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# YMCA SUMMER CAMP

# 2023 Summer Camp Guide

Financial assistance available

# **SUMMER AT A GLANCE**

Care provided 7:30 a.m.-6:00 p.m. Camp programming runs 9:00 a.m.-4:30 p.m.

Half-day and Hellgate camp times vary. See weekly camp pages for details including ages/grades.

### Week 1 (June 12–16): Clockwork Carnivale

Basketball, Engineering & Invention, Rookie Fun & Fit, Jr. Survival, KinderCamps, Lacrosse, ZooTown

### Week 2 (June 19–23): Time Capsule

Babysitting 101, Jr. Art, KinderCamps, Rookie Sports, Rugby, Soccer, Survival, ZooTown

### Week 3 (June 26–30): Dinoburgers

Fly Fishing, KinderCamps, Mad Scientist, Multi-Sport, MVP Basketball, SummerTime Tots, Teen Culinary, ZooTown

### Week 4 (July 5–7\*): Weird Owl's Musical Menagerie

Baseball, Jr. Crafts & Creations, KinderCamps, Pickleball, SummerTime Tots, Teen Big Sky Adventure, Trail Running, ZooTown \*No camp Monday–Tuesday (July 3–4)

### Week 5 (July 10–14): Super Secret Holiday

Active 6, Big Sky Adventures, Dance, Jr. Music, KinderCamps, MVP Basketball, Rookie Dance, Soccer, ZooTown

### Week 6 (July 17–21): Trek Wars

Babysitting 101, Camp Ponderosa, Fly Fishing, Football, Jr. Big Sky Adventures, KinderCamps, MVP Soccer, Space Explorers, SummerTime Tots, Volleyball

### Week 7 (July 24–28): Earth's Mightiest Insects

Camp Ponderosa, Climbing, Jr. Bug, KinderCamps, Outdoor Rec, Teen Equestrian Leadership, Rookie Gymnastics, Theater

### Week 8 (July 31–August 4): Curse of the Jungle Dice

Basketball, Big Sky Adventures, Camp Ponderosa, Jr. Culinary, KinderCamps, MVP Football, SummerTime Tots, Teen Tabletop Games, Track & Field

### Week 9 (August 7–11): Wizards & Demigods

Art, Babysitting 101, Baseball/Softball, Camp Ponderosa, Jr. Climbing, KinderCamps, MVP Baseball/Softball, Rookie Sports, Super Skippers

### Week 10 (August 14–18): Sir Reginald's Obscure Sports Almanac

Active 6, Camp Ponderosa, Jr. Big Sky Adventures, KinderCamps, Multi-Sport, SummerTime Tots, Theater

### Week 11 (August 21–25): Slimy Sea Monsters

Camp Ponderosa, Culinary, KinderKubs, SummerTime Tots, Teen Climbing, Topnotch Trick Shots

### Summer Learning Camps

The YMCA is proud to offer two summer learning camps—Camp Imagination and Camp Horizon. Both camps accept Best Beginnings. Turn to page 6 for learning camp details and hours.



# **CAMP DETAILS**

### Care provided 7:30 a.m.-6:00 p.m. Camp programming runs 9:00 a.m.-4:30 p.m.

Half-day and Hellgate camp times vary. See weekly camp pages for details.

### **Hours of Care**

Supervised care runs from 7:30 a.m.–6:00 p.m. five days a week with intentional camp programming running from 9:00 a.m.–4:30 p.m. Half-day camps have varied start and end times. See individual camps for specifics.

### Sunrise & Sunset Care | Check In & Check Out

Full-day camps offer before and after care to all campers. Sunrise Before Care is offered 7:30–9:00 a.m. and Sunset After Care is offered 4:30–6:00 p.m. (5:30 p.m. for camps at Hellgate Elementary). Photo ID is required for every pick up, every time. Sunrise Care and Sunset Care are included in full-day camp fees. Sunrise Care is included in morning half-day camp fees. Camp locations will be emailed the week prior.

### Afternoon Camp Add-On

Available only to morning half-day YMCA campers who want to stay the full day. Campers will enjoy lunch and an afternoon full of swim time, summer activities, and more. See page 7 for more details.

### What to Bring

In a labeled backpack or bag:

- Reusable water bottle
- Sunscreen
- Swimsuit/Towel
- Hand sanitizer
- Extra clothes as weather necessitates
- Sack lunch (optional)

### What to Wear

Lavers

Water activities happen daily. Consider sending your camper in their swimsuit.

- Close-toed tennis shoes (NO flip flops)
- Comfortable active wear

### Cell phones/iPods/Electronics Money/Valuables

Leave At Home

- Knives/Weapons—real or pretend
- Toys/Games/Trading cards
- Candy/Junk food/Soft drinks

Please label each item with camper's full name. Contact staff ASAP about lost items. The YMCA, its programs, and its staff are not responsible for lost or stolen items. Please check with afternoon staff to see the YMCA's Lost & Found.

### Meals & Snacks

A healthy breakfast, lunch, and an afternoon snack are provided daily. Campers are welcome to eat breakfast before arriving at camp and may bring their own healthy lunch if they prefer.

### **Financial Assistance**

Financial assistance is available for all camps. Applications are available at ymcamissoula.org/financial-assistance. Submit applications 7 days prior to camp registration. Best Beginnings scholarships are accepted for Camp Imagination and Camp Horizon. Learn more about Best Beginnings at childcareresources.org/families/paying-for-child-care/.

### Camp Leadership



Keri "Ker-Bear" McHugh COO kmchugh@ymcamissoula.org



Eli "Ewok" Catton Sr. Dir of Youth Programs ecatton@ymcamissoula.org



Katie "Obie" Grutsch Dir. of Youth Sports kgrutsch@ymcamissoula.org

# **ROOKIE & KINDER CAMPS** Camps for Littles



### KinderCamps (Full Day)

A big step into the wide world of summer camps! Join us for outdoor activities, field trips, story time, crafts, group games, swimming, and more. Small group sizes make this the perfect introduction to YMCA summer camps. Grades K–1

### \$236 • \$216 w/ YMCA Membership

KinderHawks at Hellgate runs 7:30 a.m.–5:30 p.m.; **not** offered Wk 11 KinderKubs at the YMCA runs 7:30 a.m.–6:00 p.m.; offered Wk 11

### Rookie Dance (Half Day AM\* | Week 5)

Spend a week trying various styles of dance including, ballet, modern, and jazz. The group will learn a routine together to perform at the end of the week for families! Ages 4-6

> **\$98 • \$88 w/ YMCA Membership** Half-day camp runs 9:30 a.m.–12:00 p.m.

