



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INDOOR POOL SCHEDULE 2026

June 1st - August 2nd

MONDAY

Time	Lane 1	Lane 2	Lane 3	Shallow Section	Deep Section
5:00-7:30am	Lap Swim			Open Swim	Open Swim
7:30-8:30am	Lap Swim		Aqua Fit Plus		
8:00-9:30am	Lap Swim		Aqua Fit Plus		
8:30-9:30am	Lap Swim	Aqua Fit			
9:30-12:00pm	Swim Camp			Judson	Open Swim
10:00-12:00pm	Lap Swim			Swim Lessons	Open Swim
12:00-1:00pm	Lap Swim			Open Swim	
1:00pm-2:45pm	Summer Camp		Swim Test	Swim Lessons	Open Swim
2:45pm-3:45pm	Summer Camp		Swim Test	Open Swim	
3:45-4:00pm	Summer Camp		Swim Test	Swim Lessons	Open Swim
4:00-6:45pm	Swim Lessons		Lap Swim	Swim Lessons	Open Swim
6:45-7:25pm	Lap Swim		Swim Lesson		Open Swim
7:25pm -8:30pm	Lap Swim			Open Swim	
6:00pm -8:30pm	Lap Swim			Open Swim	

TUESDAY

Time	Lane 1	Lane 2	Lane 3	Shallow Section	Deep Section
5:00-8:00am	Lap Swim			Open Swim	
8:00-8:45am	Lap Swim	Aqua Fit			
8:45-9:30am	Lap Swim	Aqua Arthritis			
9:30-12:00pm	Swim Camp			Open Swim	
12:00-1:00pm	Lap Swim			Open Swim	
12:00-1:00pm	Lap Swim			Open Swim	Open Swim
1:00pm-2:45pm	Summer Camp		Swim Test	Swim Lessons	Open Swim
2:45pm-3:45pm	Summer Camp		Swim Test	Open Swim	
3:45-4:00pm	Summer Camp		Swim Test	Swim Lessons	Open Swim
2:45pm-3:45pm	Summer Camp		Swim Test	Open Swim	
3:45-4:00pm	Summer Camp		Swim Test	Swim Lessons	Open Swim
4:00-6:30pm	Swim Lessons	Lap Swim		Swim Lessons	Open Swim
6:30-7:15pm	Lap Swim			Open Swim	
6:45-7:15pm	Lap Swim			Swim Lessons	Open Swim
7:15-8:30pm	Foothills Paddling Club Kayaking (Entire pool closed)				

WEDNESDAY

Time	Lane 1	Lane 2	Lane 3	Shallow Section	Deep Section
5:00-8:30am	Lap Swim			Open Swim	
8:30-9:30am	Lap Swim	Aqua Fit			
9:30-12:00pm	Swim Camp			Open Swim	
12:00-1:00pm	Lap Swim			Open Swim	
1:00pm-2:45pm	Summer Camp		Swim Test	Swim Lessons	Open Swim

2:45pm-3:45pm	Summer Camp		Swim Test	Open Swim	
WEDNESDAY (contd.)					
3:45-4:00pm	Summer Camp		Swim Test	Swim Lessons	Open Swim
4:00-6:45pm	Swim Lessons		Lap Swim	Swim Lessons	Open Swim
6:45-7:25pm	Lap Swim		Swim Lesson		Open Swim
7:25-8:30pm	Lap Swim			Open Swim	
THURSDAY					
Time	Lane 1	Lane 2	Lane 3	Shallow Section	Deep Section
5:00-8:00am	Lap Swim			Open Swim	
8:00-8:45am	Lap Swim	Aqua Fit			
8:45-9:30am	Lap Swim	Aqua Arthritis			
9:30-12:00pm	Swim Camp			Open Swim	
12:00-1:00pm	Lap Swim			Open Swim	
1:00-2:45pm	Summer Camp		Swim Test	Swim Lessons	Open Swim
2:45-3:45pm	Summer Camp		Swim Test	Open Swim	
3:45-4:00pm	Summer Camp		Swim Test	Swim Lessons	Open Swim
4:00-6:30pm	Swim Lessons	Lap Swim		Swim Lessons	Open Swim
6:30-8:30pm	Lap Swim			Open Swim	
FRIDAY					
Time	Lane 1	Lane 2	Lane 3	Shallow Section	Deep Section
5:00-8:30am	Lap Swim			Open Swim	
8:30-9:30am	Lap Swim	Aqua Fit			
9:30-12:00pm	Swim Camp			Open Swim	
12:00-1:00pm	Lap Swim			Aqua Fit Plus	
1:00-2:30pm	Summer Camp		Swim Test	G.I.T	Open Swim
2:30-4:00pm	Summer Camp		Swim Test	Open Swim	
4:00-7:30pm	Lap Swim			YMCA Programming/Open Swim	
Potential make-up lessons 4:00-7:30PM, please email chaquatics@ymcagreenville to confirm.					
SATURDAY					
Time	Lane 1	Lane 2	Lane 3	Shallow Section	Deep Section
7:00-8:30am	Lap Swim			Open Swim	
8:30-9:15am	Lap Swim		Swim Lessons		Open Swim
9:15-11:30am	Swim Lessons Only				Open Swim
11:30-12:15pm	Swim Lessons Only				Open Swim
12:15-4:30pm	Lap Swim			Open Swim	
SUNDAY					
1:00-4:30pm	Lap Swim			Open Swim	
All pool hours and schedule are subject to change					
OPEN SWIM is for aerobics, water walking, and family recreational swim					