

the the June 30 - July 6, 2025

M		-	0, 2020			
Color Key	Open Swim / No	o Programming	MONDAY	Reserved for Pr	ogramming	
Time e	Long 1	Lana 2	MONDAY	Lene 4	Challen Castion	Deen Cestion
Time 5:00-8:30am	Lane 1	Lane 2	Lane 3	Lane 4	Shallow Section	Deep Section
8:30-9:15am	Lap Swim Lap Swim	Lap Swim Lap Swim	Lap Swim Lap Swim	Lap Swim Water Fitness	Open Swim Open Swim	Open Swim Water Fitness
9:30-11:30am	Lap Swim	Lap Swim	Water Fitness	Water Fitness	Water Fitness	Open Swim
11:30-4:00pm	Summer Camp	Lap Swim	Lap Swim	Open Swim	Summer Camp	Summer Camp
4:00-5:00pm	Lap Swim	Lap Swim	Lap Swim	Swim Lessons	Swim Lessons	Swim Lessons
5:00-6:00pm	Swim Academy	Swim Academy	Swim Academy	Swim Academy	Swim Lessons	Swim Lessons
6:00pm-7:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Swim Lessons	Swim Lessons
7:00-7:40pm	Lap Swim	Lap Swim	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
7:40-8:30pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim	Open Swim
- -		<u>.</u>	TUESDAY	<u>.</u>		
Time	Lane 1	Lane 2	Lane 3	Lane 4	Shallow Section	Deep Section
5:00-8:30am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
8:30-9:15am	Lap Swim	Lap Swim	Lap Swim	Water Fitness	Open Swim	Water Fitness
9:20-11:30am	Lap Swim	Lap Swim	Water Fitness	Water Fitness	Water Fitness	Open Swim
11:30-4:00pm	Summer Camp	Lap Swim	Lap Swim	Open Swim	Summer Camp	Summer Camp
4:00pm-5:00pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Swim Lessons	Swim Lessons
5:00pm-6:00pm	Swim Academy	Swim Academy	Swim Academy	Swim Academy	Swim Lessons	Swim Lessons
6:00pm-6:30pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Swim Lessons	Swim Lessons
6:30pm-7:45pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Water Fitness	Open Swim
7:30pm-8:30pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim	Open Swim
			WEDNESDA	Y		
Time	Lane 1	Lane 2	Lane 3	Lane 4	Shallow Section	Deep Section
5:00-8:30am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
8:30-9:15am	Lap Swim	Lap Swim	Lap Swim	Water Fitness	Open Swim	Water Fitness
9:30-11:30am	Lap Swim	Lap Swim	Water Fitness	Water Fitness	Water Fitness	Open Swim
11:30-4:00pm	Summer Camp	Lap Swim	Lap Swim	Open Swim	Summer Camp	Summer Camp
4:00-5:00pm	Lap Swim	Lap Swim	Lap Swim	Swim Lessons	Swim Lessons	Swim Lessons
5:00-6:00pm	Swim Academy	Swim Academy	Swim Academy	Swim Academy	Swim Lessons	Swim Lessons
6:00pm-7:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Swim Lessons	Swim Lessons
7:00-7:40pm	Lap Swim	Lap Swim	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
7:40-8:30pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim	Open Swim
	T	T	THURSDAY		- T	
Time	Lane 1	Lane 2	Lane 3	Lane 4	Shallow Section	Deep Section
5:00-8:30am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
8:30-9:15am	Lap Swim	Lap Swim	Lap Swim	Water Fitness	Open Swim	Water Fitness
9:20-11:30am	Lap Swim	Lap Swim	Water Fitness	Water Fitness	Water Fitness	Open Swim
11:30-4:00pm	Summer Camp	Lap Swim	Lap Swim	Open Swim	Summer Camp	Summer Camp
4:00pm-5:00pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Swim Lessons	Swim Lessons
5:00pm-6:00pm 6:00pm-6:30pm	Swim Academy Lap Swim	Swim Academy Lap Swim	Swim Academy Lap Swim	Swim Academy Open Swim	Swim Lessons Swim Lessons	Swim Lessons Swim Lessons
6:30pm-7:45pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Water Fitness	Open Swim
7:30pm-8:30pm	Lap Swim	Lap Swim		Open Swim	Open Swim	Open Swim
7:30pm-8:30pm Lap Swim Lap Swim Lap Swim Open Swim Open Swim Open Swim Open Swim Open Swim Open Swim						
Time	Lane 1	Lane 2	T	Lane 4	Shallow Section	Deen Section
Time 5:00-8:30am	Lane 1 Lap Swim	Lane 2 Lap Swim	Lane 3 Lap Swim	Lane 4 Lap Swim	Shallow Section Open Swim	Deep Section Open Swim
8:30-9:15am	Lap Swim	Lap Swim	Lap Swim	Water Fitness	Open Swim	Water Fitness
9:30-11:30am	Lap Swim	Lap Swim	Water Fitness	Water Fitness	Water Fitness	Open Swim
11:30-4:00pm	Summer Camp	Lap Swim	Lap Swim	Open Swim	Summer Camp	Summer Camp
4:00pm-7:30pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim	Open Swim
	Eup on in		SATURDAY			open on in
Time	Lane 1	Lane 2	Lane 3	Lane 4	Shallow Section	Deep Section
7:00-8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
8:00-9:00am	Lap Swim	Lap Swim	Lap Swim	Water Fitness	Open Swim	Water Fitness
9:00-1:40pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Swim Lessons	Swim Lessons
		· ·		Open Swim /		Open Swim /
1:40-4:30pm	Lap Swim	Lap Swim	Lap Swim	Scuba Group	Open Swim	Scuba Group
			SUNDAY			
Time	Lane 1	Lane 2	Lane 3	Lane 4	Shallow Section	Deep Section
1:00-4:30pm	Lap Swim	Lap Swim	Lap Swim	Open Swim /	Open Swim	Open Swim /
	· ·	•		Scuba Group		Scuba Group
					R FIT THE NEEDS OF	
MEMBERS, GUEST AQUATIC CENTER					RY TO USE THE SPA	CE IN THE
			VITY DESCRIPT			
Agua Eitnoss					e the aqua exercise so	bedule
Aqua Fitness Open Swim	Aqua Exercise classes are taught by Certified Instructors. For more information see the aqua exercise schedule. During family fun swim individuals and family's of all ages are welcome with the appropriate adult supervision.					
open Swim						
	Children 5 and under must have an adult guardian in the pool within arm's reach at all times.					
	Ages 6-12 must have an adult guardian on deck or in the pool at all times AND also must either pass a swim test OR wear					
Swim Policy	an approved lifejacket in the pool area.					
	Ages 13-14 need to pass a swim test OR wear an approved lifejacket in the pool area. Adult supervision is not required.					
					oving back and forth in	
Lap Swim	-	•	r playing is not incluc	led. Spaces are on a	first come first served	basis. Sharing of
Swim Lang	lanes is encouraged		to outinensis a last att		front doct	
Swim Lessons			to swimming laps. All			
Aquatic	s rachily (POOL /	Steamroom / Sp	a / Sauna) CLUS	ES SU MINUIES	before the facilty	CIUSES.