



Missoula YMCA Active 6 Program

May 2024

Have questions? Stop by the YMCA or
email branieri@ymcamissoula.org
to learn more! Sign up Today!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*Indicates Program is open to all YMCA members and won't have Active 6 staff on hand.			1 Open Climb 4pm-7pm Open Big Gym 5:30-9:30pm** Open Swim 8-9pm* Open Track 3-5:30pm*	2 Open Big Gym 7:30-9:30pm** Lap Swim 6-9pm* Open Swim 7:15-9pm* Open Track 7-8pm* Big Gym Open 3-5pm	3 Open Climb 4pm-7pm Open Big Gym 2-8pm** Open Swim 6-9pm* Open Track 7-8pm*	4 Open Climb 10am-1pm* Open Track 10am-1pm Lap Swim 1-5:30pm Open Swim 10-5:30pm*
5 Lap Swim 8-10am, 11am-1pm* Open Swim 12:15-3:30pm* Open Track 11am-2pm*	6 Open Climb 4pm-7pm Open Big Gym 4:30-10pm* Open Swim 8-9pm* Open Track 3-5:30pm*	7 Open Big Gym 7:45-10pm** Lap Swim 6-9pm* Open Swim 7:15-9pm* Open Track 7-8pm*	8 Open Climb 4pm-7pm Open Big Gym 5:30-9:30pm** Open Swim 8-9pm* Open Track 3-5:30pm*	9 Open Big Gym 7:30-9:30pm** Lap Swim 6-9pm* Open Swim 7:15-9pm* Open Track 7-8pm* Big Gym Open 3-5pm	10 Open Climb 4pm-7pm Open Big Gym 2-8pm** Open Swim 6-9pm* Open Track 7-8pm*	11 Open Climb 10am-1pm* Open Track 10am-1pm Lap Swim 1-5:30pm Open Swim 10-5:30pm*
12 Lap Swim 8-10am, 11am-1pm* Open Swim 12:15-3:30pm* Open Track 11am-2pm*	13 Open Climb 4pm-7pm Open Big Gym 4:30-10pm* Open Swim 8-9pm* Open Track 3-5:30pm*	14 Open Big Gym 7:45-10pm** Lap Swim 6-9pm* Open Swim 7:15-9pm* Open Track 7-8pm*	15 Open Climb 4pm-7pm Open Big Gym 5:30-9:30pm** Open Swim 8-9pm* Open Track 3-5:30pm	16 Open Big Gym 7:30-9:30pm** Lap Swim 6-9pm* Open Swim 7:15-9pm* Open Track 7-8pm Big Gym Open 3-5pm	17 Open Climb 4pm-7pm Open Big Gym 2-8pm** Open Swim 6-9pm* Open Track 7-8pm*	18 Open Climb 10am-1pm* Open Track 10am-1pm Lap Swim 1-5:30pm Open Swim 10-5:30pm*
19 Lap Swim 8-10am, 11am-1pm* Open Swim 12:15-3:30pm* Open Track 11am-2pm	20 Open Climb 4pm-7pm Open Big Gym 4:30-10pm* Open Swim 8-9pm* Open Track 3-5:30pm*	21 Open Big Gym 7:45-10pm** Lap Swim 6-9pm* Open Swim 7:15-9pm* Open Track 7-8pm*	22 Open Climb 4pm-7pm Open Big Gym 5:30-9:30pm** Open Swim 8-9pm* Open Track 3-5:30pm	23 Open Big Gym 7:30-9:30pm** Lap Swim 6-9pm* Open Swim 7:15-9pm* Open Track 7-8pm Big Gym Open 3-5pm	24 Open Climb 4pm-7pm Open Big Gym 2-8pm** Open Swim 6-9pm* Open Track 7-8pm*	25 Open Climb 10am-1pm* Open Track 10am-1pm Lap Swim 1-5:30pm Open Swim 10-5:30pm*
26 Lap Swim 8-10am, 11am-1pm* Open Swim 12:15-3:30pm* Open Track 11am-2pm	27 Open Climb 4pm-7pm Open Big Gym 4:30-10pm* Open Swim 8-9pm* Open Track 3-5:30pm*	28 Open Big Gym 7:45-10pm** Lap Swim 6-9pm* Open Swim 7:15-9pm* Open Track 7-8pm*	29 Open Big Gym 7:45-10pm** Lap Swim 6-9pm* Open Swim 7:15-9pm* Open Track 7-8pm*	30 Open Big Gym 7:45-10pm** Lap Swim 6-9pm* Open Swim 7:15-9pm* Open Track 7-8pm*	31 Open Big Gym 7:45-10pm** Lap Swim 6-9pm* Open Swim 7:15-9pm* Open Track 7-8pm*	

Active 6 Program Details

Program Times

Monday, Tuesday, Wednesday, Friday

4:00pm-6:00pm

Thursday

3:00pm-5:00pm

Program Blocks

Block 1: October 2th -November 21st

Block 2: November 27th- December 20st

Block 3: January 2nd - March 15th

Block 4: March 25th –May 24th

Sign Up Here!



*Offered during the school year only. No programming on school holidays.

Getting Started with Active 6

First fill out our Active 6 Registration Form online to get your free membership started.

Then visit the Missoula Y Welcome Center to complete your Active 6 membership profile, and collect your Active 6 Tee.

After that, attend our Tuesday and Thursday Program times to take part in fun exercise classes, active play, and engaging snack time discussions about healthy lifestyle, and community engagement.

*Membership is valid June before the 6th grade year through August after the 6th grade year.

CONTACT

Ben Ranieri,
Active 6 Coordinator
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406-721-9622



Active 6 is a FREE Missoula YMCA program that encourages 6th graders to get moving, try new activities, stay healthy, and have fun with friends through YMCA membership and programs.

Sign up for Active 6 is going on now!

Open to all 2023/24 Missoula County 6th graders