



GREATER MISSOULA FAMILY YMCA

2023 Annual Report

Letter from Leadership

2023 was a year of gratitude and hope for the Y as we started construction. A 26-month major capital construction project feels a little bit like organized chaos, but along every step of the way, our board and staff have remained committed to providing the highest level of programming and services. We've also been overwhelmed by support from you—our community. Please know your cheerful comments and excitement fills our cups and feeds our commitment to strengthen Missoula.

One major construction highlight of 2023 was the building of the Phyllis Washington Early Child Care Center, an integral part of our Here for Good Capital Project. This new facility opens in July 2024 and will increase our onsite child care capacity, directly responding to the needs of families.

Since 1967, responding to our community's most pressing needs has been at the heart of our mission. Our ongoing efforts to reach our \$20.3 million campaign goal reflect this commitment. While the board considers all options to address the current \$3.3 million shortfall, we believe completing this project is vital to continue to offer high-quality programs and services to our growing community.

We are so grateful for Missoula's support. Your belief in our mission inspires us every day, and we look forward to celebrating the completion of the Here for Good project with you next year. Together, we are building a stronger, healthier, and more vibrant community.

With gratitude,
Heather Foster
CEO

Jorge Watson
Board Chair



Your Donation at Work

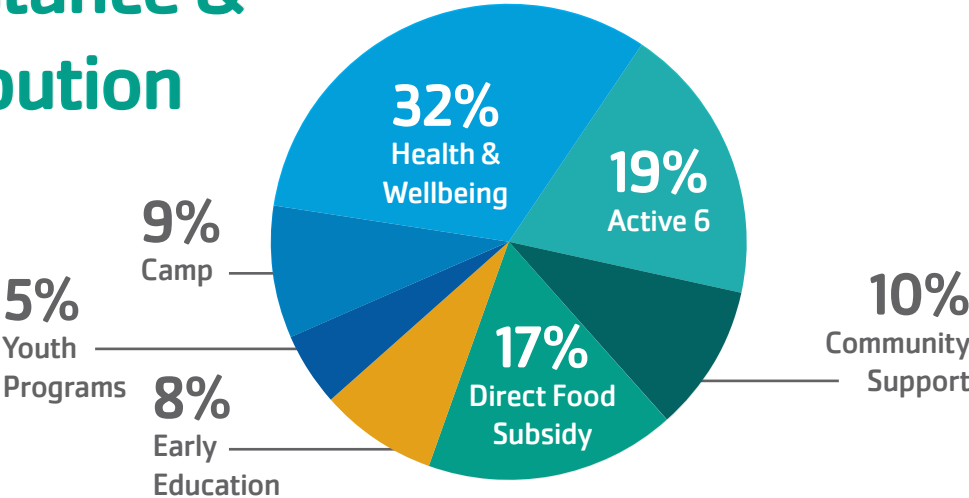
The Missoula Family YMCA is committed to being a good fiscal steward of all donor dollars. We are a debt-free nonprofit that has served Missoula since 1967.

2023 Financials



CONSOLIDATED OPS & CAPITAL	2022 FINANCIALS	2023 FINANCIALS
TOTAL ASSETS	\$17,125,907	\$21,573,169
TOTAL LIABILITIES	\$1,144,304	\$2,468,688
TOTAL NET ASSETS	\$15,981,603	\$19,104,481
CHANGE IN NET ASSETS	\$4,992,614	\$ 3,122,878
OPERATING		
TOTAL REVENUE	\$4,631,048	\$5,888,604
TOTAL EXPENSE	\$5,331,995	\$6,456,626

Financial Assistance & Subsidy Distribution





Building a Better Y

In June 2023, we broke ground on our Here for Good Capital Project, a community-wide project to make vital improvements to our Russell Street campus. These first phases included major renovations to our Health & Wellness Center, which reopened in Fall 2023 and is bigger, brighter, and more functional. Our new Phyllis Washington Early Child Care Center, which will increase our onsite child care capacity, is set to open on July 1. Construction will continue into 2025. To learn more about the project, visit www.ymcahereforgood.com.