### Rookie Fun & Fit (Half Day AM\* or PM | Week 1)

Develop strength, coordination, and confidence through group games, sports, and activities. Campers will make their own healthy snacks and learn new ways to have a healthy mind, body, and spirit. Ages 4–6

### \$98 • \$88 w/ YMCA Membership

Half-day camp runs 9:30–11:30 a.m. and 1:30–3:30 p.m.

### Rookie Gymnastics (Half Day AM\* or PM | Week 7)

Develop creative movement using mats, balance beams, and spring boards. Campers will learn tumbling, handstands, and cartwheels. The group will learn a routine together to perform for families at the end of the week! Ages 4–6

**\$98 • \$88 w/ YMCA Membership** Half-day camp runs 9:30–11:30 a.m. and 1:30–3:30 p.m.

### Rookie Sports (Half Day AM\* or PM | Weeks 2 & 9)

This camp is designed to introduce young campers to a variety of sports and games, including basketball, t-ball, soccer, and football! Campers will learn sport fundamentals, group games, and team play. Ages 4-6 \$98 • \$88 w/ YMCA Membership Half-day camp runs 9:30–11:30 a.m. and 1:30–3:30 p.m.

### SummerTime Tots (Half Day AM | Weeks 3, 4, 6, 8, 10, & 11)

A half-day camp option for our youngest campers. Activities include welcome circle, story time, outdoor play, camp songs, crafts, & lunch. The abbreviated camp day sets up our campers for a successful first summer camp experience! Campers must be fully toilet trained. Age 4

> \$109 • \$99 w/ YMCA Membership Half-day camp runs 9:00 a.m.–1:00 p.m. Not eligible for afternoon camp add-ons.

# **TEEN PROGRAMS** Camps for Middle & High Schoolers

### Active 6 (Half Day | Weeks 5\* & 10)

Engage with other middle-schoolers through games and sports, gain independence, and learn ways to stay active and healthy. Grades 6–7

\$25 w/ FREE Active 6 Membership\*\* Half-day camp runs 9:00 a.m.–12:00 p.m. \*\*Visit ymcamissoula.org to learn more about free Active 6.

### Babysitting 101 (Half Day\* | Weeks 2, 6, & 9)

Develop the skills to be an engaging and safety-conscious babysitter. Study alongside peers and engage YMCA child care staff in conversation about working with children. Receive CPR training and bring home your very own babysitting tool kit! Grades 6+

> **\$156 • \$146 w/ YMCA Membership** Half-day camp runs 9:00 a.m.–12:00 p.m.

### Teen Big Sky Adventures (Week 4)

Raft, swim, hike, and climb in our Teen Big Sky Adventures day camp! It's a partial week of adventures to some of Missoula's favorite outdoor spots. Grades 7+ \$248 • \$236 w/ YMCA Membership

### Teen Climbing (Week 11)

Reach new heights as you learn climbing safety, knot tying, belaying, and all the skills needed to safely scale Missoula's local rock faces. Climb indoors at the YMCA and outdoors at local favorite climbing spots. Grades 7+ \$296 • \$276 w/ YMCA Membership

### NEW! Teen Culinary (Week 3)

Get creative in the kitchen! Join us for a week of cooking tasty food in the Missoula Food Bank community kitchen. Create your own cookbook, visit local gardens, and learn about nutrition. Grades 7+

\$266 • \$246 w/ YMCA Membership

### Teen Equestrian Leadership (Half Day | Week 7)

The Y is partnering with Montana Reins of Hope to offer teens an opportunity to grow as leaders while also learning to work with horses. Through the interactive Wild 2 Ride curriculum youth will be inspired to reach their leadership potential achieving greater focus, self-awareness, and gaining an internal sense of self-empowerment. Grades 7+

**\$396 • \$376 w/ YMCA Membership** Half-day camp runs 9:00 a.m.–12:00 p.m.

### Teen Tabletop Games (Half Day\* | Weeks 8)

In an era of digital gaming, nothing beats sitting down at a table with friends for a game. Join us for a week of RPGs, board games, dice games, card games, and more! Make new friends or learn new games. We'll have something for everyone. Grades 7+

> \$156 • \$146 w/ YMCA Membership Half-day camp runs 9:00 a.m.-12:00 p.m.

\*Afternoon camp add-on available. See page 7 for details.

Junior Counselors Program (Weeks 1–11) Spend you summer with the Missoula Family YMCA! Junior Counselors will spend part of the week engaged with peers and camp coordinators developing leadership skills through team building activities. They'll also gain valuable hands-on experience by working alongside camp counselors in other Y-camps. Application required. Scan the QR code to the right to apply today! Grades 7+ \$156 • \$146 w/ YMCA Membership

# SUMMER LEARNING CAMPS June • July • August

# <complex-block>

The Missoula Family YMCA offers two summer learning camps for children entering grades 1–5. Camps are offered in month-long sessions. Both camps reduce summer learning loss through a seamless integration of educational and summer activities. Swim in lakes, program robots, discover new books, and unlock mysteries of the natural world, all while playing camp games, singing camp songs, and building new friendships. Best Beginnings is accepted. Y financial assistance is available for both camps. Includes breakfast, lunch, and snack.

### **Registration for Licensed Summer Camp**

Applications available online at ymcamissoula.org or at the YMCA at 3000 S. Russell St. Open to children entering grades 1–5. There is a one-time supply fee of \$55 (\$75 for families enrolling 2+ children) that must be paid at time of registration. Contact us at schoolage@ymcamissoula.org or 532-6272 to register. Space is limited.

JUNE	JULY	AUGUST
starts June 12	July 1–31	ends August 18
\$768	\$1,024	\$717

### Licensed Camps & State Scholarships

YMCA Summer Learning Camps are licensed through the State of Montana and accept Best Beginning scholarships. Applications and information about Child Care Resources can be found online at childcareresources.org/families/ paying-for-child-care/.

# WEEK 1: JUNE 12–16 Clockwork Carnivale

### Basketball (Half/Full Day)

Learn basketball fundamentals such as dribbling, passing, shooting, and defense. This week is filled with drills, contests, shooting games, and scrimmaging! Bring gym shoes and a water bottle. Grades 1–6

> Full-day: \$226 • \$206 w/ YMCA Membership Half-day: \$106 • \$96 w/ YMCA Membership Half-day camp runs 9:00 a.m.-12:00 p.m.

