



FOR YOUTH DEVELOPMENT[®]
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OPEN SWIM RULES

- No running on the blue deck. Walking feet only.
- No jumping from the blue deck. Jump from the gutter only.
- No diving or belly flops in the shallow end. Dive from 9+ feet only.
- No flips, spins, twists, or backwards jumps when entering the pool. Face the pool and jump feet-first.
- No rough play is allowed, including throwing, elbowing, or pushing others under the water.
- Noodles, balls, and life jackets must stay in the shallow end.
- Do not smack noodles on the water or against other swimmers.
- Keep your mouth off the noodles, balls, and toys.
- No more than two noodles per person at a time.
- No monofins/mermaid fins, floating mats, or motorized swimming devices.
- Fins (flippers) and kickboards are for lap use only and not allowed in open swim.
- All inflatable/flotation toys must be U.S. Coast Guard approved. No large toys. Small outside toys are OK.
- Swim lesson equipment is for swim lessons only.
- Do not hang on the lane lines, deep-end ropes, or other swimmers (including counselors).
- Stay clear of the steps!
- Children ages 0–6 must be within arm's reach of a responsible person age 14+.
- Swim tests are required for anyone under age 14 to enter the deep end. Ask a lifeguard to test you.
- Our pool is a popular place. Please check the schedule for Open Swim times before entering the pool or ask a lifeguard for assistance.