



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Outdoor Pool Schedule

## August 7th - December 31st, 2023

CAINE HALTER FAMILY YMCA

### MONDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	
5:00-5:30am	Lap Swim						
5:30-6:30am	Lap Swim	Masters Swim					
6:30am-12:00pm	Lap Swim						
12:00-1:00pm	Lap Swim	Masters Swim			Lap Swim		
1:00-8:30pm	Lap Swim					Open Swim	

### TUESDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00-6:00am	Lap Swim					
6:00-7:00am	Masters Swim					
7:00-1:00pm	Lap Swim					
7:00-6:15pm	Lap Swim					Open Swim
6:15-7:00pm	Lap Swim 101			Lap Swim		
7:00-8:30 pm	Lap Swim					Open Swim

### WEDNESDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	
5:00-5:30am	Lap Swim						
5:30-6:30am	Lap Swim	Masters Swim					
6:30am-12:00pm	Lap Swim						
12:00-1:00pm	Lap Swim	Masters Swim			Lap Swim		
1:00-8:30pm	Lap Swim					Open Swim	

### THURSDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00am-1:00pm	Lap Swim					
1:00-6:00pm	Lap Swim					Open Swim
6:00-7:00pm	Beginner Masters Swim				Lap Swim	
7:00-8:30pm	Lap Swim					Open Swim

**FRIDAY**

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00-6:00am	Lap Swim					
6:00-7:00am	Masters Swim					
7:00-12:00pm	Lap Swim					
12:00-1:00pm	Lap Swim	Masters Swim			Lap Swim	
1:00-4:00pm	Lap Swim					Open Swim
4:00-7:30pm	Lap Swim				Family Open Swim	



**SATURDAY**

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7:00-8:00am	Lap Swim					
8:00-9:30am	Masters Swim					
9:30-4:30pm	Lap Swim				Family Open Swim	



**SUNDAY**

1:00-4:30pm	Lap Swim				Family Open Swim	
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**\*All pool hours and schedule are subject to change**

**\*Open swim is for aerobics, water walking, and family swim.**