

PRISMA HEALTH FAMILY Y GYMNASIUM

COURT SCHEDULE

Outside of designated court usage times, areas may be reserved for Y programming such group exercise classes, pickleball, youth programming and more. We appreciate your understanding!

STAGE

COURT 3

MONDAY

- OPEN GYM 5a-10a
- OPEN GYM 11:15a-12p
- OPEN GYM 5:30p-9p

WEDNESDAY

- OPEN GYM 5a-10a
- OPEN GYM 11:15a-12p
- OPEN GYM 3p-9p

TUESDAY/THURSDAY

- OPEN GYM 6:30a-7a
- OPEN COURT 3p-4p
- OPEN GYM 6p-9p

FRIDAY

- OPEN GYM 5a-9a
- OPEN GYM 11:15-12p
- OPEN GYM 5:30p-9p

SATURDAY

- OPEN GYM 7a-8a
- OPEN GYM 11:30a-5p

SUNDAY

- OPEN GYM 1p-5p

BEAST MODE
AREA

COURT 1

MONDAY/WEDNESDAY

- FULL COURT 5a-8a
- OPEN GYM 11:15a-12:30p
- OPEN GYM 2:30p-7:30p
- FULL COURT 7:30p-9p

TUESDAY/THURSDAY

- OPEN GYM 6:30a-8p
- FULL COURT 8p-9p

FRIDAY

- FULL COURT 5a-8a
- OPEN GYM 8a-9a
- OPEN GYM 11:15a-9p

SATURDAY

- OPEN GYM 7a-8a
- OPEN GYM 11:30p-3p
- FULL COURT 3p-5p

SUNDAY

- OPEN GYM 1p-5p

COURT 2

MONDAY/WEDNESDAY

- FULL COURT 5a-8a
- OPEN GYM 8a-12p
- FULL COURT 7:30p-9p

TUESDAY/THURSDAY

- OPEN GYM 5a-7a
- OPEN GYM 3p-4:30p
- FULL COURT 8p-9p

FRIDAY

- FULL COURT 5a-8a
- OPEN GYM 8a-12p
- OPEN GYM 3p-9p

SATURDAY

- Open GYM 7a-8a
- OPEN GYM 2p-3p
- FULL COURT 3p-5p

SUNDAY

- OPEN GYM 1p-5p