of South Palm Beach County's 19th Annual Inspiration Breakfast will take place on May 19, 2021 at the Peter Blum Family YMCA with Heisman Trophy Winner, College football analyst and on-air personality Desmond Howard, as our keynote speaker.

This signature event will be hosted outdoors at the Y and a virtual opportunity will also be available. Event proceeds benefit families and individuals, providing access to Y programs they could not otherwise afford. Support the youth in our community and consider a Community Partner opportunity or Sponsorship.

Visit: YMCASPBC.ORG/INSPIRATIONBREAKFAST



Thanks to the generous support of the Parkinson's Foundation, the Y offers Parkinson's Cycle classes which meets for one hour once per week in our Spin Studio.




Thank you to Publix Super Markets Charities for sponsoring Breakfast with Santa at the Y!



BIG shout out to Joe DiMaggio Children's Health, our Y's Youth Sports Sponsor!



Bike, Swim & Run! Boca Y Youth enjoyed training and participating in our Triathlon!



Vice Mayor Robert Weinroth stopped by the Y's new Teen Center, THE LAB. YMCA Leadership Academy located at Town Center for a tour.



Kids enjoy playing Xbox, Nintendo Switch and more at THE LAB.

Make sure to check our website for all of the latest updates on upcoming YMCA events and activities: YMCASPBC.ORG



The Y TIMES

SPRING 2021

YMCA SPOTLIGHT IN MEMORY OF CRAIG DONOFF



Our YMCA was deeply saddened to lose our good friend and dedicated supporter, Craig Donoff, to lung cancer in late December 2020. Craig Donoff, along with his wife, Judi, were the founders of the Chase Donoff After School program for Special Needs individuals at the Peter Blum Family YMCA. This program was created in 2006 in honor of their late autistic son, Chase, who had been a participant of the Y's after school and camp programs for years. Craig and

developmentally appropriate activities that focus on each person's ability. Because of Craig's generosity and kindness, the Chase's Place program has made a tremendous impact on the Y and on the special need's families in which it continues to serve.

"My daughter, Avery attends the Y's after school program at Chase's Place. She loves coming to the Y and loves seeing her friends and the staff. The staff are amazing, caring young adults who Avery can count on. We're very thankful she has a place to go during her free time!"
Samantha Sosnik

Judi wanted something positive to come out of their loss and to help other families who deal with challenges in finding care for their family members with special needs and disabilities. Thus "Chase's Place" at the Y was born.

Chase's Place offers impactful after school and camp programs for individuals with special needs and disabilities between the ages of 5-22 years. Specially trained and experienced Y counselors work with individuals in this program by providing inclusion-based and

In 2019, Craig was recognized at our Y's Annual Heritage Club Dinner as the recipient of the 2nd Peter Blum Legacy award, which recognizes individuals who have been an inspiration and grand contributor to the success of our Y's programs and services to the community.

If you are interested in supporting our Chase's Place Special Needs program, please contact **Director of Development, Kimberley Trombly-Burmeister, 561-300-3238.**

SPECIAL THANKS TO OUR COMMUNITY PARTNERS OF THE LAB



NOW OPEN!

Thank you to our Teen Program Sponsors Gary Peters Family Foundation, Joe DiMaggio Children's Health, Sheriff Department of Palm Beach County and Wells Fargo.

"For 40 years, Town Center at Boca Raton has been dedicated to providing a destination where local families can gather and create memories. The partnership with the YMCA of South Palm Beach County is a natural extension of that mission, creating an innovative space where local tweens and teens can work together on fun, interactive projects while developing skills for the future. We are proud to partner with the YMCA of South Palm Beach County as they pave the path for our future leaders."
Sal Saldaña, General Manager, Town Center at Boca Raton

Interested in sponsoring or naming opportunities at THE LAB? Please contact **Director of Development, Kimberley Trombly-Burmeister, 561-300-3238.**

