

## the **EASTSIDE FAMILY YMCA AQUATIC SCHEDULE** June 23 - June 29, 2025

Color Karr						
Color Key	Open Swim / N	o Programming		Reserved for P	ogramming	
		-	MONDAY	-	1	1
Time	Lane 1	Lane 2	Lane 3	Lane 4	Shallow Section	Deep Section
5:00-8:30am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
3:30-9:15am	Lap Swim	Lap Swim	Lap Swim	Water Fitness	Open Swim	Water Fitness
:30-11:30am	Lap Swim	Lap Swim	Water Fitness	Water Fitness	Water Fitness	Open Swim
1:30-4:00pm	Summer Camp	Lap Swim	Lap Swim	Open Swim	Summer Camp	Summer Cam
:00-5:00pm	Lap Swim	Lap Swim	Lap Swim	Swim Lessons	Swim Lessons	Swim Lessons
:00-6:00pm	Swim Academy	Swim Academy	Swim Academy	Swim Academy	Swim Lessons	Swim Lessons
:00pm-7:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Swim Lessons	Swim Lessons
':00-7:40pm	Lap Swim	Lap Swim	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
':40-8:30pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim	Open Swim
			TUESDAY			
ime	Lane 1	Lane 2	Lane 3	Lane 4	Shallow Section	Deep Section
:00-8:30am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
:30-9:15am	Lap Swim	Lap Swim	Lap Swim	Water Fitness	Open Swim	Water Fitness
:20-11:30am	Lap Swim	Lap Swim	Water Fitness	Water Fitness	Water Fitness	Open Swim
1:30-4:00pm	Summer Camp	Lap Swim	Lap Swim	Open Swim	Summer Camp	Summer Cam
:00pm-5:00pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Swim Lessons	Swim Lessons
:00pm-6:00pm	Swim Academy	Swim Academy	Swim Academy	Swim Academy	Swim Lessons	Swim Lessons
:00pm-6:30pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Swim Lessons	Swim Lessons
		- ·	· ·	+ •		
:30pm-7:45pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Water Fitness	Open Swim
:30pm-8:30pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim	Open Swim
		-	WEDNESDA	Y	-	1
ime	Lane 1	Lane 2	Lane 3	Lane 4	Shallow Section	Deep Section
:00-8:30am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
:30-9:15am	Lap Swim	Lap Swim	Lap Swim	Water Fitness	Open Swim	Water Fitness
:30-11:30am	Lap Swim	Lap Swim	Water Fitness	Water Fitness	Water Fitness	Open Swim
1:30-4:00pm	Summer Camp	Lap Swim	Lap Swim	Open Swim	Summer Camp	Summer Cam
:00-5:00pm	Lap Swim	Lap Swim	Lap Swim	Swim Lessons	Swim Lessons	Swim Lessons
:00-6:00pm	Swim Academy	Swim Academy	Swim Academy	Swim Academy	Swim Lessons	Swim Lessons
:00pm-7:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Swim Lessons	Swim Lessons
:00-7:40pm	Lap Swim	Lap Swim	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
:40-8:30pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim	Open Swim
			THURSDAY			
'lue e	Lana 1	Lana 2			Challey Cestion	Deen Section
ime	Lane 1	Lane 2	Lane 3	Lane 4	Shallow Section	Deep Section
:00-8:30am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
:30-9:15am	Lap Swim	Lap Swim	Lap Swim	Water Fitness	Open Swim	Water Fitness
:20-11:30am	Lap Swim	Lap Swim	Water Fitness	Water Fitness	Water Fitness	Open Swim
1:30-4:00pm	Summer Camp	Lap Swim	Lap Swim	Open Swim	Summer Camp	Summer Cam
:00pm-5:00pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Swim Lessons	Swim Lessons
:00pm-6:00pm	Swim Academy	Swim Academy	Swim Academy	Swim Academy	Swim Lessons	Swim Lessons
6:00pm-6:30pm	Lap Swim	Lap Swim	Lap Swim	Open Swim	Swim Lessons	Swim Lessons
	Lap Swim	Lap Swim	Lap Swim	Open Swim	Water Fitness	Open Swim
		Lap Swim	Lap Swim	Open Swim	Open Swim	Open Swim
	Lap Swim					
			FRIDAY			
:30pm-8:30pm		Lane 2	Lane 3	Lane 4	Shallow Section	Deep Section
:30pm-8:30pm	Lap Swim		T	Lane 4 Lap Swim	Shallow Section Open Swim	Deep Section
:30pm-7:45pm :30pm-8:30pm <b>Time</b> :00-8:30am 3:30-9:15am	Lap Swim Lane 1 Lap Swim	Lane 2 Lap Swim	Lane 3			Deep Section Open Swim Water Fitness
7:30pm-8:30pm Fime 5:00-8:30am	Lap Swim Lane 1 Lap Swim Lap Swim	Lane 2 Lap Swim Lap Swim	Lane 3 Lap Swim	Lap Swim	Open Swim	Open Swim Water Fitness
<b>ime</b> :00-8:30am :30-9:15am :30-11:30am	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lane 2 Lap Swim Lap Swim Lap Swim	Lane 3 Lap Swim Lap Swim Water Fitness	Lap Swim Water Fitness Water Fitness	Open Swim Open Swim Water Fitness	Open Swim Water Fitness Open Swim
:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm	Lap Swim Lane 1 Lap Swim Lap Swim Lap Swim Summer Camp	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lane 3 Lap Swim Lap Swim Water Fitness Lap Swim	Lap Swim Water Fitness Water Fitness Open Swim	Open Swim Open Swim Water Fitness Summer Camp	Open Swim Water Fitness Open Swim Summer Cam
:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lane 2 Lap Swim Lap Swim Lap Swim	Lane 3Lap SwimLap SwimWater FitnessLap SwimLap Swim	Lap Swim Water Fitness Water Fitness Open Swim Open Swim	Open Swim Open Swim Water Fitness	Open Swim Water Fitness Open Swim
:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm :00pm-7:30pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Summer Camp Lap Swim	Lane 2 Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lane 3 Lap Swim Lap Swim Water Fitness Lap Swim Lap Swim SATURDAY	Lap Swim Water Fitness Water Fitness Open Swim Open Swim	Open Swim Open Swim Water Fitness Summer Camp Open Swim	Open Swim Water Fitness Open Swim Summer Cam Open Swim
:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm :00pm-7:30pm	Lap Swim Lane 1 Lap Swim Lap Swim Lap Swim Summer Camp Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lane 3 Lap Swim Lap Swim Water Fitness Lap Swim Lap Swim SATURDAY Lane 3	Lap Swim Water Fitness Water Fitness Open Swim Open Swim	Open Swim Open Swim Water Fitness Summer Camp Open Swim Shallow Section	Open Swim Water Fitness Open Swim Summer Cam Open Swim Deep Sectior
:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm :00pm-7:30pm ime :00-8:00am	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Summer Camp Lap Swim Lap Swim	Lane 2 Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lane 3 Lap Swim Lap Swim Water Fitness Lap Swim Lap Swim SATURDAY Lane 3 Lap Swim	Lap Swim Water Fitness Water Fitness Open Swim Open Swim Lane 4 Lap Swim	Open Swim Open Swim Water Fitness Summer Camp Open Swim Shallow Section Open Swim	Open Swim Water Fitness Open Swim Summer Cam Open Swim Deep Section Open Swim
:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm :00pm-7:30pm ime :00-8:00am :00-9:00am	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Summer Camp Lap Swim Lap Swim Lap Swim Lap Swim	Lane 2 Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lane 3 Lap Swim Lap Swim Water Fitness Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lap Swim Water Fitness Water Fitness Open Swim Open Swim Lane 4 Lap Swim Water Fitness	Open Swim Open Swim Water Fitness Summer Camp Open Swim Shallow Section Open Swim Open Swim	Open Swim Water Fitness Open Swim Summer Cam Open Swim Deep Sectior Open Swim Water Fitness
:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm :00pm-7:30pm ime :00-8:00am :00-9:00am	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Summer Camp Lap Swim Lap Swim	Lane 2 Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lane 3 Lap Swim Lap Swim Water Fitness Lap Swim Lap Swim SATURDAY Lane 3 Lap Swim	Lap Swim Water Fitness Water Fitness Open Swim Open Swim Lane 4 Lap Swim Water Fitness Open Swim	Open Swim Open Swim Water Fitness Summer Camp Open Swim Shallow Section Open Swim	Open Swim Water Fitness Open Swim Summer Camp Open Swim Deep Section Open Swim Water Fitness Swim Lessons
:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm :00pm-7:30pm ime :00-8:00am :00-9:00am :00-1:40pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Summer Camp Lap Swim Lap Swim Lap Swim Lap Swim	Lane 2 Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lane 3 Lap Swim Lap Swim Water Fitness Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lap Swim Water Fitness Water Fitness Open Swim Open Swim Lane 4 Lap Swim Water Fitness Open Swim Open Swim /	Open Swim Open Swim Water Fitness Summer Camp Open Swim Shallow Section Open Swim Open Swim	Open Swim Water Fitness Open Swim Summer Cam Open Swim Deep Section Open Swim Water Fitness Swim Lessons Open Swim /
:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm :00pm-7:30pm ime :00-8:00am :00-9:00am :00-1:40pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Summer Camp Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lane 2 Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lane 3Lap SwimLap SwimWater FitnessLap SwimLap SwimSATURDAYLap SwimLap Swim	Lap Swim Water Fitness Water Fitness Open Swim Open Swim Lane 4 Lap Swim Water Fitness Open Swim	Open Swim Open Swim Water Fitness Summer Camp Open Swim Shallow Section Open Swim Open Swim Swim Lessons	Open Swim Water Fitness Open Swim Summer Cam Open Swim Deep Section Open Swim Water Fitness Swim Lessons
:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm :00pm-7:30pm ime :00-8:00am :00-9:00am :00-1:40pm :40-4:30pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Summer Camp Lap Swim	Lane 2 Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lane 3 Lap Swim Lap Swim Water Fitness Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim SUNDAY	Lap Swim Water Fitness Water Fitness Open Swim Open Swim Lane 4 Lap Swim Water Fitness Open Swim Open Swim / Scuba Group	Open Swim Open Swim Water Fitness Summer Camp Open Swim Shallow Section Open Swim Open Swim Swim Lessons Open Swim	Open Swim Water Fitness Open Swim Summer Cam Open Swim <b>Deep Sectior</b> Open Swim Water Fitness Swim Lessons Open Swim / Scuba Group
:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm :00pm-7:30pm ime :00-8:00am :00-9:00am :00-1:40pm :40-4:30pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Summer Camp Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lane 2 Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lane 3Lap SwimLap SwimWater FitnessLap SwimLap SwimSATURDAYLap SwimLap Swim	Lap Swim Water Fitness Open Swim Open Swim Lane 4 Lap Swim Water Fitness Open Swim Open Swim Open Swim / Scuba Group	Open Swim Open Swim Water Fitness Summer Camp Open Swim Shallow Section Open Swim Open Swim Swim Lessons	Open Swim Water Fitness Open Swim Summer Cam Open Swim Deep Section Open Swim Water Fitness Swim Lessons Open Swim / Scuba Group
:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm :00pm-7:30pm ime :00-8:00am :00-9:00am :00-1:40pm :40-4:30pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Summer Camp Lap Swim	Lane 2 Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lane 3 Lap Swim Lap Swim Water Fitness Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim SUNDAY	Lap Swim Water Fitness Open Swim Open Swim Lane 4 Lap Swim Water Fitness Open Swim Open Swim / Scuba Group Lane 4 Open Swim /	Open Swim Open Swim Water Fitness Summer Camp Open Swim Shallow Section Open Swim Open Swim Swim Lessons Open Swim	Open Swim Water Fitness Open Swim Summer Cam Open Swim Deep Section Open Swim Water Fitness Swim Lessons Open Swim / Scuba Group Deep Section Open Swim /
:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm :00pm-7:30pm ime :00-8:00am :00-9:00am :00-1:40pm :40-4:30pm ime	Lap Swim	Lane 2 Lap Swim Lap Swim	Lane 3 Lap Swim Lap Swim Water Fitness Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lap Swim Water Fitness Open Swim Open Swim Lane 4 Lap Swim Water Fitness Open Swim Open Swim Open Swim / Scuba Group	Open SwimOpen SwimOpen SwimWater FitnessSummer CampOpen SwimShallow SectionOpen SwimOpen SwimSwim LessonsOpen SwimShallow Section	Open Swim Water Fitness Open Swim Summer Cam Open Swim Deep Section Open Swim Water Fitness Swim Lessons Open Swim / Scuba Group
:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm :00pm-7:30pm ime :00-8:00am :00-9:00am :00-1:40pm :40-4:30pm ime :00-4:30pm IOTE: THIS SCHE IEMBERS, GUESTS	Lap Swim Dule IS SUBJECT S, AND USER GRO	Lane 2         Lap Swim         To CHANGE AT A         POSSIBLE TO BET	Lane 3 Lap Swim Lap Swim Water Fitness Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim SUNDAY Lane 3 Lap Swim	Lap Swim Water Fitness Open Swim Open Swim Lane 4 Lap Swim Water Fitness Open Swim Open Swim / Scuba Group NOTICE TO BETTE TANDING AS WE T ONE.	Open SwimOpen SwimOpen SwimWater FitnessSummer CampOpen SwimShallow SectionOpen SwimOpen SwimSwim LessonsOpen SwimShallow Section	Open Swim Water Fitness Open Swim Summer Cam Open Swim Open Swim Water Fitness Swim Lessons Open Swim / Scuba Group ALL YMCA
:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm :00pm-7:30pm ime :00-8:00am :00-9:00am :00-1:40pm :40-4:30pm ime :00-4:30pm IOTE: THIS SCHE IEMBERS, GUESTS QUATIC CENTER	Lap Swim Dule IS SUBJECT S, AND USER GRO IN THE BEST WAY	Lane 2 Lap Swim Lap Swim Correction CHANGE AT A DUPS. WE APPRICIA POSSIBLE TO BET ACT	Lane 3 Lap Swim Lap Swim Water Fitness Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim NTIME WITHOUT ATE YOUR UNDERS TER SERVE EVERY IVITY DESCRIPT	Lap Swim Water Fitness Open Swim Open Swim Lane 4 Lap Swim Water Fitness Open Swim Open Swim Open Swim / Scuba Group Lane 4 Open Swim / Scuba Group NOTICE TO BETTE TANDING AS WE T ONE.	Open Swim         Open Swim         Water Fitness         Summer Camp         Open Swim         Shallow Section         Open Swim         Swim Lessons         Open Swim         Shallow Section         Open Swim         Shallow Section         Open Swim         Strain Lessons         Open Swim         Shallow Section         R FIT THE NEEDS OF	Open Swim Water Fitness Open Swim Summer Cam Open Swim Open Swim Water Fitness Swim Lessons Open Swim / Scuba Group ALL YMCA CE IN THE
:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm :00pm-7:30pm ime :00-8:00am :00-9:00am :00-1:40pm :40-4:30pm ime :00-4:30pm IOTE: THIS SCHE IEMBERS, GUESTS QUATIC CENTER	Lap Swim DULE IS SUBJECT S, AND USER GRO IN THE BEST WAY Aqua Exercise class	Lane 2 Lap Swim Lap Swim Cap Swim Lap Swim Lap Swim Lap Swim Cap Swim Lap Swim Lap Swim Cap Swim Lap Swim Cap Sible To BeT Cap Sible	Lane 3 Lap Swim Lap Swim Water Fitness Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim NYTIME WITHOUT ATE YOUR UNDERS TER SERVE EVERY IVITY DESCRIPT tified Instructors. Fo	Lap Swim Water Fitness Water Fitness Open Swim Open Swim Lane 4 Lap Swim Water Fitness Open Swim Open Swim Open Swim / Scuba Group Lane 4 Open Swim / Scuba Group NOTICE TO BETTE TANDING AS WE T ONE.	Open Swim         Open Swim         Water Fitness         Summer Camp         Open Swim         Shallow Section         Open Swim         Swim Lessons         Open Swim         Shallow Section         Open Swim         Swim Lessons         Open Swim         Shallow Section         Open Swim         R FIT THE NEEDS OF         RY TO USE THE SPA	Open Swim Water Fitness Open Swim Summer Cam Open Swim Deep Section Open Swim Water Fitness Swim Lessons Open Swim / Scuba Group ALL YMCA CE IN THE
':30pm-8:30pm         ':30pm-8:30pm         ':00-8:30am         ::30-9:15am         ::30-11:30am         ::30-11:30am         ::30-4:00pm         ::00pm-7:30pm         'ime         ::00-8:00am         ::00-9:00am         ::00-1:40pm         ::40-4:30pm         'ime         ::00-4:30pm         'ime         ::00-4:30pm	Lap Swim DULE IS SUBJECT S, AND USER GRO IN THE BEST WAY Aqua Exercise class During family fun s	Lane 2         Lap Swim         Constant Stress         CONSTRUCT         POSSIBLE TO BET         ACTI         Sees are taught by Center         wim individuals and	Lane 3 Lap Swim Lap Swim Water Fitness Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim SUNDAY Lane 3 Lap Swim NTIME WITHOUT ATE YOUR UNDERS TER SERVE EVERY VITY DESCRIP tified Instructors. Fo family's of all ages an	Lap Swim Water Fitness Open Swim Open Swim Lane 4 Lap Swim Water Fitness Open Swim Open Swim Open Swim / Scuba Group NOTICE TO BETTE TANDING AS WE T ONE. TIONS r more information s	Open Swim         Open Swim         Water Fitness         Summer Camp         Open Swim         Shallow Section         Open Swim         Open Swim         Swim Lessons         Open Swim         Shallow Section         Open Swim         Shallow Section         Open Swim         Shallow Section         Open Swim         Shallow Section         Open Swim         ee the aqua exercise sca         appropriate adult super	Open Swim Water Fitness Open Swim Summer Cam Open Swim Deep Section Open Swim Water Fitness Swim Lessons Open Swim / Scuba Group ALL YMCA CE IN THE
:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm :00pm-7:30pm ime :00-8:00am :00-9:00am :00-1:40pm :40-4:30pm ime :00-4:30pm IOTE: THIS SCHE IEMBERS, GUESTS QUATIC CENTER	Lap Swim Children 5 and und	Lane 2 Lap Swim Lap Swim Control CHANGE AT A DUPS. WE APPRICIA POSSIBLE TO BE ACT Sees are taught by Cen wim individuals and er must have an adu	Lane 3 Lap Swim Lap Swim Water Fitness Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim SUNDAY Lane 3 Lap Swim Lap Swim SUNDAY Lane 3 Lap Swim Lap Swim SUNDAY Lane 3 Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim SUNDAY Lane 3 Lap Swim Lap Swim Lap Swim SUNDAY Lane 3 Lap Swim Lap Swim SUNDAY Lap Swim SUNDAY Lap Swim SUNDAY Lap Swim SUNDAY Lap Swim SUNDAY Lap Swim SUNDAY SUN	Lap Swim Water Fitness Water Fitness Open Swim Open Swim Lane 4 Lap Swim Water Fitness Open Swim Open Swim / Scuba Group NOTICE TO BETTE TANDING AS WE T ONE. FIONS r more information s re welcome with the ol within arm's reach	Open Swim         Open Swim         Water Fitness         Summer Camp         Open Swim         Open Swim         Open Swim         Swim Lessons         Open Swim         Shallow Section         Open Swim         Shallow Section         Open Swim         Shallow Section         Open Swim         Shallow Section         Open Swim         ee the aqua exercise scappropriate adult super at all times.	Open Swim         Water Fitness         Open Swim         Summer Cam         Open Swim         Open Swim         Open Swim         Water Fitness         Swim Lessons         Open Swim /         Scuba Group         Deep Section         Open Swim /         Scuba Group         ALL YMCA         CE IN THE         Chedule.         vision.
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:30pm-8:30pm ime :00-8:30am :30-9:15am :30-11:30am 1:30-4:00pm :00pm-7:30pm ime :00-8:00am :00-9:00am :00-9:00am :00-1:40pm :40-4:30pm ime :00-4:30pm IOTE: THIS SCHE IEMBERS, GUESTS QUATIC CENTER iqua Fitness open Swim	Lap Swim DULE IS SUBJECT S, AND USER GRO IN THE BEST WAY Aqua Exercise class During family fun s Children 5 and und Ages 6-12 must ha an approved lifejac	Lane 2 Lap Swim Lap Swim Control CHANGE AT A DUPS. WE APPRICIA POSSIBLE TO BE ACT Ses are taught by Cen wim individuals and er must have an adured ve an adult guardian ket in the pool area.	Lane 3 Lap Swim Lap Swim Water Fitness Lap Swim Lap Swim SUNDAY Lane 3 Lap Swim SUNDAY Lane 3 Lap Swim SUNDAY Lane 3 Lap Swim SUNDAY Lane 3 Lap Swim It guardian in the poor on deck or in the poor Sundal Strategy Strat	Lap Swim Water Fitness Open Swim Open Swim Lane 4 Lap Swim Water Fitness Open Swim Open Swim Open Swim / Scuba Group Lane 4 Open Swim / Scuba Group NOTICE TO BETTE TANDING AS WE T ONE. FIONS r more information s re welcome with the ol at all times AND a	Open Swim         Open Swim         Water Fitness         Summer Camp         Open Swim         Shallow Section         Open Swim         Open Swim         Swim Lessons         Open Swim         Shallow Section         Open Swim         Shallow Section         Open Swim         Shallow Section         Open Swim         R FIT THE NEEDS OF         RY TO USE THE SPA         ee the aqua exercise so         appropriate adult super         at all times.         Iso must either pass a so	Open Swim         Water Fitness         Open Swim         Summer Cam         Open Swim         Open Swim         Open Swim         Water Fitness         Swim Lessons         Open Swim /         Scuba Group         Deep Section         Open Swim /         Scuba Group         ALL YMCA         CE IN THE         chedule.         vision.
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