Snapshots from 2023

Filling Community Gaps

It's our mission to provide services and programs wherever our community needs them most. That's why we jumped in to help last summer when a local afterschool and summer child care program was forced to suddenly shut its doors. Working together with community partners, we were able to fill in and provide six weeks of camp programming to 80 campers at zero cost to the families.



Making a SPLASH!

2023 was a banner year for our Swim, Play, and Learn Aquatics Safety Habits (SPLASH!) program. SPLASH! brings 3rd graders from area schools to the Y pool to introduce them to aquatic personal safety, stroke development, water sports, and rescue. During the 2023-24 school year, 669 kids from 13 schools participated, our highest number ever. And thanks to a generous donor, more than 90% received full scholarships to attend.



Partnering with the IRC

The Missoula Y is a place for all. This past year we launched a new partnership with the International Rescue Committee (IRC) to provide free Y memberships to all of the IRC's new arrivals. We welcomed 68 new Missoulians to our Y, providing access to free drop-in child care, health and wellbeing programs, and a supportive community. We're honored to have this opportunity to help increase access to the Y and we look forward to continuing this partnership moving forward.





Alec Arntzen

Active 6: More Than Membership

For 6th grade teacher Alec Arntzen, a simple YMCA membership grew into a big idea. Alec, a Washington Middle School teacher, was looking for field trip ideas to engage his students.

"We weren't able to have field trips during COVID. Coming out of the pandemic, I was trying to find new field trip partners while keeping costs low for families," he said.

Alec reached out to the Missoula Y and pitched an idea: What if he got every one of his students to sign up for the Y's free Active 6 program, then brought them to the Y for a field trip? The kids would get a fun day out, and the Y could introduce them to all the options available with a YMCA membership.

Started in 2010, the Active 6 program provides free YMCA membership and after school options to help 6th graders develop and maintain healthy habits.

"6th grade is a critical year since students are transitioning from elementary to middle school," explained Alec. "It's a restart for them. They're excited to try new things."

In November 2022, the Y hosted its first group of Washington Middle School students. The field trip was such a success that Alec and the Y immediately scheduled several more.

"Our first trip was very guided. Every student completed the Y's Health & Wellness Orientation, which introduced them to the fitness equipment. They also tried out the rock wall and a fitness class," he said. "By the time we had our Spring trip, the students were familiar with the Y. We gave them a list of options and they each got to choose which ones to do."

The program, which is made possible by both grants and generous donors, is continuing to grow, too, with Hellgate Middle School recently signing up for its own Active 6 field trip.

"We're really excited to expand the opportunity to other middle schools," said Eli Catton, the Y's senior director of youth programs. "Having a champion like Alec to help drive the excitement with the students is paramount."

The Active 6 Mission

Active 6 was formed in 2010 in response to a University of Montana study that showed that middle-school age children experience a radical drop-off in moderate to vigorous physical activity. Research suggested that keeping 6th graders engaged in physical activity and giving them the tools needed to lead active lives would result in healthier childhood years and healthier choices well into adulthood.



361

free memberships
provided to
6th graders

11

class field trips to
the Missoula Y

1,653

visits by Active 6ers
to the Missoula Y



Rey's Story

Rey Johnston recently became the first ever Loyola High School athlete to be named Gatorade Montana Boys Basketball Player of the Year. The award honors the nation's top high school student-athletes and goes beyond athletic performance. In addition to basketball, Rey is a National Honor Society member and actively engaged in the community. He helps host annual food drives, participates in his school's Marketing Club, and maintains an exceptional academic record.

Growing up, Rey tried all kinds of different sports at the Y. He says that one of his favorite spots was the Y gym, which always seemed to be open, and where he could hone his basketball skills in the offseason.

"I found my love for basketball because of the Y. It was a place for me to grow as a person as well as a basketball player."

Athletes awarded Gatorade Player of the Year honors also get to pick a nonprofit organization of their choice to receive a \$1,000 grant. The nonprofit must have a mission that helps improve the lives of youth and unite communities through the power of sports. Rey's chosen nonprofit was the Y.

"I love what the Y does for youth in our community," Rey says.

We're so grateful for Rey's support and can't wait to cheer him on as the Loyola High School varsity boys basketball team competes for its third straight state title this season!





