



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Missoula YMCA Adaptive Program

## January 2023

Register For All Programs at the YMCA  
Welcome Desk or Michael @532-6267

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 *Indicates Program is open to all YMCA members and won't have adaptive staff on hand.	2	3	4 Court Sports 3:30-4:30PM Conference Room Board Games	5 Bowling West Side Lanes 3PM-5PM	6	7 *Open Swim 1PM-5:30
8	9	10	11 Court Sports 3:30-4:30PM Big Gym	12 Bowling West Side Lanes 3PM-5PM	13	14 *Open Swim 1PM-5:30
15	16	17	18 Court Sports 3:30-4:30 PM Big Gym	19 Bowling West Side Lanes 3PM-5PM	20	21 *Open Swim 1PM-5:30
22	23	24	25 Court Sports 3:30-4:30PM Big Gym	26 Bowling West Side Lanes 3PM-5PM	27	28 *Open Swim 1PM-5:30
29	30	31				