### **Engineering & Inventions**

Put the STEAM into steampunk! Brainstorm ideas, evaluate prototypes, and create solutions to real-life challenges in this STEM camp. Grades 4–7

\$266 • \$276 w/ YMCA Membership

### **Junior Survival**

Develop wilderness skills like shelter building, fire starting, knots, and navigation! Put your new skills to the test at the end of the week in a survival challenge! Grades 2–3

\$296 • \$276 w/ YMCA Membership

### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, swimming, and more. See page 4 for details. Grades K–1

\$236 • \$216 w/ YMCA Membership

### Rookie Fun & Fit (AM\* & PM options)

Develop strength, coordination, and confidence through group games, sports, and activities. Campers will make their own healthy snacks and learn new ways to have a healthy mind, body, and spirit. Ages 4–6

> **\$98 • \$88 w/ YMCA Membership** Half-day camp runs 9:30–11:30 a.m. or 1:30–3:30 p.m.

### ZooTown

Join the mechanical mayhem of zany zeppelins and steam powered shenanigans. Lake outings, group games, swimming, and crafts give the camp a familiar feel, while weekly camp themes spice up the summer. Grades 1–7 \$226 • \$206 w/ YMCA Membership

\*Afternoon camp add-on available. See below for details.

### Lacrosse (Half Day\*)

Learn the skills, techniques, and rules of the growing sport Lacrosse! Practice cradling, scooping, throwing, and catching while preparing for the championship scrimmage at the end of the week. Equipment provided. Grades 2–6

\$116 • \$106 w/ YMCA Membership Half-day camp runs 9:30 a.m.–12:00 p.m.

### Afternoon Camp Add-On

For our half-day camp participants who want to stay the full day, we will enjoy lunch and an afternoon full of swim time, summer activities, and more. This option gives campers the experience of a full day's routine.

\$120 • \$110 w/ YMCA Membership (Grades 1–7) \$138 • \$128 w/ YMCA Membership (Ages 5–6)

# WEEK 2: JUNE 19–23 Time Capsule



### **Junior Art**

Explore using a variety of art mediums and practice new techniques, all while learning the elements of design. We'll connect with the art museum and other artistic attractions around Missoula. Grades 2–3

\$266 • \$246 w/ YMCA Membership

### Survival

Develop wilderness skills like shelter building, fire starting, knots, and navigation! Put your new skills to the test at the end of the week in a survival challenge! Grades 4–7 \$296 • \$276 w/ YMCA Membership

### Babysitting 101 (Half Day\*)

Develop the skills to be an engaging and safety-conscious babysitter. Study alongside peers and engage YMCA child care staff in conversation about working with children. Receive CPR training and bring home your very own babysitting tool kit! Grades 6+

> **\$156 • \$146 w/ YMCA Membership** Half-day camp runs 9:00 a.m.-12:00 p.m.

### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, swimming, and more. See page 4 for details. Grades K–1

\$236 • \$216 w/ YMCA Membership

### Rookie Sports (Half Day AM\* or PM)

This camp is designed to introduce young campers to a variety of sports and games, including basketball, t-ball, soccer, and football! Campers will learn sport fundamentals, group games, and team play. Ages 4–6 \$98 • \$88 w/ YMCA Membership

Half-day camp runs 9:30–11:30 a.m. and 1:30–3:30 p.m.

### Soccer (Half/Full Day)

Develop dribbling, passing, and shooting skills. Get ready for PK shootouts, world cup, and scrimmages. Please bring shin guards and tennis shoes or cleats. Grades 1–6 Full–day: \$226 • \$206 w/ YMCA Membership Half–day: \$106 • \$96 w/ YMCA Membership

Half-day camp runs 9:00 a.m.–12:00 p.m.

### Touch Rugby (Half Day\*)

The Y is partnering with the Missoula Youth Rugby Association to bring you an introduction to touch rugby. Through non-contact drills and scrimmages campers will learn basic ball handling and passing skills, game rules, and strategies. All genders welcome! Grades 3–6 \$116 • \$106 w/ YMCA Membership Half-day camp runs 9:00 a.m.-12:00 p.m.

### ZooTown

Take a trip down memory lane as we unearth a week of Montana history, while making a little of our own. Lake outings, group games, swimming, and crafts give the camp a familiar feel, while weekly camp themes spice up the summer. Grades 1–7

\$226 • \$206 w/ YMCA Membership

# WEEK 3: JUNE 26–30 Dinoburgers

### Fly Fishing (Half Day\*)

Learn about basic equipment, casting, fish and bug types, and fly and knot tying. Catch fish at local streams and ponds! Fly rods provided. Grades 3–5

> \$116 • \$106 w/ YMCA Membership Half-day camp runs 9:00 a.m.-12:00 p.m.

### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, swimming, and more. See page 4 for details. Grades K–1

\$236 • \$216 w/ YMCA Membership

### Multi-Sport (Half/Full Day)

Learn the basics of basketball, soccer, baseball, football, and a variety of other sports. Enjoy a week-long Olympicstyle competition of relays, group games, and team contests. Grades 1-6

Full-day: \$226 • \$206 w/ YMCA Membership Half-day: \$106 • \$93 w/ YMCA Membership Half-day camp runs 9:00 a.m.-12:00 p.m.

### MVP Basketball (Half Day\*)

Advanced drills will focus on improving dribbling, passing, shooting, defense, and game strategy skills. Group games contests, and scrimmaging. For campers familiar with basketball fundamentals. Space is limited. Grades 4–7

\$106 • \$96 w/ YMCA Membership

Half-day camp runs 9:00 a.m.-12:00 p.m.

### SummerTime Tots

A half-day camp option for our youngest campers.Campers must be fully toilet trained. See page 4 for details. Age 4

**\$109 • \$99 w/ YMCA Membership** Half-day camp runs 9:00 a.m.–1:00 p.m. Not eligible for afternoon camp add-ons.

### ZooTown

Order up! Neanderthals gotta eat too you know! Slap a Triceratops patty on the grill for a week of prehistoric cooking! Lake outings, group games, swimming, and crafts give the camp a familiar feel, while weekly camp themes spice up the summer. Grades 1–7

\$226 • \$206 w/ YMCA Membership

\*Afternoon camp add-on available. See page 7 for details.

