



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



WHERE EVERYONE BELONGS

2018 Annual Report
GREATER MISSOULA FAMILY YMCA

A MESSAGE FROM THE BOARD

Dear Friends of the Missoula Family YMCA,

As I see hundreds of kids charging onto fields to play Y soccer, I feel grateful for the volunteer coaches who won my own sons over with Sharks and Minnows, temporary tattoos, and blue face paint. Not only did my sons learn soccer skills, they also learned about sportsmanship. I found myself wanting every kid in Missoula to have the same opportunities that I wanted for my kids.

In a time of national division, the Y is bringing people together. It aims to embody its core values of caring, honesty, respect, and responsibility. In 2018, we welcomed Heather Foster as the Y's new CEO. Heather's strength in organizational leadership is matched only by her heart for our mission. When her leadership was immediately put to the test, she responded in a way that not only inspired the Y Board, but the entire city. She navigated our team in a transparent, caring, and professional way, demonstrating who the Y is, especially in the face of adversity. All agree that we have come through 2018 stronger on behalf of the community we serve.

I love helping to keep our promise that everyone belongs at the Y and that no one will be excluded by disadvantage. I'm especially proud that the Missoula Y is the largest provider of licensed childcare in Montana. Because of generous donor support, a single parent can go to school or work while their child grows in kindergarten readiness. The good just multiplies. In 2018, our Annual Support Campaign surpassed its goal by \$25,000, raising \$325,000 that supported thousands of children, families, and adults.

Already this year, the Board is excited to see the Y's impact on our city continue to grow. Thanks to you, we experienced record-breaking participation in our YMCA Riverbank Run. YMCA Summer Camps have already surpassed 2018's registration numbers. And, once again, we have exceeded our Annual Support Campaign goal. On behalf of the Board of Directors, allow me to thank each YMCA member, donor, volunteer, and staff for your contributions on behalf of the youth and health of this city we love.

-Dan Cravy
President | Missoula Family YMCA Board of Directors



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As a child, I personally benefited from a YMCA's financial assistance program. Today, I'm proud to be part of a team giving back to this organization. The Missoula Y provides opportunities such as summer camp and youth sports to kids who would not otherwise have access.

ALPS strives to reinvest in our community and support our employees who live and work in Missoula. It is our hope that by supporting this great cause, others will also feel inspired to contribute.

We support the compassion that the Missoula Y shows to everyone, its inclusiveness to all, and the core values it represents and instills in young minds.