IMPORTANT DATES IN 2021

April 14-15 Impact Tours Virtual Impact Tours at the Boynton Y (4/14) and Boca Y (4/15) YMCASPBC.ORG/EVENTS	April 17 Healthy Kids Day at the Y! Hosted at the Boca & Boynton Y and sponsored by Florida Blue. YMCASPBC.ORG/HEALTHYKIDS	April 21 Planned Giving Webinar Investing in You- Tips for Estate Planning with Jacqueline Kaleel, Esq., Kaleel & Associates and Christy Yonta, Esq., Nepola Yonta Attorney's at Law at 5pm	April 24 THE LAB YMCA Leadership Academy Grand Opening Showcase, 11-3pm RSVP to kparsons@ymcaspbc.org
April 29 Triangle Society Reception Hosted at Royal Palm Yacht & Country Club	May 7 22nd Annual Golf Classic 22nd Annual Golf Classic at the Indian Spring Country Club	May 17-22 Safety Around the Water Safety Around the Water week hosted at the Boca and Boynton Y	May 19 Inspiration Breakfast 19th Annual Inspiration Breakfast with keynote speaker, Desmond Howard.

Visit our website for the latest updates on YMCA events and activities:
YMCASPBC.ORG/EVENTS

MEET OUR STAFF



Jasmine Borders

Director of Youth Sports
Peter Blum Family YMCA

Number of years with the YMCA
I've been at the Boynton Beach YMCA for 2 years. I was involved with a YMCA in O'Fallon, Illinois for 1 year.

What you did before working at the YMCA
Before coming to the YMCA, I was

playing basketball overseas as a professional basketball player. I am also the assistant basketball coach at Palm Beach State College.

What has been your favorite part about working for the YMCA?
My favorite part about working at the YMCA is watching kids grow and develop in different aspects of their lives. I also love the family atmosphere the YMCA holds itself to with the staff and members.

What is something most people don't know about you?
Most people do not know that I have a huge fear of water (ex. pools, lakes, oceans).

Who inspires you?
My mom is my biggest inspiration

Where is your favorite place in the world?
Out of all the places I have visited thus far, my favorite place is Barcelona, Spain.

BLOOD PRESSURE SELF MONITORING PROGRAM LAUNCHES AT THE Y



The YMCA of South Palm Beach County is thrilled to announce the launch of the Blood Pressure Self-Monitoring program (or BPSM) through the generous support of Baptist Health. The BPSM program helps adults ages 18 and older with hypertension to lower and manage their blood pressure.

During this four-month program, participants will be encouraged to measure and record their blood pressure at least two times per month, attend two personalized office hour consultations per month, and attend monthly Nutrition Education Seminars. BPSM program goals are to reduce blood pressure, improve blood pressure management, increase awareness of triggers that elevate blood pressure, and enhance knowledge to develop healthier eating habits.

The BPSM program is offered at NO COST through the generous support of Baptist Health South Florida.

For information on how to qualify, or to enroll in the program, contact **Director of Community Health, Robin Nierman, 561-300-3227.**

PARTNERS IN WATER SAFETY



Did you know that accidental drowning is the leading cause of death among infants and young children in Florida? The Y would like to recognize our valuable partners and sponsors who provide the much-needed funds to support our **Water Safety and Drowning Prevention programs**, which helps the Y combat this statistic and provide children the opportunity to learn how to swim, as well as increase awareness of the importance of Water Safety programs in our community.

- Paul and Kathy Adkins
- Boca West Children's Foundation
- Chick-Fil-A Boca Raton
- Edward T. Bedford Foundation
- Piedt Family Swim Scholarship
- West Boca Medical Center
- YUSA

Do you know someone in need of Financial Assistance for Swim safety? Contact the **Boca or Boynton YMCA: 561-395-9622.**



YMCA TRIANGLE SOCIETY (FORMERLY KNOWN AS CHAIRMAN'S ROUND TABLE)

At the Y, strengthening community is our cause, and we use the YMCA of South Palm Beach County Triangle Society to help build the philanthropic culture of our charitable organization. Triangle Society donors are those individuals, businesses and community organizations that generously donate \$1,200 or more to our Y's Annual Giving Campaign.