175

volunteer coaches

28

sports camps, leagues,
and programs offered to
Missoula youth

1,473

swim lessons
provided

2,429

youth basketball and soccer players

105

competitive swimmers
on the Missoula YMCA
Swim Team (MYST)



15

Montana
counties served

563

kids enrolled in licensed
child care

857

summer campers

260

students enrolled in
YMCA After School

113,523

free, healthy meals and snacks served



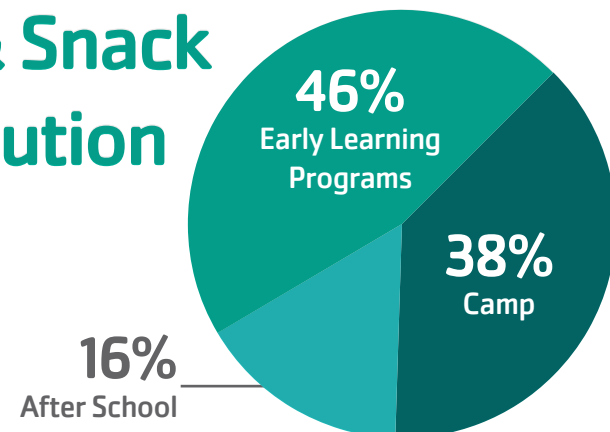
Fueling the Next Generation

Studies show that kids who have access to the nourishment they need have better physical and mental health and perform better in school. That's why it's an important part of our mission to make healthy meals and snacks available to all of our youth program participants. In fact, the Missoula Y is one of the largest providers of healthy meals and snacks to kids in our community, with 113,523 served in 2023.

In all of our programs, we follow the YMCA's HEPA (Healthy Eating and Physical Activity) Standards to provide well-balanced and nutritional meals with at least one serving of fruit or vegetable and one serving of whole grain.

Whether a child is attending summer camp, after school, or any other Y program, we want to ensure that their stomachs are full so they can concentrate on the important stuff like learning, adventure, and friendship!

Meal & Snack Distribution





Building Community Together

Thank you to our 2024 Annual Support Campaign donors and our 2023 sponsors! In 2023, these 570 donors helped us provide \$1,058,302 in financial assistance and community subsidies.

\$10,000+

BNSF Railway
Carol Hoffnagle
Dennis & Phyllis
Washington Foundation
Giuliani Family
Terry & Patt Payne
Valerie Hedquist &
Edward Callaghan

\$5,000-\$9,999

Barbara Fortunate
First Interstate Bank of
Missoula
Garden City Plumbing &
Heating
Quality Construction
Shirley & Steve Nelson
The Clark-Cassens Family
Windfall

\$2,500 - \$4,999

Anchor Electric
Contracting
Bohyer, Erickson,
Beaudette & Tranel
Caroline & Willis Kurtz
Clark Fork Riverside
Clearwater Credit Union
John & Kathy Brauer
Larry & Kristin Stayner
Madrona Hill Foundation
Montana Community
Foundation
Muralt Family Foundation

Scott & Jackie Smith
Stockman Bank
Thomas & Ann Boone

\$1,500 - \$2,499

Cats on Broadway
Chad & Andrea Fero
DCI Engineers
Dennis & Darlene Richards
Dylan & Allison McFarland
Heather & Rod Foster
Jeff & Christina Twohig
Jeff & Colleen Rudio
Jorge & Laura Watson
Kathy Rogers &
John Thompson
Krista & Russ Hellem
Langel & Associates
Lucas & Jeannie Osellame
Mike & Christine Caldwell
Mike Callaghan
Nick & Jill Taber
Paul A. & Melanie V.
Puckett
Pioneer Chemical
Sandy Mytty
Tim & Michonne McHugh
Towe & Fitzpatrick
Law Firm
Victor Levchenko