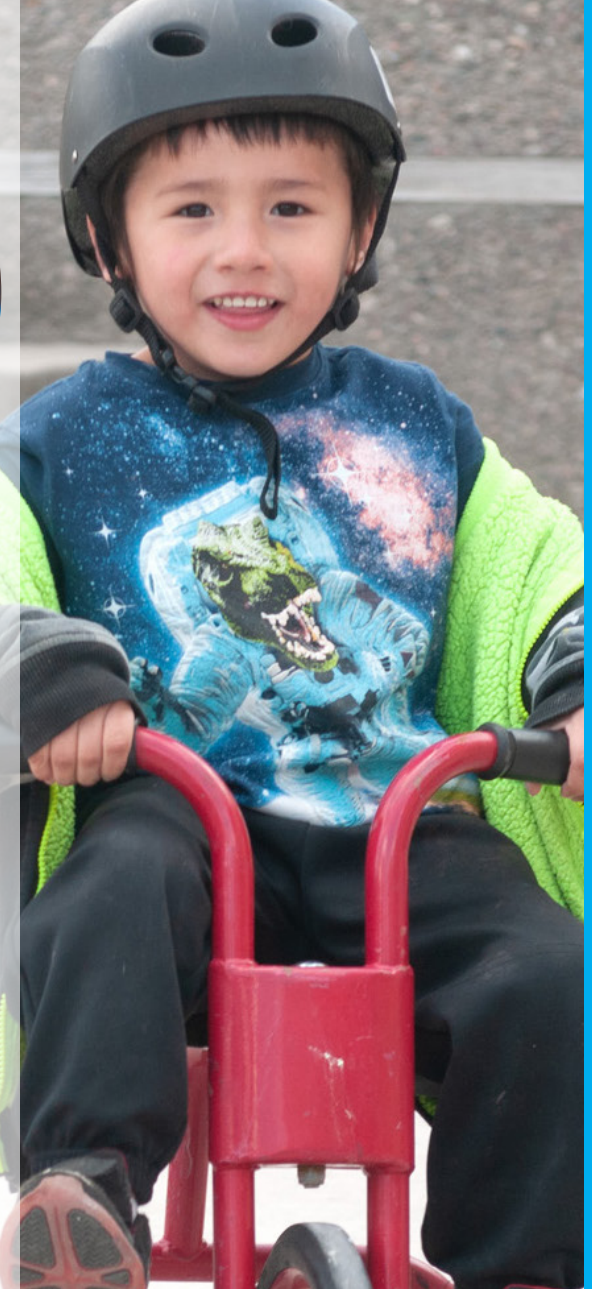


Eli Catton

Missoula YMCA Camp Director

As Camp Director, I like to ask campers for their opinions. Kids are typically very candid, so it's a great way for me to get feedback. I'm really excited to show this year's campers our expanded low ropes course and brand-new disc golf course at CampLand, our site along the Clark Fork River.

One of my favorite camp memories happened while driving a bus. One of the younger campers sitting behind me said, "It's pretty cool that the owner of the YMCA drives a bus." She assumed that since I was the boss of camps, I was the boss of the Y... and the boss of the Y must own the Y.



7,105 youth
soccer and
basketball
participants



7,664
adult sports
participants



24 youth
climbing team
participants



230 Active 6
members



720 summer
campers
37% of campers
received financial
assistance



Jen Barile

International Rescue Committee Resettlement Director

As Montana's only refugee resettlement agency, the IRC meets basic and immediate needs so refugees can thrive in Missoula. The Missoula Y has been crucial in helping us.

Opportunities like summer camp, after school, swim lessons, and family memberships have helped more than 80 refugee families increase their overall health and wellbeing. We are extremely grateful for the support the YMCA provides and are proud to partner with them to support refugees in Missoula!

Doug Reisig

Hellgate Elementary School Superintendent

More often than not, parents are forced to work outside the home to provide for their family with work hours that are far different than what existed only a generation ago.

For 25 years, the Missoula YMCA, in partnership with Hellgate Elementary, has provided a place for children to be cared for after school. Hellgate Elementary is blessed to have the Missoula YMCA provide on-campus after school care for our students. I am not sure what we would or could do without the Y.



179 children
attended the
Learning Center
11% received
financial assistance



86 children attended
the Development
Center
28% received
financial assistance



166 children
attended Y After
School
31% received
financial assistance



169 children
participated in
School's Out Day
Camp

Carrie, Shawn, Bridger, and Jackson Moe

Missoula YMCA Members and MYST Swimmers

The Missoula Family YMCA is one of the few places where the whole family can feel a sense of belonging at every stage of life. I felt support as a new mom. Being able to utilize the great care of the Y's Child Watch Center so I could workout was amazing!

When Bridger and Jackson got a little older, they started taking part in Y programs, like rookie sports. In the summer, they attended camps and, during the school year, Shawn and I volunteered as their Y soccer coaches. In addition to soccer, Bridger and Jackson also tried Y basketball, and have been on swim team since they were six and seven years old.

Now teenagers, they are regulars in the Health & Wellness Center and they each volunteer to coach the little kids on the swim team. The Y supports the family unit because it offers programs, camps, classes, and experiences to every age, youth through adult.

We realized that we had struck gold when we joined the swim team and met Coach Kirby. The best way to put it is by using my favorite expression of Coach Kirby's: "You can touch the wall first while still using all of your core values."

Think about that—Coach Kirby is teaching 100+ kids that they can be winners, while being respectful, caring, honest, and responsible. That entire message helps build the kids into better human beings.

We volunteer so much for the swim team because we hope that by taking some of the busy work off of the coaches' shoulders, they can reach more kids in Missoula. The more kids who are exposed to the Y and our swim team culture, the better Missoula will be. Every swimmer on that team—regardless of speed—feels valued and important. They each belong to a positive, hardworking, and fun team.

We are grateful to be members of the Y and to give our time because the Y has given so much to our family. The Y has helped our boys grow up into young adults who have learned that they can touch the wall first while leading with their core values.



Coach Kirby Beierle

Missoula YMCA Swim Team Head Coach

I love working at the Y because I have a front row seat in watching Missoula's youth grow into amazing humans.

When I was 19, I taught swim lessons to an adorable three-year-old named Claire. Claire was so delightful and so eager to learn that I was able to get her swimming on her own over the course of five weeks.

Claire swam for MYST and is now preparing to swim at the collegiate level. She's also a Y swim instructor. I was so proud watching her teach and seeing her work with kids in such a meaningful way at such a young age.