The Annual Giving Campaign ensures that no one is turned away from a program, service or membership because of an inability to pay. Funds raised during the Campaign allow us to uphold that commitment to the many communities we serve – whether for working families struggling to keep their kids safe or seniors seeking a sense of belonging and community. Annually, more than 13,000 individuals benefit from access to programs and services they could not otherwise afford.

To learn how you can support our YMCA, contact **Director of Development, Kimberley Trombly-Burmeister, 561-300-3238.**

2020 YMCA TRIANGLE SOCIETY MEMBERS YEAR END GIVING

Cornerstone Gift (\$50,000+)

Office Depot
Truist

Visionary Gift (\$25,000-\$49,000)

Paul & Kathy Adkins
Baptist Health South Florida
The Batchelor Foundation
Community Foundation for Palm Beach & Martin Counties
Charles & Robin Deyo
John D. & Catherine T. MacArthur Fund
Joe DiMaggio Children's Hospital
Lawrence A. Sanders Foundation
Amy & Mike Kazma

Red Triangle (\$10,000-\$24,999)

ADT North America Headquarters
Allegiance Home Health & Rehab, Inc./ Rosie Inguanzo-Martin & Joe Martin
Eleanor Baldwin
James & Marta Batmasian
Edward T. Bedford Foundation
Mary & Peter Blum
Boca West Children's Foundation
The Carmax Foundation
The Cobb Foundation
Timothy & Amy Devlin/ Daszkal Bolton LLP
Mary & Bill Donnell
ESPN Boca Raton Bowl
Florida Blue
JM Family Enterprises
Rich & Bebe Mascolo
Anna A. Moldrup Foundation
Daniel & Stephanie O'Bryon
Plastridge Insurance Agency
The Pete Store
Publix Super Market Charities
Rotary Club Downtown Boca Raton
Schmidt Family Foundation
The Sidney, Milton & Leoma Simon Foundation
Town of Palm Beach United Way
Wells Fargo
West Boca Medical Center

Silver Triangle (\$2,500-\$4,999)

Anchor Bank
Anonymous
Atlantis Air, Inc.
Aucamp, Dellenback & Whitney
Barbar & Associates
Bluegreen Vacations
Robert Campbell & Diana White
Lucy Childs
John Chiste
Comerica Wealth Management
Crocker Partners
Dawn & Larry Edwards
FAU Foundation, Inc.
Florida Atlantic University
Florida Power & Light

Gold Triangle (\$5,000-\$9,999)

24 Hours Cleaning

David Adams
Boca Rio Foundation
Burns Family Foundation
Jason & Katie Busch
Gary Cantor
Michael Caulfield
CentiMark
Jason & Jackie Coker
Concierge Insurance Solutions
Albert E. & Birdie W. Einstein Fund
Florida Peninsula / Edison Insurance
The Gary Peters Family Foundation

George Snow Scholarship Fund
Liz & Jason Hagensick
International Materials
Kaufman Lynn Construction
National Parkinson's Foundation
NCCI Holdings, Inc.
PNC Bank
Shutts & Bowen LLP
Sklar Furnishings
Lisa Sliney
Lee Steinberg
Toshiba Business Systems
United HealthCare

Universal Property & Casualty Insurance Company
Joe & Julia Vassalluzzo
Walmart Supercenter Store #2789
Christopher & Elizabeth Warren/ Lawless, Edwards & Warren Wealth Management
Paul & Nancy Zarcadoolas

Greater Boca Raton Chamber of Commerce
Habitat For Humanity of South Palm Beach County
Scott Hanlon
Nick & Kristy Hartofolis
Diane Heard
John Hiller
Donna Hollinshead
Hank & Michelle Jackson
Kaleel & Associates
Connor & Ryan Lynch
Tom & Hilary Lynch
David Lyons
John Mulhall
Precor
Premier Estate Properties
Hiromi Printz
Douglas & Michelle Reader
Bob & Emily Robes
Myrna Skurnick
Third Federal Savings & Loan
Tripp Scott
Walmart Facility #5911
Wells Fargo Private Bank
Timothy Wentroble
Mickey & Katie Zitzmann