### **Mad Scientists**

Is it magic or science? Mix chemicals, calculate equations, and uncover the answer to this question and more. Explore the fascinating disciplines of chemistry, engineering, physics, and biology! Put on your lab coat and fasten your safety goggles to get ready for a week of mad science! Grades 4–7

\$266 • \$246 w/ YMCA Membership

### **NEW!** Teen Culinary

Get creative in the kitchen! Join us for a week of cooking tasty food in the Missoula Food Bank community kitchen. Create your own cookbook, visit local gardens, and learn about nutrition. Grades 7+ \$266 • \$246 w/ YMCA Membership

## WEEK 4: JULY 5–7\* Weird Owl's Musical Menagerie \*No camp on Monday and Tuesday (July 3–4)

### Baseball/Softball (Half/Full Day)

Develop your throwing, fielding, hitting, and base running skills. Join us for fun competitions, scrimmaging, and the Home Run derby! Please bring a mitt to camp (we have some to lend if needed). Bats will be provided. Leave yours at home. Grades 1–6

> Full-day: \$136 • \$124 w/ YMCA Membership Half-day: \$64 • \$58 w/ YMCA Membership Half-day camp runs 9:00 a.m.–12:00 p.m.

### NEW! Pickleball (Half Day\*)

Join us for an introduction to the fastest growing sport in America. Campers will learn basic strokes and paddle skills, footwork, rules, and scoring. Space is limited. Grades 3–6

> **\$70 • \$64 w/ YMCA Membership** Half-day camp runs 9:00 a.m.-12:00 p.m.

### SummerTime Tots

A half-day camp option for our youngest campers.Campers must be fully toilet trained. See page 4 for details. Age 4 \$65 • \$59 w/ YMCA Membership Half-day camp runs 9:00 a.m.-1:00 p.m.

Not eligible for afternoon camp add-ons.

### **Teen Big Sky Adventures**

Raft, swim, hike, and climb in our Teen Big Sky Adventures day camp! It's a partial week of adventures to some of Missoula's favorite outdoor spots. Grades 7+ \$248 • \$236 w/ YMCA Membership

### Trail Running (Half Day\*)

Spend the week running and exploring Missoula's trails! Learn the basics of training and nutrition, and play fun group games. Campers will complete in their own fun run event at the end of the week! Grades 3–6

> **\$70 • \$64 w/ YMCA Membership** Half-day camp runs 9:00 a.m.–12:00 p.m.

### ZooTown

Tune your banjo and grab your accordion for a week of musical parody and jungle buffoonery. Lake outings, group games, swimming, and crafts give the camp a familiar feel, while weekly camp themes spice up the summer. Grades 1–7 \$136 • \$124 w/ YMCA Membership

\*Afternoon camp add-on available. See page 7 for details.

### **Junior Crafts & Creations**

Dive into the wide world of crafting. Paper mache, sign making, origami, and more. At the end of the week, campers will have the option to sell projects in a craft fair at the camp store, or bring home any projects they choose to keep. Grades 2–3

\$160 • \$148 w/ YMCA Membership

KinderCamps YMCA & Hellgate) Outdoor activities, field trips, story time, crafts, group games, swimming, and more. See page 4 for details. Grades K–1 \$142 • \$130 w/ YMCA Membership

# WEEK 5: JULY 10–14 Super Secret Holiday



### Active 6 (Half Day\*)

Engage with other middle-schoolers through games and sports, gain independence, and learn ways to stay active and healthy. Grades 6-7

\$25 w/ FREE Active 6 Membership\*\* Half-day camp runs 9:00 a.m.–12:00 p.m. \*\*Visit ymcamissoula.org to learn more about free Active 6.

### Dance (Half Day) & Rookie Dance (Half Day\*)

Spend a week trying various styles of dance including, ballet, modern, and jazz. The group will learn a routine together to perform at the end of the week for families!

\$116 • \$106 w/ YMCA Membership

Ages 4–6—Half-day\* camp runs 9:30 a.m.–12:00p.m. Ages 7–13—Half-day camp runs 1:00–3:30 p.m.

### **Junior Music**

Get ready to make some music! Build instruments, hear from local musicians, sample a variety of instruments, and more. Each camper gets their very own recorder to keep. Grades 2–3

\$266 • \$246 w/ YMCA Membership

### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, swimming, and more. See page 4 for details. Grades K–1

### \$236 • \$216 w/ YMCA Membership

### MVP Basketball (Half Day\*)

Advanced drills will focus on improving dribbling, passing, shooting, defense, and game strategy skills. Group games, contests, and scrimmaging. For campers familiar with basketball fundamentals. Space is limited. Grades 4–7

> \$106 • \$96 w/ YMCA Membership Half-day camp runs 9:00 a.m.–12:00 p.m.

### Soccer (Half/Full Day)

Develop dribbling, passing, and shooting skills. Get ready for PK shootouts, world cup, and scrimmages. Please bring shin guards and tennis shoes or cleats. Grades 1–6

Full-day: \$226 • \$206 w/ YMCA Membership Half-day: \$106 • \$96 w/ YMCA Membership Half-day camp runs 9:00 a.m.-12:00 p.m.

### ZooTown

Secret spies are celebrating a secret holiday this week. Can you solve the mystery of which holiday it is, before it's too late? Lake outings, group games, swimming, and crafts give the camp a familiar feel, while weekly camp themes spice up the summer. Grades 1–7

\$226 • \$206 w/ YMCA Membership

\*Afternoon camp add-on available. See page 7 for details.

# WEEK 6: JULY 17–21 Trek Wars

### Babysitting 101 (Half Day\*)

Develop the skills to be an engaging and safety-conscious babysitter. Study alongside peers and engage YMCA child care staff in conversation about working with children. Receive CPR training and bring home your very own babysitting tool kit! Grades 6+

> \$156 • \$146 w/ YMCA Membership Half-day camp runs 9:00 a.m.-12:00 p.m.

### **Camp Ponderosa**

Blast off into a week of sci-fun that is out of this world! Travel to CampLand for gaga ball, our low ropes course, archery, and other outdoor activities! Afternoon swims and weekly trips to local lakes give the camp a familiar feel while activities based on the weekly theme keep each week feeling fresh. Grades 1–7

\$226 • \$206 w/ YMCA Membership

### Fly Fishing (Half Day\*)

Learn about basic equipment, casting, fish and bug types, and fly and knot tying. Catch fish at local streams and ponds! Fly rods provided. Grades 3–5

> \$116 • \$106 w/ YMCA Membership Half-day camp runs 9:00 a.m.-12:00 p.m.

