

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

## KARATE KIDS REGISTER ONLINE ymcagreenville.org



**Ages:** 5-17

Next Session Schedule: February 1st- 29th 2024 (recurring monthly sessions)

Classes Days/Times: Thursday 7:30pm Room #3 Saturday 11:45 to 12:45 Room # 1

Testing & Awards: TBA

Members \$80 Non -Members \$95

**Member Discounts:** Additional children \$ 70

Must register in house to receive discount.

Free Gi is awarded once participant advances to gold belt.

\*No contracts

Contact Kenny Johnson for more information: Kenny.johnson@ymcagreenville.org

## **Prisma Health YMCA**

The YMCA of Greenville, following the example of Christ, builds healthy spirit, mind, and body for all.



## Program Description and Instructor Bio

YMCA is proud to announce the **KARATE KIDS Academy of Tae Kwon Do and Hap Ki Do.** This Martial Arts program trains kids to be response-ready from learning the latest skills and tactics from the "**B.E. S.A.F.E.**" Commonsense Self-defense program. Skills and Tactics to Escape and Survive danger, bullying, and harms-way are taught in every class. Each session is spiritually, physically, mentally, and emotionally balanced. Karate Kids is also great fun.

Our Instructor, 5th Degree Black Belt, Master D, applies biblical truths to promote and teach core-value behavior disciplines such as practical life leadership skills, communication skills, character development, good manners, proper etiquette, and true respect.

Master D holds a BA in Education, MA in Psychology, and Th.D., in Theology. His many published works include course curriculums that are studied at university. His decades of experience in business and ministry provide for all he imparts into the life of each girl and boy.

Master D's life in the martial arts began in 1967 under Master Instructor Andy Marcinko. In 1970 his training in Taekwondo and Hapkido advanced under 7<sup>th</sup> degree Grand Master, Ray Suzch, USA Karate Team Coach and Founder of the Cleveland Academy of Self Defense.

Master D's accomplishments include Master Black Belt in Tae Kwon Do and Hap Ki Do. 1st Degree Black Belt in Jujitsu, plus several advanced rankings in Savate, Judo, Kung Fu, and weapons. In 2004 Grand Master Ray appointed Master D into the Martial Arts Hall of Fame. Master D believes and lives in and out of the dojo by one standard, The KARATE Creed.

## **The KARATE Creed**

- 1. I will always work with diligence and discipline, so that when I set any goals, I will be more likely to achieve them. (Proverbs 10:4)
- 2. My Karate is for sport or self-defense only. Therefore, I will be calm, gentle, and avoid fighting. This does not mean that I am weak, but that my behavior is always under control. (2 Samuel 22:36)
- 3. I can be brave whenever I'm in a dangerous or scary situation because I will put my trust in God to take care of me. (Proverbs 24:10)
- 4. I will never strike out in anger or seek revenge. (Deuteronomy 32:35)
- 5. I will be polite, caring, and very kind. (Nehemiah 9:17)
- 6. I will not laugh when bad people get in trouble or be glad when mean people fail. (Proverbs 24:17)
- 7. I will defend, be fair, and be generous to hurting and poor people. (Psalm 82:3,4
- 8. I will always tell the truth and obey all the rules. (Psalms 15:2)
- 9. I will be a good listener and always try my hardest, so I become smarter, understand better, and behave with wisdom. (Proverbs 4:5-9)
- 10. My most important goal is to make God and my family happy and proud of me. (Exodus 20:12)