



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Missoula YMCA Adaptive Program

March 2023

Register For All Programs at the YMCA
Welcome Desk or Michael @532-6267

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*Indicates Program is open to all YMCA members and won't have adaptive staff on hand.			1 Creative Movement 3:30PM-4:30PM Studio	2 Bowling West Side Lanes 3PM-5PM	3	4 *Open Swim 1PM-5:30PM
5	6 *Family Track Time 3PM-5:30PM	7	8 Creative Movement 3:30PM-4:30PM Studio	9 Bowling West Side Lanes 3PM-5PM	10 *Family Track Time 3PM-5:30PM	11 *Open Swim 1PM-5:30PM
12	13 *Family Track Time 3PM-5:30PM	14 Court Sports 3:30PM-4:15PM Big Gym	15 Creative Movement 3:30PM-4:30PM Studio	16 Bowling West Side Lanes 3PM-5PM	17 *Family Track Time 3PM-5:30PM	18 *Open Swim 1PM-5:30PM
19	20 *Family Track Time 3PM-5:30PM	22	23 Creative Movement 3:30PM-4:30PM Studio	24 No Bowling Spring Break	25 *Family Track Time 3PM-5:30PM	26 *Open Swim 1PM-5:30PM
27	28 *Family Track Time 3PM-5:30PM	29 Court Sports 3:30PM-4:15PM Big Gym	30 Creative Movement 3:30PM-4:30PM Studio	31 Bowling West Side Lanes 3PM-5PM	*Family Track Time 3PM-5:30PM	*Open Swim 1PM-5:30PM

