

## EASTSIDE FAMILY YMCA AQUATIC SCHEDULE

## DECEMBER 2024

Color Key	Open	Swim / No Program	nming		Reserved for Programming	
MONDAY						
Time	Lane 1	Lane 2	Lane 3	Lane 4	Shallow Section	Deep Section
5:00-8:30am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
8:30-9:15am	Lap Swim	Lap Swim	Lap Swim	Water Fitness	Open Swim	Water Fitness
9:30-11:30am	Lap Swim	Lap Swim	Water Fitness	Water Fitness Water Walking	Water Fitness Open Swim	Open Swim Open Swim
11:30-4:00pm 4:00-5:00pm	Lap Swim Lap Swim	Lap Swim Lap Swim	Lap Swim Lap Swim	Water Walking	Open Swim	Open Swim
5:00-7:00pm	Swim Academy			Swim Academy	Open Swim	Open Swim
7:00-7:40pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
7:40-8:30pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
TUESDAY						
Time	Lane 1	Lane 2	Lane 3	Lane 4	Shallow Section	Deep Section
5:00-8:30am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
8:30-9:15am	Lap Swim	Lap Swim	Lap Swim	Water Fitness	Open Swim	Water Fitness
9:20-11:30am	Lap Swim	Lap Swim	Water Fitness	Water Fitness	Water Fitness	Open Swim
11:30-1:30pm	Lap Swim Swim Academy	Lap Swim Swim Academy	Lap Swim Swim Academy	Water Walking Water Walking	Open Swim Open Swim	Open Swim Open Swim
1:30-2:30pm 2:30-4:00pm	Lap Swim	Lap Swim	Lap Swim	Water Walking	Open Swim	Open Swim
4:00pm-5:00pm	Lap Swim	Lap Swim	Lap Swim	Water Walking	Open Swim	Open Swim
5:00pm-7:00pm	Swim Academy			Swim Academy	Open Swim	Open Swim
7:00pm-8:30pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
WEDNESDA	Y		•			·
Time	Lane 1	Lane 2	Lane 3	Lane 4	Shallow Section	Deep Section
5:00-8:30am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
8:30-9:15am	Lap Swim	Lap Swim	Lap Swim	Water Fitness	Open Swim	Water Fitness
9:30-11:30am	Lap Swim	Lap Swim	Water Fitness	Water Fitness	Water Fitness	Open Swim
11:30-4:00pm	Lap Swim	Lap Swim	Lap Swim	Water Walking	Open Swim	Open Swim
4:00-5:00pm	Lap Swim	Lap Swim	Lap Swim	Water Walking		Open Swim
5:00-6:00pm	Swim Academy	Swim Lessons	Swim Lessons	Swim Lessons	Open Swim Open Swim	Open Swim Open Swim
6:00-7:00pm 7:00-7:40pm	Lap Swim Lap Swim	Lap Swim Lap Swim	Lap Swim Lap Swim	Lap Swim Lap Swim	Open Swim	Open Swim
7:40-8:30pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Open Swim	Open Swim
THURSDAY	<u> </u>	_ap 0	_αρ σ	<u> </u>		
Time	Lane 1	Lane 2	Lane 3	Lane 4	Shallow Section	Deep Section
Time 5:00-8:30am	Lane 1 Lap Swim	Lane 2 Lap Swim	Lane 3 Lap Swim	Lane 4 Lap Swim	Shallow Section Open Swim	Deep Section Open Swim
				Lap Swim Water Fitness		
5:00-8:30am	Lap Swim Lap Swim Lap Swim	Lap Swim	Lap Swim Lap Swim Water Fitness	Lap Swim Water Fitness Water Fitness	Open Swim Open Swim Water Fitness	Open Swim Water Fitness Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am	Lap Swim Lap Swim Lap Swim Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness	Lap Swim Water Fitness Water Fitness Water Fitness	Open Swim Open Swim Water Fitness Water Fitness	Open Swim Water Fitness Open Swim Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-1:30pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking	Open Swim Open Swim Water Fitness Water Fitness Open Swim	Open Swim Water Fitness Open Swim Open Swim Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-1:30pm 1:30-2:30pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking	Open Swim Open Swim Water Fitness Water Fitness Open Swim Open Swim	Open Swim Water Fitness Open Swim Open Swim Open Swim Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-1:30pm 1:30-2:30pm 2:30-4:00pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking	Open Swim Open Swim Water Fitness Water Fitness Open Swim Open Swim Open Swim	Open Swim Water Fitness Open Swim Open Swim Open Swim Open Swim Open Swim Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-1:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim Lap Swim Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim Lap Swim Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Water Walking	Open Swim Open Swim Water Fitness Water Fitness Open Swim Open Swim Open Swim Open Swim Open Swim	Open Swim Water Fitness Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-1:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 