



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OUTDOOR POOL SCHEDULE

CAINE HALTER FAMILY YMCA

August 7- December 31

MONDAY-WEDNESDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00-6:00am	Lap Swim					
6:00-7:00am	Masters Swim					
7:00-8:15am	Lap Swim					
8:15-9:15am	Aqua Boot Camp			Lap Swim		
9:15am-1:00pm	Lap Swim					
1:00-5:00pm	Lap Swim					
5:00-6:00pm	Swim Academy			Lap Swim		
6:00-8:30pm	Lap Swim 101 Tuesdays 6:15-7			Lap Swim		

THURSDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00-9:00am	Lap Swim					
9:00-12:00pm	Lap Swim					
12:00-1:00pm	Lap Swim					
1:00-5:00pm	Lap Swim					
5:00-6:00pm	Swim Academy			Lap Swim		
6:00-7:00pm	Masters Swim				Lap Swim	
7:00-8:30pm	Lap Swim					

FRIDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00-6:00am	Lap Swim					
6:00-7:00am	Masters Swim					
7:00-9:00am	Lap Swim					
9:00-12:00pm	Lap Swim					
12:00-4:00pm	Lap Swim					
4:00-7:30pm	Lap Swim				Family Open Swim	

SATURDAY

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7:00-8:00am	Lap Swim					
8:00-9:30am	Masters Swim					
9:30-4:30pm	Lap Swim				Family Open Swim	

SUNDAY

1:00-4:30pm	Lap Swim				Family Open Swim	
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***All pool hours and schedule are subject to change**

*Open swim is for aerobics, water walking, and family swim.