

# Prisma Health YMCA 2023 Fall Cross Country FAQ's

REGISTRATION FROM September 11th – October 1st LATE REGISTRATION October 2nd – October 9th PRACTICES START week of October 23rd GAMES FROM November 4th – December 16th

#### WHAT SHOULD MY CHILD BRING?

AGE	PRACTICE LOCATION	MEET LOCATIONS	Tennis Shoes	DRESS	WATER BOTTLE
5-7	YMCA Program Center	YPC and additional	Required	Comfortably	YES
	(YPC)	Greenville locations		(shorts, t-shirt)	
8-14	YMCA Program Center	YPC and additional	Required	Comfortably	YES
	(YPC)	Greenville locations		(shorts, t-shirt)	

### WHAT IS PROVIDED IN MY REGISTRATION FEE? MEMBERS - \$75, POTENTIAL-MEMBERS - \$110

The YMCA is committed to providing the highest quality program for you and your family. Staff is provided to oversee all operations of the practices and meets. Coaches and Meet Administrators are trained in rules and regulations of Cross Country. Our courses will be maintained and kept in safe and presentable conditions. Additionally, your child will be provided with a team jersey. Every child will receive an end of the season medal.

Any additional jersey ordered for a participant after the initial jersey order will be a \$12 fee.

### NO TOBACCO/DRUGS/ALCOHOL AND NO PETS ON PROPERTY

We appreciate your understanding of these policies.

#### **DOES THE YMCA GUARANTEE MY REQUESTS?**

The YMCA cannot guarantee any requests that are made for days, times, coaches, etc. We try our best to accommodate all requests.

#### WHAT AGE GROUP SHOULD MY CHILD BE IN?

Your child should be in an age group based on their age on the first day of practices. Example: If the child is 7 at the time of registration, but turns 8 before the first day of practices, the child would need to run in the 8 -14 age group. If you feel your child can run in an older age group, you must speak with the director before the child will be moved up.

### WILL THE YMCA COMMUNICATE INFORMATION WITH ME?

Yes, but the primary form of communication will be sent from the Sports Director - Tyree Mathis or Assistant Sports Director - Erica Snyder. The YMCA will communicate practice schedules, meet schedules, and other important information throughout the season through email.

### WHEN SHOULD I HEAR FROM THE COACH?

Coaches are expected to review their rosters and contact their players by the week of October 16<sup>th</sup>. Please contact Tyree Mathis at tyree.mathis@ymcaqreenville.orq or Erica Snyder at erica.snyder@ymcaqreenville.orq if you have not heard from your coach by October 20<sup>th</sup>.

#### PRACTICE INFORMATION

Practices begin the week of October 23rd.

- Ages 5-7 will practice once or twice a week (parent's choice), at 5:30pm on Tuesdays. Thursdays will be a
  joint practice for both age groups at 5:30pm also (parent's choice). Kids can come to one or both
  practices. All practices at YPC.
- Ages 8-14 will practice once or twice a week (parent's choice), at 6:30pm on Tuesdays. Thursdays will be
  a joint practice with both age groups at 5:30pm also (parent's choice). Kids can come to one or both
  practices. All practices at YPC.

### **WHEN WILL MEETS BE HELD?**

There will be 5 meets between the dates of November  $4^{th}$  – December  $16^{th}$ . All Meets will be on Saturdays at the YMCA Program Center, and possible other locations in the Greenville area. The distance of the meets will be 1.2 miles - 3.1 miles and will vary by age group. The distance will increase each meet. The first/last races will start between 9am and 11am. Sports Directors will send out more information of exact start times weekly before each meet.

### WHAT ABOUT INCLEMENT WEATHER AND CANCELLATIONS?

Practices/Meets: The Sports Director or Sports Specialist will call practices/meets under severe weather (lightning, thunderstorms, tornado watch), ongoing hard rain, snow/ice, and/or any possible weather threats. Otherwise, any other weather conditions such as small rain showers will be at the discretion of the coach. This is for all ages. Please get a contact list of the Head Coach, Assistant Coach, and Team parent to see if practice is called off. If the YMCA does call off practices/meets, the decision will be made by 5:00pm for weekdays and 8:00am on Saturdays. Everyone will receive a notification through playerspace. After this time all decisions will be made at the field and information will be given to the Member Services desk at the YMCA. Always check with your coach to see if it's cancelled.

### WHAT DO I NEED TO KNOW ABOUT TEAM AND INDIVIDUAL PICTURES?

After the meet schedule has been created, we will send it to the photographer and he will develop a picture schedule. As soon as we get this, we will pass it along to coaches and parents through email. Portrait EFX is the photography company. After your picture day has passed, they will process all orders and mail them out within a 3-4 week time period. Any inquiries regarding problems with picture orders or not receiving your pictures should be sent to Todd Rogers at (864) 616-7999 or <a href="mailto:trogers@portraitefx.com">trogers@portraitefx.com</a>.

#### IS THERE AN END OF SEASON PARTY?

Medals will be given to coaches before the end of the season. It is up to coaches to pass them out after the last Meet or at a party. If you would like your team to have a party to pass out medals, get with your coach and/or team parent to help set one up.

### **IS FINANCIAL ASSISTANCE AVAILABLE?**

Yes, please ask the front desk for the paperwork needed to apply for financial assistance. For questions on this process, please email at <a href="mailto:yassist@ymcaqreenville.org">yassist@ymcaqreenville.org</a>.

### **HOW CAN I GET A REFUND/ CREDIT?**

Refund Policy-

DATE	REFUND/CREDIT		
September 11th - October 9th	A full refund will be issued		
October 10 <sup>th</sup> – October 22 <sup>nd</sup>	Credit or refund minus \$20		
October 23rd and after	No refund. (Unless emergency and/or		
	doctor's note)		

## **HAVE A QUESTION NOT LISTED HERE?**

Please direct all questions and concerns to:

Tyree Mathis Sports Director (864)963-3608

tyree.mathis@ymcagreenville.org

Erica Snyder Sports Assistant Director (864)963-3608

erica.snyder@ymcagreenville.org