Patricia Costopoulos
CITRIX
Coconut Creek Automotive LLC
Concierge Capital Management, LLC
CRC Insurance Services, Inc.
Francesca Daniels
Barry Davis
Bobbi Dempsey
Phillip DiPonio
Jamie Doherty
Elizabeth Driest
Juan Ducos
David Dunston
William Earnhart, MD
Michelle Esposito
Gary & Nidia Flaks
Terry & Jerry Fedele
Fisher Bray Real Estate
Fountain Motor Co.,
Diane Franco & Lloyd Hasner
Barbara Garrido
Emily Gates
Michael Gillespie
Wendy Gomez
Grimes Events & Party Tents
Amanda Guglielmi
Herman Hammer
Susan Harris
Mark Harrison
Richard & Marlene Hazard
Charles Hill
Martha Hoffmann & Neil Burns
Daniel Huck
Bryan Hunt
Hutchings
iTHINK Financial
Joan Joens
Beth & Tom Johnston
Scott & Patty Jordan
Freddie July-Johnson & Joshua Johnson
Gary Kain
Robert Kiedis
W. Clay King
Rosemary & Ben Krieger
Jacqueline & Kevin Leahy
Nicole Leno
Matthew Linick
Christine E. Lynn
Make A Difference Foundation, Inc.
Mako Pools
Billy & Jessie Marino

Triangle Society Member (\$1,200-\$2,499)

Abi Kattel Memorial Foundation
Adams Coogler
Mark R Angstrom
Anonymous
Ed & Linda Appleby
Pamella & Tony Arrieta
Ron & Kathy Assaf
Jason & Erica Aube
Jonathan & Katie Barbar
William Barfield
Bell Rock Capital, LLC
Martha Blandon
Boca Raton Airport Authority
Elke Bojes
Ryan Brawler
Laurie Burns & Jill Ramsier Charitable Fund
Jim Cacioppo
Nancy Cavanagh
CenterState Bank
Chick-fil-A Boca Raton
Choose Collaborative
Nicholas Costopoulos

Adam & Stefanie Marshall
Wendy & Matthew Maschler
MBAF
Thomas Miko
Abdol & Cathy Moabery
Mike Mulroy
Fran & Nathan Nachlas
Michael Nathanson
Randy & Patricia Nobles
Alexsandro Oliveira
The Pacing Lady
Kelly & Arty Parsons
Karly Parsons
Linda & Doug Paton
Paycom
Ian Peterson
Phil & Megan Piedt
Richard & Mary Jo Pollock
The Price Family
Philip Procacci
John & LuAnn Prokos
Aaron & Keilah Powers
Johnny-Lee Reinoso
The Reeves Family
Christen Ritchey
George Rizzuto
Amanda Guglielmi
Herman Hammer
Susan Harris
Mark Harrison
Richard & Marlene Hazard
Charles Hill
Martha Hoffmann & Neil Burns
Daniel Huck
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Randy & Patricia Nobles
Alexsandro Oliveira
The Pacing Lady
Kelly & Arty Parsons
Karly Parsons
Linda & Doug Paton
Paycom
Ian Peterson
Phil & Megan Piedt
Richard & Mary Jo Pollock
The Price Family
Philip Procacci
John & LuAnn Prokos
Aaron & Keilah Powers
Johnny-Lee Reinoso
The Reeves Family
Christen Ritchey
George Rizzuto
Amanda Guglielmi
Herman Hammer
Susan Harris
Mark Harrison
Richard & Marlene Hazard
Charles Hill
Martha Hoffmann & Neil Burns
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GRANTS*

Baptist Health South Florida
Albert E. & Birdie W. Einstein
The Batchelor Foundation

Edward T. Bedford Foundation
Florida Blue
The Palm Beach County Sheriff's Foundation

Schmidt Family Foundation
YMCA of the USA

*Grants received from December 2020 to March 1, 2021.