



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

March 23rd-May 17th Updated 5/6/26

MONDAY									
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00am-8:15am	Lap Swim								
8:15-10:15am	Aqua Fitness					Lap Swim			
10:15-11:15am	Aqua Fitness					Lap Swim			
11:15am-4:30pm	Lap Swim								
4:30-6:45pm	Open Swim	Lap Swim			Swim Lessons				
6:45-7:30pm	Open Swim	Lap Swim				Swim Lessons			
7:30pm-8:30pm	Open Swim		Lap Swim						
TUESDAY									
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00-8:15am	Lap Swim								
8:15-10:20am	Aqua Fitness					Lap Swim			
10:20-12:00pm	Swim Lessons		Lap Swim						
12:00-4:30pm	Open Swim	Lap Swim							
4:30-7:25pm	Open Swim	Lap Swim				Swim Lessons			
7:25-8:30pm	Open Swim	Lap Swim							
WEDNESDAY									
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00am-8:15am	Lap Swim								
8:15-10:15am	Aqua Fitness					Lap Swim			
10:15-11:30am	Aqua Fitness					Lap Swim			
11:30am-12:30pm	Lessons	Lap Swim							
12:30-1:30pm	Swim Lessons			Lap Swim					
1:30-3:45pm	Lap Swim								
3:45-4:30pm	Lap Swim						Lessons		
4:30-5:30pm	Open Swim	Lap Swim		Swim Lessons					
5:30-7:30pm	Open Swim	Lap Swim			Swim Lessons				
7:30pm-8:30pm	Open Swim	Lap Swim							
THURSDAY									
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00-8:15am	Lap Swim								
8:15-10:20am	Aqua Fitness					Lap Swim			
10:20-11:45am	Swim Lessons		Lap Swim						
11:45am-3:45pm	Open Swim	Lap Swim							
3:45-4:30pm	Open Swim	Lap Swim				Lessons			
4:30-6:00pm	Open Swim	Lap Swim			Swim Lessons				
6:00-6:30pm	Open Swim	Lap Swim		Swim Lessons					
6:30-7:30pm	Open Swim	Lap Swim			Swim Lessons				
7:30-8:30pm	Lap Swim								
FRIDAY									
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00-8:15am	Lap Swim								
8:15-10:15am	Aqua Fitness					Lap Swim			
10:15-11:15am	Aqua Fitness					Lap Swim			
11:15-8:30pm	Open Swim		Lap Swim						
Saturday									
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
7:00-8:25am	Lap Swim								
8:25-9:30am	Aqua Fitness					Lap Swim		Lessons	
9:30-11:00am	Open Swim	Lap Swim			Swim Lessons				
11:00am-12:30	Open Swim	Lap Swim		Swim Lessons					
12:30-1:15pm	Open Swim	Lap Swim				Swim Lessons			
1:15-4:30pm	Open Swim		Lap Swim						
Sunday									
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
1:00-4:30pm	Open Swim			Lap Swim					

***All pool hours subject to change | Group rentals may occur at any time**

Lap Swim indicates consistent swimming back and forth. Open Swim may be used for water exercise or free swim. Day Camp, Swim Camp, Swim Lessons and Aqua Fitness all indicate space reserved for Programs.

Children 0-5 years old must have a parent or guardian in the pool with them in the water within arm's reach.

Children 6-12 years old must have a parent or responsible adult present on the pool deck at all times. (Must take swim test)

Children 5-14 must wear a Coast Guard approved Life vest (PFD), pass a swim test, or be within arms reach of parent or an adult