

## OUTDOOR POOL SCHEDULE PRISMA HEALTH FAMILY YMCA October 15th-December 16th

FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

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<b>T</b> :				IONDAY	<del></del>			
Time 5:00-8:15am	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
8:15-11:20am	Lap Swim							
	Aqua Fitness Lap Swim Lap Swim							
11:20am-4:30pm 4:30-6:00pm		1	Consissa	Lар	SWIM	Carrier I	200000	
			Swim				essons	
6:00-6:30pm		Lap Swim		Swim Lessons				
6:30-7:30pm	Lap Swim Lessons Swim Lessons							
7:30-8:30pm								
			Т	UESDAY				
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
5:00-6:00am				Lap	Swim			
6:00-7:00am		<b>Masters Swir</b>	n			Lap Swim		
7:00-8:15am	Lap Swim							
8:15-10:30am	Aqua Fitness Lap Swim							
10:30am-4:30pm	Lap Swim							
4:30-7:30pm	Lap Swim Lessons Swim Lessons							
7:30-8:30pm				Lap	Swim			
			WE	DNESDAY				
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
5:00-8:15am					Swim	-		-
8:15-11:20am		Aqua	Fitness	-		Lap	Swim	
11:20am-4:30pm				Lap	Swim			
4:30pm-5:30pm		Lap	Swim			Swim I	essons	
5:30-6:30pm		Lap Swim				Swim Lesson	S	
6:30-7:30pm			Lap	Swim			Swim I	essons
7:30-8:30pm	Lap Swim							
THURSDAY								
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
5:00am-8:15am	Lane 1	Lane 2	Lane 3		Swim	Lane 0	Lane 7	Lane 0
8:15-10:30am		Agua	Fitness			Lap S	Swim	
10:30am-4:30pm								
4:30-6:45pm	Lap Swim  Swim Lessons							
	Lap Swim Lap Swim Lessons Swim Lessons Swim Lessons						000000	
6:45-7:30pm			Lар S				Swim	essons
7:30-8:30pm	Lap Swim							
			_	FRIDAY				
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
5:00-6:00am				Lap	Swim			
6:00-7:00am	Masters Swim Lap Swim							
7:00-8:15am	Lap Swim							
8:15-11:20am	Aqua Fitness Lap Swim							
11:20am-5:00pm					Swim			
5:00-8:30pm			Lap	Swim			Open	Swim
			S	aturday				
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:00-8:15am				Lap	Swim			
8:15-9:30am		Aqua Fitness			•	Lap Swim	_	
9:30-11:45am			Lessons			Lap :	Swim	
11:45-12:30pm	Swim	Lessons		Lap	Swim		-	Swim
12:30-4:30pm								
Sunday								
Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1:00-4:30pm			Lap Swim				<b>Open Swim</b>	
	os timos who	a all lana linaa	are in "Open	Swim" indicate	as a multi-lane	onen snace	lan lanes mav	be used for
"Lap Swim" indicat	es tilles whe	n all lane lines	the state of the s	exercise as we		. open space.	eap rance may	