



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PRISMA HEALTH YMCA POOL SCHEDULE May 27th-June 1st

MONDAY								
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:00-9:15am	Lap Swim							
9:15-10:20am	Aqua Fitness					Lap Swim		
10:20am-12:30pm	Open Swim		Lap Swim					
TUESDAY								
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
5:00-8:15am	Lap Swim							
8:15-10:30am	Aqua Fitness					Lap Swim		
10:30am-4:00pm	Lap Swim							
4:00-6:45pm	Open Swim		Lap Swim				Swim Lessons	
6:45-8:30pm	Open Swim		Lap Swim					
WEDNESDAY								
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
5:00-8:15am	Lap Swim							
8:15-11:20am	Aqua Fitness					Lap Swim		
11:20am-4:30pm	Open Swim		Lap Swim					
4:30-6:45pm	Open Swim				Lap Swim		Swim Lessons	
6:45-8:30pm	Open Swim		Lap Swim					
THURSDAY								
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
5:00am-8:15am	Lap Swim							
8:15-10:30am	Aqua Fitness					Lap Swim		
10:30am-4:00pm	Lap Swim							
4:00-6:00pm	Open Swim		Lap Swim				Swim Lessons	
6:00-8:30pm	Open Swim		Lap Swim					
FRIDAY								
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
5:00-8:15am	Lap Swim							
8:15-11:20am	Aqua Fitness					Lap Swim		
11:20am-8:30pm	Open Swim		Lap Swim					
SATURDAY								
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:00-8:15am	Lap Swim							
8:15-9:30am	Aqua Fitness				Lap Swim			
9:30-2:00pm	SPLASH DAY Swim Lessons ONLY							
2:00-4:30pm	Open Swim				Lap Swim			
Sunday								
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1:00-4:30pm	Lap Swim					Open Swim		

"Lap Swim" indicates times when all lane lines are in, "Open Swim" indicates a multi-lane open space. Lap lanes may be used for water exercise as well.

*All pool hours subject to change | Group rentals may occur at any time