When my daughter Mylo turned three, I knew exactly who I wanted to be her first swim instructor. I was Claire's first swim teacher and, 14 years later, she was my daughter's.



538 3rd graders
attended the SPLASH!
water safety program
32% of participants
received financial
assistance



1,218
swim lessons
taught



192 Missoula
YMCA Swim Team
(MYST) participants



2 MYST relay teams
qualified to compete
in the Speed Series
Senior Sectional
Championship Meet

Bradley Lewis
Missoula YMCA Member

I joined the Y a little shy of three months ago. In August 2018, I started my weight loss journey. I figured I put on the weight through a poor diet and, therefore, I should be able to lose it through a good diet.

I cleaned up my diet by eliminating added sugars and reducing my intake of simple carbohydrates in addition to adding healthy fats and proteins. In doing so, I lost 45 pounds by February 2019.

Having participated in weight training in the past, I decided that it would be a good time to start working out again and I joined the Y. There's a feeling of camaraderie when I go to the Y. I look forward to working out each morning and seeing the same friendly regulars. The facilities at the Y allow me to work out at my pace and I never have to worry about waiting around for equipment.

I've since been doing a weight training routine based upon Jim Wendler's 5/3/1 Training Program with some added conditioning, primarily for increased work capacity. I've also set a few goals for myself—I'd like to get a sub-30-minute 5k time as well as 1-2-3-4 on weights (one plate overhead press, two plate bench, three plate squat, four plate deadlift).

The Missoula Family YMCA has so much to offer its members and I can't say enough good things about being a member.



HEALTHY LIVING



43,935 group
exercise classes
taught



17,081 visits to
the Child Watch
Center



9,880 individuals
impacted by YMCA
membership in 2018



2,909 program
participants

Layne Rolston

Good Food Store Marketing Director

The mission of the Good Food Store has always been to support a healthy community.

That's why partnering with the Missoula Family YMCA to encourage fitness and an active lifestyle is a no-brainer for us.

Getting kids started on the road to healthy living is why we're so proud to be a longtime sponsor of the Riverbank Run's Grade School Challenge.



Dawn Payne

Missoula YMCA Volunteer

Everyone deserves to have a sense of belonging and community. However, there are few opportunities here in Missoula for adults with cognitive and physical disabilities. Thanks to Mike Dimmitt and the Y's Adaptive & Inclusive Member Service (AIMS) Program, these gaps are being filled.

As the director of inclusive services, Mike has created programs that provide leadership opportunities to participants with varying ability and skill levels. AIMS participants enjoy YMCA

Workout Buddies, group bowling, summer rafting trips, bike rides along the Hiawatha Trail, Hunter Safety courses, ski trips, and so much more. Everyone is welcome to participate at whatever level they feel most comfortable.

Mike and the Y's AIMS Program are an asset to the entire Missoula community!



2,079 Riverbank Run participants

564 Riverbank Run Grade School Challenge participants



94 Adaptive & Inclusive Member Services (AIMS) participants attended weekly health programs including swimming, court sports, and bowling.



85 AIMS participants attended special outings including float trips, basketball games, bike rides, and more!



Chad Bauer

Missoula YMCA Volunteer

I help raise money for the Missoula Y because I care about the Missoula community.

I like that the money raised stays here in Missoula and helps thousands of young folks enjoy programs, sports, childcare, and camp.

If it were not for the YMCA, I do not believe all kids would have access to these opportunities.



Steve & Shirley Nelson

Missoula YMCA Donor

I'm always pleased when I find organizations that manage their money wisely, and the Missoula Y has consistently been a great steward of its funds.



There is no greater calling than helping kids learn and associate with other children of all walks of life. This is what creates great adults and citizens. The Y and its staff truly believe in their mission and stand by their promise to ensure that no child is turned away.

The success stories alone make me proud to be a Y contributor and volunteer. No other organization does more for our community than the Missoula Y.



