



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OUTDOOR POOL SCHEDULE

CAINE HALTER FAMILY YMCA | January 1st - March 30th 2024

MONDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	
5:00-5:45am	Lap Swim						
5:45-6:45am	Lap Swim	Masters Swim					
6:30am-12:00pm	Lap Swim						
12:00-1:00pm	Lap Swim	Masters Swim			Lap Swim		
1:00-5:00pm	Lap Swim					Open Swim	
5:00-6:00pm	Swim Academy			Lap Swim		Open Swim	
6:00-8:30pm	Lap Swim					Open Swim	

TUESDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00-6:00am	Lap Swim					
6:00-7:00am	Masters Swim					
7:00-1:00pm	Lap Swim					
1:00-5:00pm	Lap Swim					Open Swim
5:00-6:00pm	Swim Academy			Lap Swim		Open Swim
6:15-7:00pm	Lap Swim 101			Lap Swim		Open Swim
7:00-8:30 pm	Lap Swim					Open Swim

WEDNESDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	
5:00-5:45am	Lap Swim						
5:45-6:30am	Lap Swim	Masters Swim					
6:30am-12:00pm	Lap Swim						
12:00-1:00pm	Lap Swim	Masters Swim			Lap Swim		
1:00-5:00pm	Lap Swim					Open Swim	
5:00-6:00pm	Swim Academy			Lap Swim		Open Swim	
6:00-8:30pm	Lap Swim					Open Swim	

THURSDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
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5:00am-1:00pm	Lap Swim					
1:00-5:00pm	Lap Swim					Open Swim
5:00-6:00pm	Swim Academy			Lap Swim		Open Swim
6:15-7:00pm	Beginner Masters/Lap Swim 101			Lap Swim		Open Swim
7:00-8:30pm	Lap Swim					Open Swim

FRIDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00-6:00am	Lap Swim					
6:00-7:00am	Masters Swim					
7:00-12:00pm	Lap Swim					
12:00-1:00pm	Lap Swim	Masters Swim			Lap Swim	
1:00-4:00pm	Lap Swim					Open Swim
4:00-7:30pm	Lap Swim				Open Swim	

SATURDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7:00-8:00am	Lap Swim					
8:00-9:30am	Masters Swim					
9:30-4:30pm	Lap Swim				Open Swim	

SUNDAY

1:00-4:30pm	Lap Swim				Open Swim	
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***All pool hours and schedule are subject to change.**

***Open swim is for aerobics, water walking, and family swim.**