\$1,000 - \$1,499

ALCOM LLC
All Nations Health Center
Anna Smith
Big Sky Specialized

Carriers, Inc.
Bill & Phyllis Bouchee
Bjornson Jones Mungas,
PLLC
Bob & Sherry Massey
Bravo Catering LLC
Brian & Kathryn Derry
Briar & Heidi Diggs
Cale Fylling Concrete
Chris & Jeannie Siegler
Clarisse Landry &
Joe Kipphut
Crowley Fleck, PLLP
Dale Woolhiser
Dennis & Angela Lind
Dennis Toussaint
Dr. William Nichols &
Robin Tawney Nichols
Eric Shields
Flint Olsen
Fuel Fitness & Nutrition
Garlington, Lohn,
& Robinson
Hockeywolf
IMEG
J & M Electric
Jeff Moore
John & Melinda Earll
Lacrossewolf
Mark Moore
Metalworks of Montana
Mike & Staci Nugent
Missoula Tailoring
NC Design
Nelson Brothers LLC

PartnersCreative
 Pat & Kelly Dodson
 Paul & Angie Tranel
 Rob Doyle
 Stewart & Associates, PLLC
 Stitches Custom Embroidery
 & Screen Printing
 Sublime Public Relations
 Susan Ash
 Temp Right Services Inc.
 Theresa & Randy Cox
 Title Services Inc
 Tom Roberts & Lindsay
 Richards
 Western Montana
 Development
 WGM Group
 Willis Enterprises

\$500 – \$999

Boone Karlberg
 All Things Metal Inc
 Allen Pickens
 Arthur Gidel & Beverly Chin
 Barbara & Kurt Fossen –
 Trenchless Solutions
 Becky Byrne
 Beth Woody
 Bill & Joanne Brenner
 Bill Vetaly
 Brian Morgan
 Brint & Courtney Wahlberg
 Children’s Dentistry of the
 Rockies
 Cornerstone Dental Missoula
 Crist Plumbing & Heating
 Dan & Jennifer Cripe
 Dan & Tracey Cravy
 Dave & Jeannine Olson
 Dave & Kathy Cotner
 Delaney Wells
 Farmers Insurance

Gena & Lonnie Stevens
 Greg & Elizabeth Mutzenberger
 Grizzly Hackle
 Jenae & Vince Bagby
 Jeremy Williams
 Jim & Janice Nugent
 John & Helen Cummings
 John Nugent & Kyle Bocinsky
 KettleHouse Brewing Company
 Kristen & Jaymie Bowditch
 Laird Cowley PLLC
 Leslie & Jim McShane
 Margie & David Dewing
 Mary & Russ Cole
 Matt & Colleen Rosbarsky
 Max Murphy & Sheila Callahan
 Melanie Brock
 Michael & Sarah Hutcherson
 Mike & Leslie Halligan
 Monica & Brad Cederberg
 Monica & Dave Paoli
 Montana Glass
 Mountain Press Publishing
 Pepsi of Missoula
 Pinion, LLC
 Planetary Design
 Rent-a-Space
 Rolf Tandberg
 Ryne & Amber Mading
 Scott Seifert
 Shamrock Concrete Cutting
 Shawn & Alice Paul
 Simone & Emily Musco
 Susan & Mike Colyer
 Terrazas Henkel, P.C.
 Tom & Barb Severson
 Tom & Susan Roy
 Valley Landscaping Inc
 Worden Thane, PC

\$250 – \$499

Anthony Beltramo

Beach Transportation Co
 Beck & Beck, LLC
 Brennan Mickelson
 Brian Eicholtz
 Carey Law Firm
 Carson Kelly
 Catton Family
 Culligan Water
 Daurine Spritzer
 Dave & Jacquie Duhamel
 David & Rosalie Cates
 Dax & Kim Fraser
 Design Air
 Devin Sleezer
 Dudley & Joyce Anderson
 Ed & Leslie Wetherbee
 Edgell Building, Inc.
 Elaine & James Brock
 Emma Humphreys
 Frank Rodriguez
 Insured Titles
 Jacquie & Mark Katrein
 Janice Schweitzer
 Jason & Sara Baker
 Jeffries Court Reporting
 Jerry Evenson
 John & Linda Pilsworth
 Kat Franchino
 Kate Rodriguez
 Kevin Cotner
 Lawrence Gerstle
 Lehman & Cooper, CPAs
 Lloyd Twite
 MacKenzie Dixon
 Mallory Wells
 Mangan & Reich
 Insurance Agency
 Marilyn Riggs & Kyle Riggs
 Martin Prather &
 Jonell Mogen Prather
 Mike & Joy McKay
 Montana Transfer