\$325,114 raised during the 2018 Annual Support Campaign



94 campaigners volunteered for the 2018 Annual Support Campaign



721 donors supported the 2018 Annual Support Campaign



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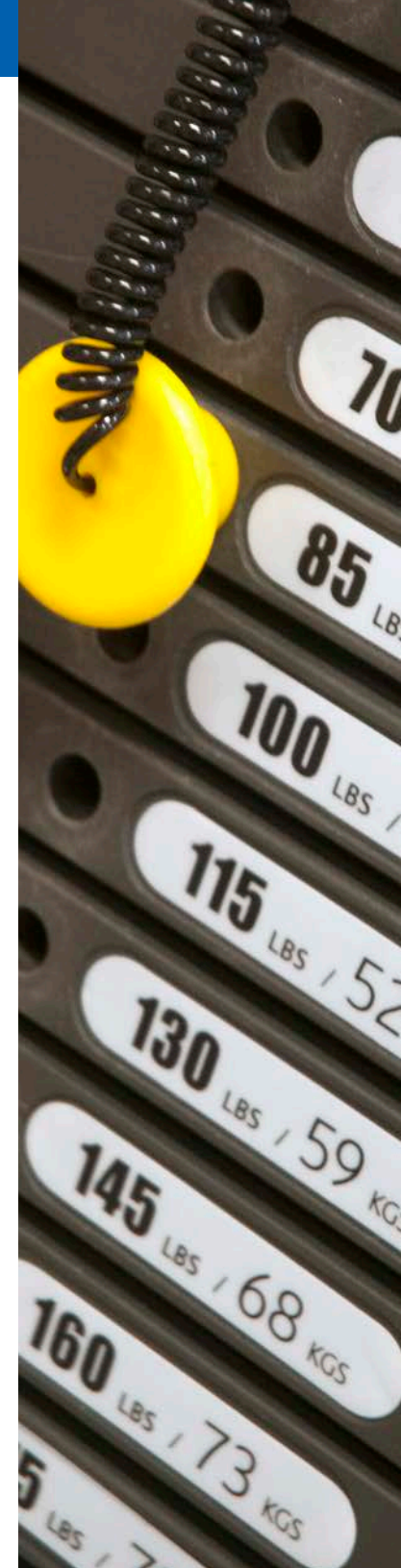
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Rick Genazzi
Rocky Mountain Lasik Center
Ruby Springs Lodge
Tarantino's Pizzeria
The Springs Living
Universal Athletic
Vigilante Parking on the Fly



Jean Zosel

**Missoula YMCA Volunteer
Soccer Coach**

I couldn't tell you how many kids I've coached over all these years. But I can tell you that—as I've watched many youngsters discover their strength and abilities through soccer—I realize this coaching thing is about more than teaching kids to play a game.

It's about challenging them to get involved in something greater than themselves. It's about teaching sportsmanship, empathy, teamwork, leadership, conflict resolution, and it builds confidence—all things that make for responsible, healthy adults.

That's what got me hooked 25 years ago. And that's what keeps me coming back today.



MISSOULA FAMILY YMCA FINANCIAL HEALTH

	2017 FINANCIALS	2018 FINANCIALS
TOTAL ASSETS	\$6,517,386	\$6,120,708
TOTAL LIABILITIES	\$466,975	\$457,593
TOTAL NET ASSETS	\$6,050,411	\$5,663,115
TOTAL REVENUE	\$4,176,578	\$3,992,237
TOTAL EXPENSE	\$4,163,456	\$4,379,532
CHANGE IN NET ASSETS	(\$13,122)	(\$387,295)



MISSOULA FAMILY YMCA
3000 South Russell Street
Missoula, MT 59801

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A MESSAGE FROM THE CEO

Dear Friends,

It is our honor to share the Missoula Family YMCA's 2018 Annual Report with you. What you read in this report reflects the hard work and dedication of an incredible board of directors, more than 300 staff, and hundreds of volunteers.

2018 was a year full of transition, challenges, opportunities, and achievements. This year tested us as an organization and, through that test, we grew stronger, smarter, and more dedicated than ever in supporting our community. This year we were overwhelmed by the support of our families, members, community partners, donors, volunteers, and staff. For all of this, we are incredibly humbled and grateful.

As we look forward to the next year, our Y continues to strive to serve more families, individuals, and children in our community. We are dedicated to ensuring that everyone has access to our programs and services through our financial assistance program.

In this report, we share several powerful stories of the life-changing impact that Y programs, services, and partnerships are having on thousands of children, teens, active older adults, and families at our Y. We are reminded that there is nothing we cannot achieve when we are inspired and motivated, and when we act with caring, collaborative hearts.

We're proud that our YMCA continues to be a diverse and vibrant place where people of all ages and backgrounds come together to improve their health and their communities. Our team looks forward to increasing our impact and deepening our work. Thank you for your support. We couldn't do it without you!

-Heather Foster
CEO | Missoula Family YMCA