### **Junior Big Sky Adventures**

Raft, swim, hike, and climb in our Junior Big Sky Adventures day camp! It's a full week of adventures to some of Missoula's favorite outdoor spots. Grades 2–3 \$296 • \$276 w/ YMCA Membership

### MVP Soccer (Half Day\*)

Advanced drills will focus on improving on dribbling, passing, shooting, defense, and game strategy. Group games, contests, and scrimmaging. For campers familiar with soccer fundamentals. Space is limited. Grades 4–7

\$106 • \$96 w/ YMCA Membership

Half-day camp runs 9:00 a.m.-12:00 p.m.

### **Space Explorers**

Travel into space for a week of STEM camp that includes rocket building, drone flight, a trip to the planetarium, and RC rovers. Finish the week off with a mission simulation using all of our new skills. Grades 4–7

\$266 • \$246 w/ YMCA Membership

### SummerTime Tots

A half-day camp option for our youngest campers.Campers must be fully toilet trained. See page 4 for details. Age 4 \$109 • \$99 w/ YMCA Membership Half-day camp runs 9:00 a.m.–1:00 p.m. Not eligible for afternoon camp add-ons.

### Volleyball (Half Day\*)

Bump, set, and spike in Volleyball Camp! Campers will learn the fundamentals of passing, setting, hitting, serving, and defense. Learn basic rotations and strategies while working your way up to the end of the week championship scrimmage. Grades 3–6

> \$116 • \$106 w/ YMCA Membership Half-day camp runs 9:00 a.m.-12:00 p.m.



\*Afternoon camp add-on available. See page 7 for details.

### Flag Football

Learn football skills through fun drills, competitions, obstacle courses, and scrimmaging. Camper s will learn specifics about positions, formations, and types of plays. Football camp begins with Signing Day and ends with the Super Bowl! Grades 1–6 Full–day: \$226 • \$206 w/ YMCA Membership Half–day: \$106 • \$96 w/ YMCA Membership Half–day camp runs 9:00 a.m.–12:00 p.m.

### **KinderCamps**

Outdoor activities, field trips, story time, crafts, group games, swimming, and more. See page 4 for details. Grades K–1 \$236 • \$216 w/ YMCA Membership

# WEEK 7: JULY 24–28 Earth's Mightiest Insects

### **Junior Arthropod Athletics**

The Y is partnering with the Missoula Butterfly House & Insectarium to bring you Junior Arthropod Athletics! Discover all of the amazing feats bugs can do. Grades 2–3 \$296 • \$276 w/ YMCA Membership

### **Camp Ponderosa**

Super strength and flight? Meet some of the tiniest superheroes inhabiting our planet in this week of creepy crawly comic book fun! Travel to CampLand for gaga ball, our low ropes course, archery, and other outdoor activities! Afternoon swims and weekly trips to local lakes give the camp a familiar feel while activities based on the weekly theme keep each week feeling fresh. Grades 1–7

\$226 • \$206 w/ YMCA Membership

### Climbing

Reach new heights as you learn climbing safety, knot tying, belaying, and all the skills needed to safely scale Missoula's local rock faces. Climb indoors at the YMCA and outdoors at local favorite climbing spots. Grades 4–6 \$296 • \$276 w/ YMCA Membership

### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, swimming, and more. See page 4 for details. Grades K–1

\$236 • \$216 w/ YMCA Membership

### **Outdoor Recreation**

Experience recreation and develop lifelong hobbies in one of the best cities to explore the great outdoors! Activities will include hiking, disc golfing, climbing, archery, lawn games, and a variety of outdoor sports. Grades 1–6

\$226 • \$206 w/ YMCA Membership

### Rookie Gymnastics (Half Day AM\* or PM)

Develop creative movement using mats, balance beams, and spring boards. Campers will learn tumbling, handstands, and cartwheels. The group will learn a routine together to perform for families at the end of the week! Ages 4–6

\$98 • \$88 w/ YMCA Membership Half-day camp runs 9:30–11:30 a.m. or 1:30–3:30 p.m. \*Afternoon camp add-on available. See page 7 for details.

### Teen Equestrian Leadership (Half Day)

The Y is partnering with Montana Reins of Hope to offer teens an opportunity to grow as leaders while also learning to work with horses. Through the interactive Wild 2 Ride curriculum youth will be inspired to reach their leadership potential achieving greater focus, self-awareness, and gaining an internal sense of self-empowerment. Grades 7+ \$396 • \$376 w/ YMCA Membership Half-day camp runs 9:00 a.m.-12:00 p.m.

### Theater

Break a leg! Campers will engage in all aspects of the theater, including casting roles, building props and sets, and rehearsing and performing their play for families at the end of the week. Grades 4–7

\$266 • \$246 w/ YMCA Membership

# WEEK 8: JULY 31–AUGUST 4 Curse of the Jungle Dice

### Basketball (Half/Full Day)

Learn basketball fundamentals such as dribbling, passing, shooting, and defense. This week is filled with drills, contests, shooting games, and scrimmaging! Bring gym shoes and a water bottle. Grades 1–6

> Full-day: \$226 • \$206 w/ YMCA Membership Half-day: \$106 • \$96 w/ YMCA Membership Half-day camp runs 9:00 a.m.-12:00 p.m.

### **Big Sky Adventures**

Raft, swim, hike, and climb in our Big Sky Adventures day camp! It's a full week of adventures to some of Missoula's favorite outdoor spots. Grades 4–6

\$296 • \$276 w/ YMCA Membership

### **Junior Culinary**

Get creative in the kitchen! Join us for a week of cooking tasty food in the Missoula Food Bank community kitchen. Create your own cookbook, visit local gardens, and learn about nutrition. Grades 2–3

\$266 • \$246 w/ YMCA Membership

### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, swimming, and more. See page 4 for details. Grades K–1

\$236 • \$216 w/ YMCA Membership

### Track & Field (Half Day\*)

An introduction to track and field events with fun group games and contests. Practice sprints, middle-distance running, relays, jumping, and throwing. Learn the basics of training and nutrition. Compete in a field day at the end of the week! Grades 2–6

> \$116 • \$106 w/ YMCA Membership Half-day camp runs 9:00 a.m.-12:00 p.m.