5:00pm-7:00pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim Lap Swim Swim Academy	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim Lap Swim Swim Academy	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim Lap Swim Swim Academy	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Water Walking Water Walking Swim Academy	Open Swim Open Swim Water Fitness Water Fitness Open Swim	Open Swim Water Fitness Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-1:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 5:00pm-7:00pm 7:00pm-8:30pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim Lap Swim Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim Lap Swim Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Water Walking	Open Swim Open Swim Water Fitness Water Fitness Open Swim Open Swim Open Swim Open Swim Open Swim	Open Swim Water Fitness Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-1:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 5:00pm-7:00pm 7:00pm-8:30pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim Lap Swim Swim Academy Lap Swim Swim Academy Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Water Walking Water Walking Swim Academy Lap Swim	Open Swim Open Swim Water Fitness Water Fitness Open Swim	Open Swim Water Fitness Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-1:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 5:00pm-7:00pm 7:00pm-8:30pm FRIDAY	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Swim Academy Lap Swim Lane 4	Open Swim Open Swim Water Fitness Water Fitness Open Swim	Open Swim Water Fitness Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-1:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 5:00pm-7:00pm 7:00pm-8:30pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim Lap Swim Swim Academy Lap Swim Swim Academy Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Water Walking Water Walking Swim Academy Lap Swim	Open Swim Open Swim Water Fitness Water Fitness Open Swim Shallow Section	Open Swim Water Fitness Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-1:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 5:00pm-7:00pm 7:00pm-8:30pm FRIDAY	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim Lap Swim Swim Academy Lap Swim Lap Swim Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Swim Academy Lap Swim Lane 4 Lap Swim	Open Swim Open Swim Water Fitness Water Fitness Open Swim	Open Swim Water Fitness Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-1:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 7:00pm-7:00pm 7:00pm-8:30pm FRIDAY Time 5:00-8:30am 8:30-9:15am	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Water Walking Water Walking Lap Swim Lane 4 Lap Swim Water Fitness	Open Swim Open Swim Water Fitness Water Fitness Open Swim Water Fitness Open Swim	Open Swim Water Fitness Open Swim Deep Section Open Swim Water Fitness Open Swim Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-1:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 5:00pm-7:00pm 7:00pm-8:30pm FRIDAY Time 5:00-8:30am 8:30-9:15am 9:30-11:30am 11:30-3:30pm 3:30-4:30pm	Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Uap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Water Fitness Lap Swim Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Water Walking Swim Academy Lap Swim Lane 4 Lap Swim Water Fitness Water Fitness Water Walking Water Walking	Open Swim Open Swim Water Fitness Water Fitness Open Swim  Shallow Section Open Swim Open Swim Open Swim After School	Open Swim Water Fitness Open Swim Deep Section Open Swim Water Fitness Open Swim Open Swim After School
