



OUTDOOR POOL SCHEDULE

PRISMA HEALTH FAMILY YMCA

October 15th-December 16th

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
5:00-8:15am	Lap Swim							
8:15-11:20am	Aqua Fitness				Lap Swim			
11:20am-4:30pm	Lap Swim							
4:30-6:00pm	Lap Swim				Swim Lessons			
6:00-6:30pm	Lap Swim			Swim Lessons				
6:30-7:30pm	Lap Swim						Swim Lessons	
7:30-8:30pm	Lap Swim							

TUESDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
5:00-6:00am	Lap Swim							
6:00-7:00am	Masters Swim			Lap Swim				
7:00-8:15am	Lap Swim							
8:15-10:30am	Aqua Fitness				Lap Swim			
10:30am-4:30pm	Lap Swim							
4:30-7:30pm	Lap Swim				Swim Lessons			
7:30-8:30pm	Lap Swim							

WEDNESDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
5:00-8:15am	Lap Swim							
8:15-11:20am	Aqua Fitness				Lap Swim			
11:20am-4:30pm	Lap Swim							
4:30pm-5:30pm	Lap Swim				Swim Lessons			
5:30-6:30pm	Lap Swim			Swim Lessons				
6:30-7:30pm	Lap Swim						Swim Lessons	
7:30-8:30pm	Lap Swim							

THURSDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
5:00am-8:15am	Lap Swim							
8:15-10:30am	Aqua Fitness				Lap Swim			
10:30am-4:30pm	Lap Swim							
4:30-6:45pm	Lap Swim				Swim Lessons			
6:45-7:30pm	Lap Swim						Swim Lessons	
7:30-8:30pm	Lap Swim							

FRIDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
5:00-6:00am	Lap Swim							
6:00-7:00am	Masters Swim			Lap Swim				
7:00-8:15am	Lap Swim							
8:15-11:20am	Aqua Fitness				Lap Swim			
11:20am-5:00pm	Lap Swim							
5:00-8:30pm	Lap Swim						Open Swim	

Saturday

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:00-8:15am	Lap Swim							
8:15-9:30am	Aqua Fitness				Lap Swim			
9:30-11:45am	Swim Lessons				Lap Swim			
11:45-12:30pm	Swim Lessons		Lap Swim				Open Swim	
12:30-4:30pm	Lap Swim					Open Swim		

Sunday

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1:00-4:30pm	Lap Swim					Open Swim		

"Lap Swim" indicates times when all lane lines are in, "Open Swim" indicates a multi-lane open space. Lap lanes may be used for water exercise as well.

*All pool hours subject to change | Group rentals may occur at any time