### **Camp Ponderosa**

"In the jungle you must wait 'til the dice read 5 or 8!" Travel to CampLand for gaga ball, our low ropes course, archery, and other outdoor activities during this Jumanji-inspired week! Afternoon swims and weekly trips to local lakes give the camp a familiar feel while activities based on the weekly theme keep each week feeling fresh. Grades 1–7

\$226 • \$206 w/ YMCA Membership

### MVP Football (Half Day\*)

Advanced drills will focus on improving passing, receiving, rushing, and defensive skills. Learn positions, formations, and game strategies. Group games, contests, and scrimmaging. For campers familiar with football fundamentals. Space is limited. Grades 4–7

> \$106 • \$96 w/ YMCA Membership Half-day camp runs 9:00 a.m.-12:00 p.m.

### SummerTime Tots

A half-day camp option for our youngest campers.Campers must be fully toilet trained. See page 4 for details. Age 4

**\$109 • \$99 w/ YMCA Membership** Half-day camp runs 9:00 a.m.–1:00 p.m. Not eligible for afternoon camp add-ons.

### Teen Tabletop Games (Half Day\*)

In an era of digital gaming, nothing beats sitting down at a table with friends for a game. Join us for week of RPGs, board games, dice games, card games, and more! Make new friends or learn new games. We'll have something for everyone. Grades 7+

> **\$156 • \$146 w/ YMCA Membership** Half-day camp runs 9:00 a.m.-12:00 p.m.

\*Afternoon camp add-on available. See page 7 for details.



# WEEK 9: AUGUST 7–11 Wizards & Demigods



### Art

Explore using a variety of art mediums and practice new techniques, all while learning the elements of design. We'll connect with the art museum and other artistic attractions around Missoula. Grades 4–7

\$266 • \$246 w/ YMCA Members

### Babysitting 101 (Half Day\*)

Develop the skills to be an engaging and safety-conscious babysitter. Study alongside peers and engage YMCA child care staff in conversation about working with children. Receive CPR training and bring home your very own babysitting tool kit! Grades 6+

> \$156 • \$146 w/ YMCA Membership Half-day camp runs 9:00 a.m.-12:00 p.m.

### Baseball/Softball (Half/Full Day)

Develop your throwing, fielding, hitting, and base running skills. Join us for fun competitions, scrimmaging, and the Home Run derby! Please bring a mitt to camp (we have some to lend if needed). Bats will be provided. Leave yours at home. Grades 1–6

> Full-day: \$226 • \$206 w/ YMCA Membership Half-day: \$106 • \$96 w/ YMCA Membership Half-day camp runs 9:00 a.m.-12:00 p.m.

### **Junior Climbing**

Reach new heights as you learn climbing safety, knot tying, belaying, and all the skills needed to safely scale Missoula's local rock faces. Climb indoors at the YMCA and outdoors at local favorite climbing spots. Grades 2–3 \$296 • \$276 w/ YMCA Membership

### **Camp Ponderosa**

Our favorite books come to life in this week of magic and mystery! Conjure up some camp spirit for a week of dragon-slaying, lightning stealing fun! Travel to CampLand for gaga ball, our low ropes course, archery, and other outdoor activities! Afternoon swims and weekly trips to local lakes give the camp a familiar feel while activities based on the weekly theme keep each week feeling fresh. Grades 1-7

\$226 • \$206 w/ YMCA Membership

### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, swimming, and more. See page 4 for details. Grades K–1

\$236 • \$216 w/ YMCA Membership

### NEW! MVP Baseball/Softball (Half Day\*)

Advanced drills will focus on throwing, fielding, hitting, and base running skills. Join us for fun competitions, scrimmaging, and the Home Run derby! For campers familiar with baseball fundamentals. Space is limited. Grades 4–7

> **\$106 • \$96 w/ YMCA Membership** Half-day camp runs 9:00 a.m.–12:00 p.m.

### Rookie Sports (AM\* & PM options)

This camp is designed to introduce young campers to a variety of sports and games, including basketball, t-ball, soccer, and football! Campers will learn sport fundamentals, group games, and team play. Ages 4–6 \$98 • \$88 w/ YMCA Membership

Half-day camp runs 9:30–11:30 a.m. or 1:30–3:30 p.m.

### NEW! Super Skippers (Half Day\*)

The Y is partnering with Montana Super Skippers to put on this camp! Children of all skill levels are welcome to join. Jumpers learn skills with single ropes, double dutch, and long rope all while having fun, gaining confidence, and improving their coordination. Grades 1–5

\$121 • \$111 w/ YMCA Membership Half-day camp runs 9:00 a.m.-12:00 p.m.

# WEEK 10: AUGUST 14–18 Sir Reginald's Obscure Sports Almanac

### Active 6 (Half Day)

Engage with other middle-schoolers through games and sports, gain independence, and learn ways to stay active and healthy. Grades 6–7

\$25 w/ FREE Active 6 Membership\*\* Half-day camp runs 9:00 a.m.–12:00 p.m. \*\*Visit ymcamissoula.org to learn more about free Active 6.

### **Camp Ponderosa**

While documenting every sport known to humankind, Sir Reginald has discovered some sports, considered by some to be....silly. Tee up for a week of absurd and obscure games and competitions! Travel to CampLand for gaga ball, our low ropes course, archery, and other outdoor activities! Afternoon swims and weekly trips to local lakes give the camp a familiar feel while activities based on the weekly theme keep each week feeling fresh. Grades 1-7 \$226 • \$206 w/ YMCA Membership

Junior Big Sky Adventures

Raft, swim, hike, and climb in our Junior Big Sky Adventures day camp! It's a full week of adventures to some of Missoula's favorite outdoor spots. Grades 2–3 \$296 • \$276 w/ YMCA Membership

### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, swimming, and more. See page 4 for details. Grades K–1

\$236 • \$216 w/ YMCA Membership

### SummerTime Tots

A half-day camp option for our youngest campers.Campers must be fully toilet trained. See page 4 for details. Age 4 \$109 • \$99 w/ YMCA Membership Half-day camp runs 9:00 a.m.-1:00 p.m.

Not eligible for afternoon camp add-ons.

### Theater

Break a leg! Campers will engage in all aspects of the theater, including casting roles, building props and sets, and rehearsing and performing their play for families at the end of the week. Grades 4–7

\$266 • \$246 w/ YMCA Membership

There are no afternoon add-ons during Weeks 10 and 11.

### Multi-Sport (Half/Full Day)

Learn the basics of basketball, soccer, baseball, football, and a variety of other sports. Enjoy a week-long Olympic-style competition of relays, group games, and team contests. Grades 1–6 Full-day: \$226 • \$206 w/ YMCA Membership Half-day: \$106 • \$96 w/ YMCA Membership Half-day camp runs 9:00 a.m.-12:00 p.m.