Nick & Lara Porrini
 Pat & Laurie McHugh
 Paul Axelrod
 Paula & Scott Crews
 Paula Mading
 Paulson Electric
 Peter & Diane Joy
 Peter & Jessica Walker-Keleher
 Rose Kahane
 Sarah Munjal
 SG Long
 Susan Ridgeway
 The Aaron Brock &
 Bobbi Soper Family
 Tim Polich
 Timothy Thomsen
 Todd Mickelson
 Veronica Franchino
 Will & Miriam Cordes
 Will & Tracey Johnson

\$1 – \$249

Addie & Patrick Murphy
 Advanced Media Systems
 Ali Leitzinger
 Allen Legreid
 Amy Dunlap
 Andrew Larson
 Angela Sutton
 Anika Melzer-Roush
 Anne Carlson
 Anniemie & Klaus Melzer
 Ashok & Saroj Patel
 Barbara & Joe Gorsh
 Becky Kress
 Ben Lodge
 Beth Kennedy & Dan Adcock
 Beth Schaper
 Betty & Alejandro Solorzano
 Bill & Melissa Sundberg
 Bill & Sarah Towle
 Bob Homer

Bob King
Boone & Shelly Jensen
Brandon Dwyer
Brenda & Chuck Maes
Brenda Pinsonneault
Brett Calahan
Brian & Tyra McDonald
Brian Salonen
Brian Schweyen
Bryan &
Michele Chalmers
Bryon Smith
Caleb Melzer-Roush
Carol Kahler
Carol Kirts Davis
Carolyn Buchta
Casey Dunning
Casey Robinson
Chad Bishop
Charlie Palmer
Chris & Erin Kosena
Chris Skinner
Chris Trollope
Colleen Leadbetter
Connor McCarthy
Conor Newman
Corbin Ross
Cory & Ginger Claussen
Cory Steele
Craig Carey
CTE Awards
Cynthia Kahane
D4T Construction
Dan & Shannon Ortt
Dane Oliver
Danny Blowers
Insurance Agency
Dave & Shelley Morris
David & Jeanne Franz
David Seeley
Deborah Elliott
Dirk Gottman
Elaine Carmichael

Emilee Dewing
Emily Brock
Emma Trotter
Erik Dewing
Ethel Mickelson
Fabricon LLC
Garrett Pence
Gary & Karen Walden
Glacier Hardwoods LLC
Granite Peak Wealth
Advisors
Greg & Barb Munro
Greg Sundberg
Heidi & Aaron Hanks
Helena Franchino
Hilary & John Cuddy
In Memory Of Jim &
Marie Berta
Jack Branston
Jacob & Kasey Wright
James Bar
James Wheeler
Jameson McHugh
Jamie Libera
Jared Amoss
Jason Gillingham
Jean & Scott Whaley
Jean Zosel
Jeanne Cox
Jena Hollenbeck
Jenn Sturdivant
Jenny Taber
Jerrad & Jenn Klumph
Jill & Scott Galle
Jim Strauss
Jim Wheelis
Joann Kump
Jocelyn Woods
John & Kinsey Remien
John Hastings
John Sanden
Jolynn McDermott
Jorge Plasencia

Josh & Rylie Ericson
Joy Morris
JR Waller
JT Evenson
Judie Goldberg
Judy Whiddon
Julie Gilchrist
Julie Robitaille
Justin Ross
Kandy Jenkins
Karen Mitchell
Kathrin Melzer
Katie & Tyler Grutsch
Katie Thiebes
Katy & Eddy Stack
Katy Davis
Keith & Lynda Fichtner
Kelley &
Logan Donisthorpe
Kelsey & Ryan Dick
Kent Pratt
Kirk & Tammy Bodlovic
Kyle Pucko
Lambros Real Estate
Lauren Woods
Laurie Clouse
Lawson Flooring
Lee Coyle
Lee Libera
Leslie Dallapiazza
Lonnie Dawe
Lori Webster
Lynn Solomon
Lynne Mickelson
Marcie Kessler
Marianne Moe
Marilee Peterson
Marissa Zapalac
Maritsa Georgiou-
Hamilton
Mark & Loreen Skinner
Mark Comfort
Mark Ramsey

