



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Outdoor Pool Schedule

January 1st - June 1st 2025

CAINE HALTER FAMILY YMCA

MONDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	
5:00-5:30am	Lap Swim						
6:00-7:00am	Lap Swim	Masters Swim					
7:00am-12:00pm	Lap Swim						
12:00-1:00pm	Lap Swim	Adult Group Swim			Lap Swim		
1:00-5:00pm	Lap Swim					Open Swim	
5:00-6:00pm	Swim Academy		Lap Swim			Open Swim	
6:00-8:30pm	Lap Swim					Open Swim	

TUESDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00-6:00am	Lap Swim					
6:00-7:00am	Lap Swim	Masters Swim				
7:00-1:00pm	Lap Swim					
1:00-5:00pm	Lap Swim					Open Swim
5:00-6:00pm	Swim Academy		Lap Swim			Open Swim
6:00-8:30pm	Lap Swim					Open Swim

WEDNESDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	
5:00-5:30am	Lap Swim						
5:30-6:30am	Lap Swim	Masters Swim					
6:30am-12:00pm	Lap Swim						
12:00-1:00pm	Lap Swim	Adult Group Swim			Lap Swim		
1:00-5:00pm	Lap Swim					Open Swim	
5:00-6:00pm	Swim Academy		Lap Swim			Open Swim	
6:00-8:30pm	Lap Swim					Open Swim	

THURSDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00am-1:00pm	Lap Swim					
1:00-5:00pm	Lap Swim					Open Swim
5:00-6:00pm	Swim Academy			Lap Swim		Open Swim
6:00-7:00pm	Lap Swim 101			Lap Swim		Open Swim
7:00-8:00pm	Beginning Masters			Lap Swim		Open Swim
8:00-8:30pm	Lap Swim					Open Swim

FRIDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	
5:00-6:00am	Lap Swim						
6:00-7:00am	Lap Swim	Masters Swim					
7:00-12:00pm	Lap Swim						
12:00-1:00pm	Lap Swim	Adult Group Swim			Lap Swim		
1:00-4:00pm	Lap Swim					Open Swim	
4:00-7:30pm	Lap Swim					Open Swim	

SATURDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7:00-8:00am	Lap Swim					
8:00-9:30am	Lap Swim		Masters Swim			
9:30-4:30pm	Lap Swim					Open Swim

SUNDAY

1:00-4:30pm	Lap Swim					Open Swim
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***All pool hours and schedule are subject to change.**

***Open swim is for aerobics, water walking, and family swim.**