# WEEK 11: AUGUST 21–25 Slimy Sea Monsters



### **Camp Ponderosa**

Nessie and the Kraken are throwing a barnacle block party. Dive into a week of mystical mermaids and eclectic electric eels! Travel to CampLand for gaga ball, our low ropes course, archery, and other outdoor activities! Afternoon swims and weekly trips to local lakes give the camp a familiar feel while activities based on the weekly theme keep each week feeling fresh. Grades 1–7

\$226 • \$206 w/ YMCA Membership

### Culinary

Get creative in the kitchen! Join us for a week of cooking tasty food in the Missoula Food Bank community kitchen. Create your own cookbook, visit local gardens, and learn about nutrition. Grades 4–6

\$266 • \$246 w/ YMCA Membership

### KinderKubs (YMCA Only)

Outdoor activities, field trips, story time, crafts, group games, swimming, and more. See page 4 for details. Grades K–1

\$236 • \$216 w/ YMCA Membership

### SummerTime Tots

A half-day camp option for our youngest campers. Campers must be fully toilet trained. See page 4 for details. Age 4

> \$109 • \$99 w/ YMCA Membership Half-day camp runs 9:00 a.m.–1:00 p.m. Not eligible for afternoon camp add-ons.

### **Teen Climbing**

Reach new heights as you learn climbing safety, knot tying, belaying, and all the skills needed to safely scale Missoula's local rock faces. Climb indoors at the YMCA and outdoors at local favorite climbing spots. Grades 7+ \$296 • \$276 w/ YMCA Membership

### **Topnotch Trick Shots**

Join us for a week of individual challenges and friendly competitions. Young athletes will have a chance to show their creative side while coming up with trick shots for a variety of sports. Along with daily contests, campers will also play group games. Grades 2–6

\$226 • \$206 w/ YMCA Membership

# YMCA AFTER SCHOOL & SCHOOL'S OUT DAY CAMPS

### **After School**

Continue the fun with familiar staff and quality after school care! Our program provides healthy snacks, aerobic activity, responsible counselors, and a variety of enriching activities including STEM, arts and crafts, and games in a small group setting. Care is provided onsite at your child's school or at a nearby location. Best Beginnings scholarships accepted.

### School's Out Day Camp

It's a day of camp during the school year! Camp is available on most MCPS & Hellgate Elementary School holidays.



### 2023-24 After School Care

Advanced registration is required for all programs. Open to grades K–5. Financial assistance is available. Contact schoolage@ymcamissoula.org for information or to register your child. YMCA Afterschool is a program licensed through the State of Montana and accepts Best Beginnings scholarships. Learn more at childcareresources.org/families/paying-for-child-care/.

Participating Elementary Schools Chief Charlo Hellgate Jeannette Rankin Lewis & Clark Paxson CM Russell

### **Monthly Pricing**

YMCA Afterschool is a monthly program. Registration is ongoing and fees are automatically withdrawn monthly.

5 days/wk.....\$347 4 days/wk.....\$297 3 days/wk.....\$247 2 days/wk.....\$197

### 2023-24 School's Out Day Camp

Care is offered at the YMCA from 7:30 a.m.-6:00 p.m. and includes breakfast, lunch, and an afternoon snack. Grades K-6

### **Daily Pricing**

\$45 • \$41 w/ YMCA Membership • \$53 Late Registration (fewer than two weeks before program date)

### School's Out Day Camp Dates

	-	
August 28		October 20
August 29		November 9 (half day)
October 19		November 10
		November 22

December 22 December 26– 29 January 15 February 12 February 19 March 14 (half day) March 15 March 18-22

### **Registrations, Deposits, and Financial Assistance**

Register in person at the YMCA, over the phone, or online at ymcamissoula.org. A one-time \$15 registration fee is required for each camper. A non-refundable, non-transferable \$25 deposit per camp is due at the time of registration. This deposit is required to hold your child's place and will be applied to the total balance due. The balance of each camp is due no later than one week prior to the first day of each camp session. Unpaid balances during this week will result in your child's spot in the camp being forfeited. Turn to page 6 for information on licensed summer camp registration, financial assistance, and fee schedules.

We pride ourselves on working with families and community organizations to offer camp experiences for all children, regardless of ability to pay. Financial assistance is available for YMCA Summer Camp. Applications are available at the YMCA Welcome Center or online at ymcamissoula.org. Financial assistance applications must be completed and approved prior to registration. Please allow 7 days to process applications.

Scheduled auto-draft payments are required.

Week	1	2	3	4	5	6	7	8	9	10	11
Pmnt. due by 5:00 p.m.	June 5	June 12	June 19	June 26	July 3	July 10	July 17	July 24	July 30	Aug. 7	Aug. 14

### Attendance, Refunds, and Credits

Unless noted, all Missoula YMCA Summer Camps are week-long opportunities. In addition to standard YMCA policies, participants are subject to the following:

- Deposits and one-time registration fees are non-refundable and non-transferable.
- Cancellations and transfers must be made more than one week before camp dates to be eligible for credits minus the deposit.
- No credits or refunds will be given for cancellations or transfers made less than one week prior to camp.
- Credits or refunds will only be issued if a parent/guardian provides written or verbal notice to a Camp Director, even if a child does not attend.
- Changes in schedules or registrations must be approved by the Camp Director.
- If your child is expelled from YMCA Camp as a result of behavioral concerns, a refund (minus deposits) will be issued for all registered camp sessions starting the full week after expulsion.
- For questions about Camp Imagination or Camp Horizon, contact us at schoolage@ymcamissoula.org.

### **Camper Check Out**

Photo ID is required for every checkout every time. Many camp activities take place off site. Any authorized adult wishing to check out a full-day camper before 4:30 p.m. must arrange checkout details in advance with camp staff.

Families will be charged a late fee of \$30/child for any checkouts after 6:00 p.m. (5:30 p.m. for camps at Hellgate Elementary). Camp registration may be suspended if balances are not paid within 5 business days. The camper will remain with two adult counselors at all times. The following steps will be taken should a camper not be picked up:

- 1. Every effort will be made to reach parent(s)/guardian(s) via provided phone numbers.
- 2. Alternate emergency contacts will be called if primary contacts can't be reached.
- 3. In the event that no one can be reached 30 minutes after programs end, the police will be notified.