Mark Sharkey
Mary Lloyd
Maxine Matz
McElmurry Homes
McKenna & Starin, PLLC
Melanie Burns
Melanie Matelich
Melissa Milodragovich
Michael & Anna Billet
Michael Hoffer
Michael Shapiro
Michelle & Gerad Allen
Mike Combo
Mikhail Yarmolich
Mindy Palmer
Misty Russette
Montana Ace Tremper
Nancy Cochran
Nancy Jo Connell
Nancy Newcomer
Nanette Melzer
Natalie Krueger
Neighborhood Dental
Nic & Nelly Lynn
Pam Ward
Pamela Bishop
Pamela Boyd
Pat Corrick
Patrick Pozzi
Peak Performance
Peter Bierbach
Peter Logan
Polly & Ryan Butler
Rachel Kamura
Ramey Kodadek
Richard Shull
RJ Green
Rob Fleming
Robert Bjornstad
Robert Church
Russ Lodge
Russ's Body & Paint
Ryan & Tasha Jones

Ryan Mutzenberger
Salena Hill
Sandy Armstad
Scott Smith
Seth Ryan
Shane MacIntyre
Shanna Lodge Evje
Shawn & Andy Schweyen
Shelley Rahl
Solon Linton
Steve Wing
Svein Newman
Tamy Wagner
Tax USA
Taylor Davison
Ted Catton
Terri Lefholz
Terry Burke
Terry Johnson
Tessa Knudson
Tessa Peressini
Tex Seaton
Thad & Kristin Larson
Timmy McHugh
Tricia & Doug Beem
Tyler & Erin Gilman
Tyson O'Connell
Vincent Colombo
Wayne & Julie Hiett
Wesley Wells
Worden's Market
Zak James
Zane & Emily Weber

Active 6 Sponsors
Blue Cross Blue Shield of
Montana
Jane S. Heman Foundation

Aquatics Sponsors
Patt & Terry Payne

Food Program Sponsors
Albertsons Companies
Foundation

Riverbank Run Sponsors
Providence St. Patrick Hospital
(Title Sponsor)
Daily's Meats
Good Food Store
Poteet Construction
Runner's Edge
SCHEELS
Sprinkler Maniac, LLC
Stockman Bank
The University of Montana
Western Montana Clinic
WYR Clothing Company

Special Event Sponsors
Katie O'Keefe's Sports Bar
& Casino
CM Buxton Jeweler

Summer Camp Sponsors
ALPS (Title Sponsor)
Daily's Meats
Dennis & Phyllis Washington
Foundation
Garden City Plumbing & Heating
SCHEELS
Watson Homes

Youth Sports Sponsors
First Interstate Bank of
Missoula (Title Sponsor)
Alpine Oral & Facial
Surgery Center
Blue Ribbon Auto Inc.
Campbell Kia of Missoula
Dennehy & Jerde Orthodontics
Dr. Kenworthy Orthodontics
Dr. Troy Shaw Orthodontics
Fiesta En Jalisco
Mexican Restaurant
Florence Coffee Co.
Game One
Garden City Plumbing & Heating
INK Realty Group
Karvandi & Sayre Orthodontics
Loose Caboose
Missoula Bone & Joint
Missoula Family Medicine
Montana Imaging Center
Morrison-Maierle
Mountain Kids Pediatrics
Nelson Dentistry
Panera Bread

Ponderosa Dental
Quality Construction
Republic Services
Ruby Springs Lodge
Scott's EQ Muffler & Brakes
(DBA EQ Auto & Diesel)
The Shirt Shop
The Trough/The Olde Dairy
Toiffer Pet Outfitter
Vigilante Parking
on the Fly
Wipfli

Board of Directors

Jorge Watson President
Dylan McFarland Vice Pres.
Jill Galle Treasurer
Tom Severson Secretary

Dan Cravy
Dennis Toussaint
John Brauer
Dr. Kathy Rogers

Melanie Brock
Mike Nugent
Nick Taber
Ryne Mading

Steve Nelson
Tim McHugh



MISSOULA FAMILY YMCA
3000 South Russell Street
Missoula, MT 59801

Non Profit Org
US Postage PD
Missoula MT
Permit #227

**Return Service
Requested**