

# PRISMA HEALTH FAMILY Y GYMNASIUM COURT SCHEDULE

Outside of designated court usage times, areas may be reserved for Y programming such group exercise classes, pickleball, youth programming and more. We appreciate your understanding!

STAGE

## COURT 3

### MONDAY

- OPEN GYM 5a-9a
- OPEN GYM 11:15a-12p
- PICKLEBALL 12p-3p
- OPEN GYM 5:30p-9p

### WEDNESDAY

- OPEN GYM 5a-10a
- OPEN GYM 11:15a-12p
- PICKLEBALL 12p-3p
- OPEN GYM 3p-9p

### TUESDAY/THURSDAY

- PICKLEBALL 6:30a-3p
- OPEN GYM 3p-4p
- OPEN GYM 6p-9p

### FRIDAY

- OPEN GYM 5a-9a
- OPEN GYM 11:15a-12p
- PICKLEBALL 12p-3p
- OPEN GYM 3p-9p

### SATURDAY

- OPEN GYM 7a-8a
- OPEN GYM 11:30a-5p

### SUNDAY

- OPEN GYM 1p-5p

BEAST MODE  
AREA

## COURT 1

### MONDAY/WEDNESDAY

- FULL COURT 5a-8a
- OPEN GYM 11:15a-12:30p
- OPEN GYM 2:30p-7:30p
- FULL COURT 7:30p-9p

### TUESDAY/THURSDAY

- OPEN GYM 6:30a-7:30p
- FULL COURT 7:30p-9p

### FRIDAY

- FULL COURT 5a-8a
- OPEN GYM 8a-9a
- OPEN GYM 11:15a-9p

### SATURDAY

- OPEN GYM 7a-8a
- OPEN GYM 11:30p-3p
- FULL COURT 3p-5p

### SUNDAY

- OPEN GYM 1p-5p

## COURT 2

### MONDAY/WEDNESDAY

- FULL COURT 5a-8a
- OPEN GYM 8a-12p
- PICKLEBALL 12p-3p
- FULL COURT 7:30p-9p

### TUESDAY/THURSDAY

- OPEN GYM 5a-6:30a
- PICKLEBALL 6:30a-3p
- FULL COURT 7:30p-9p

### FRIDAY

- FULL COURT 5a-8a
- OPEN GYM 8a-12p
- PICKLEBALL 12p-3p
- OPEN GYM 6:30p-9p

### SATURDAY

- OPEN GYM 7a-8a
- OPEN GYM 12p-3p
- FULL COURT 3p-5p

### SUNDAY

- OPEN GYM 1p-5p