### **Food and Purchases**

Breakfast and lunch are provided through Missoula County Public Schools' Summer Food Service Program, and a nutritious afternoon snack is provided through our participation in the USDA Child and Adult Care Food Program (CACFP). Additional food items are provided through a partnership with the Missoula Food Bank. Breakfast is offered from 7:30–8:45 a.m. Sack lunches and milk are offered at lunchtime, and an afternoon snack is provided before 4:30 p.m. Food also follows the YMCA's HEPA (Healthy Eating and Physical Activity) Standards and includes at least one serving of fruit or vegetable and one serving of whole grain.

Campers in the YMCA's care are not permitted to purchase items from stores or vending machines. Do not send money with your child. If you would like to purchase a snack for your child, do so before checking your child into camp.

### Inclusion

All Missoula YMCA programs operate in accordance with all state and federal policies. We work to ensure that everyone, regardless of ability, age, cultural background, ethnicity, faith, gender, gender identity, ideology, income, national origin, race, or sexual orientation has the opportunity to reach their full potential with dignity.

YMCA Summer Camps are designed to provide accessibility for children with moderate visual, auditory, orthopedic, mental, and emotional challenges. Call Camp Directors to discuss your child's specific needs prior to registering.

### **Safety and Supervision**

All camp staff are certified in CPR and First Aid, and participate in a week-long training of YMCA policies and procedures. Campers are supervised by staff at all times. At no time will one YMCA staff member be alone with one child. At no time will YMCA Junior Counselors supervise campers without a YMCA Camp Counselor present.

When transporting campers, YMCA staff follow a Child Safety System that requires staff to conduct vehicle sweeps to ensure no child is left on board when the destination is reached. Every bus is equipped with booster seats for campers who weigh fewer than 60 lbs and/or are under six years old. Booster seat assignments are based on information provided at registration. Contact a Camp Director if this information has changed.

For campers' safety, no unauthorized person will be permitted to enter YMCA camp areas, interact with campers, or pick up a camper from camp programming. Only persons designated by a parent or legal guardian on the camp registration form will be authorized to interact with campers or have a camper released into their care. A photo ID is required every time when picking up a camper. This policy applies to all campers.

### **Behavior Management and Expectations**

Camp staff are trained to use behavior management techniques that include positive guidance and redirection. Staff are also trained to set clear limits and expectations. Campers are held accountable for their actions and are expected to adhere to the YMCA's four core values of Honesty, Caring, Respect, and Responsibility.

Camps are designed for group participation and interaction. Attempts to correct negative or disruptive behavior may include action plans, behavior contracts, and parent/guardian meetings. Behavior that disrupts programming, endangers self or others, disrespects property, or requires repeated one-to-one attention from staff may result in the camper being suspended and/or expelled from camp.

### Emergencies, Wildlife, and Inherent Risk

Any camper involved in an emergency situation will immediately be attended to by YMCA staff. First aid and/or CPR will be administered, and an ambulance will be called if necessary. YMCA staff will contact the Camp Director and the child's emergency contact(s) listed on the registration form.

YMCA Summer Camps offer children opportunities to visit and explore natural areas. Should wildlife be encountered or wildlife situations escalate, camp staff will place themselves between all campers and the animal. Campers will then be moved to a safe area, and FWP will be contacted if necessary.

YMCA Summer Camps include activities with inherent risks such as hiking, rafting, cycling, sports, climbing, archery, BB guns, rope courses and more. YMCA staff are trained to provide the safest possible experience for all campers.

### Weather and Air Quality

Weather is monitored and camp schedules are subject to change. If the weather is warm and rain is light, outdoor activities will continue as planned. Pack a raincoat and an extra set of clothes. Activities will be adapted and moved indoors during more inclement weather. In the case of severe weather, all campers will remain at an official Missoula YMCA location or safe area. Do not come to the YMCA to retrieve your camper until severe weather has passed.

During periods of heavy fire and smoke, air quality is monitored via the Missoula City-County Health Department. Camp activities will be adjusted as needed. All campers will be kept indoors at air quality Stage 2 or above.



### **Medication**

Parents must notify a Camp Director if their child takes medication during the camp day. Medicine, its schedule, and a completed Authorization to Administer Medication form must be turned into camp staff on the first day of camp. Any medication to be administered at camp must be accompanied by a signed doctor's note or prescription container with specific instructions, dosage amounts, and dosage times. No over-the-counter medications will be given to campers without prior parental approval. All unused medicine not retrieved by the parent or legal guardian will be locked up and discarded one week after the camper's last day of camp. Insurance for health-related matters must be covered by the parent or legal guardian.

### Illness

Keep sick children home and notify YMCA Summer Camp of their absence by calling 721–9622. Children who have had diarrhea or a fever, had a positive COVID test, or who have vomited within the last 24 hours cannot attend camp. Parents/ guardians will be notified immediately if a camper becomes ill while at camp. Parents/guardians are expected to arrange immediate pickup of ill campers. Campers who become ill at camp will be cared for away from the group by staff until an authorized adult picks them up. Children with (or showing signs/symptoms of) a communicable illness cannot attend camp until they have been evaluated by a healthcare professional. Camp Directors must receive written approval by a healthcare professional before children return to camp.

As a reminder: Refunds and credits will not be issued for single-day based absence and/or illnesses.

### **Insect Repellent and Sunscreen**

Bring sunscreen and insect repellent to camp each day. Before going outside, or every two hours outside, camp staff will monitor every camper applying sunscreen. Camp staff will provide sunscreen for any camper who forgets or runs out. Indicate at registration if you would prefer the YMCA not to provide sunscreen/insect repellent to your camper.

### **USDA Food Program and Permits**

As a participant in the United States Department of Agriculture (USDA) Food Program, the YMCA makes afternoon snack available to enrolled children following USDA Child and Adult Care Food Program (CACFP) guidelines.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at 800–877–8339. Program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027) found Online. You can also file that complaint at any USDA office or write a letter addressed to USDA. If you send a letter, provide all of the information requested in the form. To request a copy of the complaint form, call 866-632-9992. You can submit your completed form of letter to USDA by mail, fax or email.

The Missoula Family YMCA is permitted by the Bitterroot and Lolo National Forests.



# **ALWAYS EXPLORING!**

Choose from a variety of camps including sports, adventure, art, and more. Campers will enjoy field trips to local parks, lake days, and activities. Sign your camper up at ymcamissoula.org.



### **YMCA Summer Camp Sponsors**