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-1:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 5:00pm-7:00pm 7:00pm-8:30pm FRIDAY Time 5:00-8:30am 8:30-9:15am 9:30-11:30am 11:30-3:30pm 3:30-4:30pm 4:30pm-7:30pm	Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Mater Fitness Lap Swim Water Fitness Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Water Walking Swim Academy Lap Swim  Lane 4 Lap Swim Water Fitness Water Fitness Water Walking	Open Swim Open Swim Water Fitness Water Fitness Open Swim Water Fitness Open Swim	Open Swim Water Fitness Open Swim Deep Section Open Swim Water Fitness Open Swim Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-1:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 5:00pm-7:00pm 7:00pm-8:30pm FRIDAY Time 5:00-8:30am 8:30-9:15am 9:30-11:30am 11:30-3:30pm 3:30-4:30pm 4:30pm-7:30pm SATURDAY	Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim Swim Academy Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Water Walking Swim Academy Lap Swim Lane 4 Lap Swim Water Fitness Water Fitness Water Walking Water Walking	Open Swim Open Swim Water Fitness Water Fitness Open Swim  Shallow Section Open Swim Water Fitness Open Swim After School Open Swim	Open Swim Water Fitness Open Swim Deep Section Open Swim Water Fitness Open Swim After School Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-2:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 5:00pm-7:00pm 7:00pm-8:30pm Time 5:00-8:30am 8:30-9:15am 9:30-11:30am 11:30-3:30pm 3:30-4:30pm 4:30pm-7:30pm SATURDAY	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim Lap Swim Swim Academy Lap Swim Water Fitness Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Water Walking Water Walking Lap Swim Lane 4 Lap Swim Water Fitness Water Fitness Water Walking Water Walking Water Walking Lap Swim	Open Swim Open Swim Water Fitness Water Fitness Open Swim  Shallow Section Open Swim Water Fitness Open Swim After School Open Swim Shallow Section	Open Swim Water Fitness Open Swim Vater Fitness Open Swim After School Open Swim Deep Section
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-2:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 7:00pm-8:30pm FRIDAY Time 5:00-8:30am 8:30-9:15am 9:30-11:30am 11:30-3:30pm 4:30pm-7:30pm SATURDAY Time 7:00-8:00am	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Swim Academy Lap Swim Lane 4 Lap Swim Water Fitness Water Fitness Water Walking Uap Swim Water Fitness Water Walking Water Walking Lap Swim	Open Swim Open Swim Water Fitness Water Fitness Open Swim Shallow Section Open Swim Open Swim Water Fitness Open Swim After School Open Swim Shallow Section	Open Swim Water Fitness Open Swim Deep Section Open Swim Water Fitness Open Swim After School Open Swim Deep Section Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 7:00pm-8:30pm 7:00pm-8:30pm FRIDAY Time 5:00-8:30am 8:30-9:15am 9:30-11:30am 11:30-3:30pm 3:30-4:30pm 4:30pm-7:30pm SATURDAY Time 7:00-8:00am 8:00-9:00am	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim Lap Swim Lap Swim Lap Swim Mater Fitness Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Swim Academy Lap Swim Lane 4 Lap Swim Water Fitness Water Fitness Water Walking Uap Swim Water Fitness Water Walking Water Walking Lap Swim Water Fitness	Open Swim Open Swim Water Fitness Water Fitness Open Swim Shallow Section Open Swim Open Swim Water Fitness Open Swim After School Open Swim Shallow Section	Open Swim Water Fitness Open Swim Deep Section Open Swim Water Fitness Open Swim After School Open Swim Deep Section Open Swim Water Fitness
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-2:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 7:00pm-8:30pm FRIDAY Time 5:00-8:30am 8:30-9:15am 9:30-11:30-3:30pm 11:30-3:30pm 4:30pm-7:30pm SATURDAY Time 7:00-8:00am	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Swim Academy Lap Swim Lane 4 Lap Swim Water Fitness Water Fitness Water Walking Uap Swim Water Fitness Water Walking Water Walking Lap Swim	Open Swim Open Swim Water Fitness Water Fitness Open Swim Shallow Section Open Swim Open Swim Water Fitness Open Swim After School Open Swim Shallow Section	Open Swim Water Fitness Open Swim Deep Section Open Swim Water Fitness Open Swim After School Open Swim Deep Section Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-2:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 7:00pm-8:30pm FRIDAY Time 5:00-8:30am 8:30-9:15am 9:30-11:30am 11:30-3:30pm 3:30-4:30pm 4:30pm-7:30pm SATURDAY Time 7:00-8:00am 8:00-9:00am 9:00-1:40pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Swim Academy Lap Swim Lane 4 Lap Swim Water Fitness Water Fitness Water Walking Water Walking Lap Swim Lane 4 Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Water Fitness Water Walking Lap Swim Water Fitness	Open Swim Open Swim Water Fitness Water Fitness Open Swim Shallow Section Open Swim Water Fitness Open Swim After School Open Swim Shallow Section Open Swim	Open Swim Water Fitness Open Swim Deep Section Open Swim Water Fitness Open Swim After School Open Swim Deep Section Open Swim After School Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-2:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 7:00pm-8:30pm FRIDAY Time 5:00-8:30am 8:30-9:15am 9:30-11:30am 11:30-3:30pm 3:30-4:30pm 4:30pm-7:30pm SATURDAY Time 7:00-8:00am 8:00-9:00am 9:00-1:40pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Water Walking Lap Swim Lap Swim Lap Swim Water Fitness Water Fitness Water Walking Lap Swim Lap Swim Water Fitness Water Walking Lap Swim Lap Swim Lap Swim Lap Swim Water Walking Lap Swim Water Fitness Water Walking Lap Swim Water Fitness Water Walking Lap Swim Water Walking Lap Swim / Water Walking Vater Walking Vater Walking Vater Walking	Open Swim Open Swim Water Fitness Water Fitness Open Swim Shallow Section Open Swim Water Fitness Open Swim After School Open Swim Shallow Section Open Swim	Open Swim Water Fitness Open Swim Deep Section Open Swim Water Fitness Open Swim After School Open Swim Deep Section Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-2:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 7:00pm-8:30pm 7:00pm-8:30am 8:30-9:15am 9:30-11:30am 11:30-3:30pm 3:30-4:30pm 4:30pm-7:30pm SATURDAY Time 7:00-8:00am 8:00-9:00am 9:00-1:40pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Water Walking Lap Swim Lap Swim Lap Swim Water Fitness Water Fitness Water Walking Lap Swim Lap Swim Water Fitness Water Walking Lap Swim Lap Swim Lap Swim Lap Swim Water Walking Lap Swim Water Fitness Water Walking Lap Swim Water Fitness Water Walking Lap Swim Water Walking Lap Swim / Water Walking Vater Walking Vater Walking Vater Walking	Open Swim Open Swim Water Fitness Water Fitness Open Swim Shallow Section Open Swim Water Fitness Open Swim After School Open Swim Shallow Section Open Swim	Open Swim Water Fitness Open Swim Deep Section Open Swim Water Fitness Open Swim After School Open Swim Deep Section Open Swim
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-2:30pm 1:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 7:00pm-8:30pm FRIDAY Time 5:00-8:30am 8:30-9:15am 9:30-11:30am 11:30-3:30pm 3:30-4:30pm SATURDAY Time 7:00-8:00am 9:00-1:40pm 1:40-3:30pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Swim Academy Lap Swim  Lane 4 Lap Swim Water Fitness Water Fitness Water Walking Uap Swim  Lane 4 Lap Swim  Lap Swim  Lap Swim  Lap Swim  Lap Swim  Lap Swim  Lane 4 Lap Swim  Vater Walking Lap Swim  Lap Swim  Lane 4 Lap Swim  Vater Walking Lap Swim / Water Walk / Scuba Group	Open Swim Open Swim Water Fitness Water Fitness Open Swim Water Fitness Open Swim After School Open Swim Open Swim Open Swim Shallow Section Open Swim	Open Swim Water Fitness Open Swim Water Fitness Open Swim After School Open Swim Deep Section Open Swim Vater Fitness Open Swim Open Swim Deep Section Open Swim Open
5:00-8:30am 8:30-9:15am 9:20-10:15am 10:15-11:30am 11:30-2:30pm 2:30-4:00pm 4:00pm-5:00pm 5:00pm-7:00pm 7:00pm-8:30pm FRIDAY Time 5:00-8:30am 8:30-9:15am 9:30-11:30am 11:30-3:30pm 4:30pm-7:30pm SATURDAY Time 7:00-8:00am 8:00-9:00am 9:00-1:40pm	Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Lap Swim Lap Swim Swim Academy Lap Swim	Lap Swim Lap Swim Water Fitness Water Fitness Lap Swim Swim Academy Lap Swim	Lap Swim Water Fitness Water Fitness Water Fitness Water Walking Water Walking Water Walking Swim Academy Lap Swim  Lane 4 Lap Swim Water Fitness Water Fitness Water Walking Lap Swim  Lane 4 Lap Swim Water Fitness Water Walking Lap Swim  Lane 4 Lap Swim  Lap Swim  Lap Swim  Lane 4 Lap Swim  Lap Swim  Lap Swim  Water Walking Lap Swim  Vater Walking Lap Swim / Water Walking Lap Swim /	Open Swim Open Swim Water Fitness Water Fitness Open Swim Water Fitness Open Swim After School Open Swim Shallow Section Open Swim	Open Swim Water Fitness Open Swim  Deep Section Open Swim After School Open Swim Deep Section Open Swim  Deep Section Open Swim / Scuba Group