

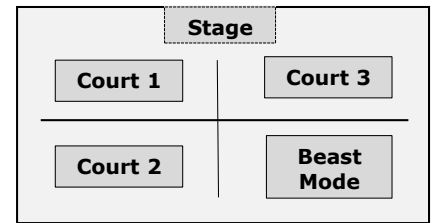


GYM SCHEDULE

July-August 2022

Updated 7-11-2022

PRISMA HEALTH FAMILY YMCA



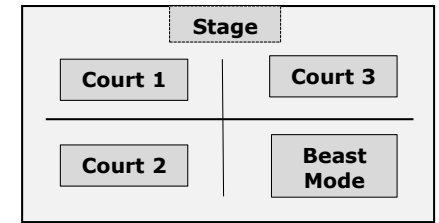
Monday	Court 1	Court 2	Court 3	Beastmode						
5a	Full Court Basketball	Full Court Basketball	Open Gym	Reserved for Class 5:30a-6:30a						
6a				Open Training						
7a				Reserved for Program	Open Gym (Used for childwatch when needed)	Reserved for Program	Reserved for Class 9a-11a			
8a							Open Training			
9a							Family Play	Reserved for Program	Reserved for Class 4:30p-7:30p	
10a				Open Training						
11:15a				Reserved for Program	Open Gym	Open Training				
12p							Family Play	Reserved for Program	YMCA Closed	
1p										Reserved for Childwatch
2p	Full Court Basketball	YMCA Closed								
3p			Full Court Basketball	YMCA Closed						
4:15p					Family Play	YMCA Closed				
5:30p	Reserved for Childwatch	YMCA Closed								
6p			Full Court Basketball	YMCA Closed						
7:30p					Full Court Basketball	YMCA Closed				
8p	Full Court Basketball	YMCA Closed								
9p			Full Court Basketball	YMCA Closed						
9p					Full Court Basketball	YMCA Closed				
Tuesday	Court 1	Court 2					Court 3	Beastmode		
5a	Reserved for Program	Open Gym	Reserved for Program	Reserved for Class 5:30a-6:30a						
6:30a				Full Court Basketball	Full Court Basketball	Open Gym	Open Training			
7a							Open Gym	Open Gym (Used for childwatch when needed)	Open Gym (Used for Kid Fitness when needed)	Reserved for Class 9a-11a
8a										
9a				Full Court Basketball	Reserved for Program	Open Training				
10a							Family Play	Open Gym	Reserved for Class 5:30p-7:30p	
11:15a										Reserved for Childwatch
12p				Full Court Basketball	YMCA Closed					
1p						Full Court Basketball	YMCA Closed			
2p	Family Play	YMCA Closed								
3p			Reserved for Childwatch	YMCA Closed						
4:15p					Family Play	YMCA Closed				
5:30p	Full Court Basketball	YMCA Closed								
6p			Full Court Basketball	YMCA Closed						
7:15p					Full Court Basketball	YMCA Closed				
8p	Full Court Basketball	YMCA Closed								
9p			Full Court Basketball	YMCA Closed						
9p					Full Court Basketball	YMCA Closed				



GYM SCHEDULE

June-August 2022

PRISMA HEALTH FAMILY YMCA



Wednesday	Court 1	Court 2	Court 3	Beastmode	
5a	Full Court Basketball	Full Court Basketball	Open Gym	Reserved for Class 5:30a-6:30a	
6a				Open Training	
7a				Reserved for Class 9a-11a	
8a	Open Gym	Open Gym (Used for childwatch when needed)	Reserved for Program	Open Training	
9a	Reserved for Program	Family Play		Open Training	
10a	Open Gym	Full Court Basketball		Reserved for Class 4:30p-7:30p	
11:15a	Full Court Basketball	Family Play	Open Gym	Open Training	
12p				Reserved for Childwatch	Open Training
1p				Full Court Basketball	Open Training
2p	Open Gym	Full Court Basketball	YMCA Closed	YMCA Closed	
3p	Reserved for Program	Family Play		YMCA Closed	
4:15p	Pick-up Basketball	Reserved for Childwatch		YMCA Closed	
5:30p	Full Court Basketball	Full Court Basketball	YMCA Closed	Open Training	
6p				YMCA Closed	YMCA Closed
7:30p				YMCA Closed	YMCA Closed
8p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed	
9p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed	
Thursday	Court 1	Court 2	Court 3	Beastmode	
5a	Reserved for Program	Open Gym	Reserved for Program	Reserved for Class 5:30a-6:30a	
6:30a	Full Court Basketball	Full Court Basketball	Open Gym	Open Training	
7a				Open Training	
8a	Reserved for Program	Open Gym (Used for childwatch when needed)	Open Gym (Used for Kids Fitness when needed)	Reserved for Class 9a-11a	
9:30a	Open Gym	Family Play		Open Training	
10a	Pick-up Basketball	Reserved for Childwatch		Open Gym	Reserved for Class 5:30p-7:30p
12p			Family Play		Open Training
1p			Full Court Basketball		Open Training
2p	Full Court Basketball	Full Court Basketball	YMCA Closed	YMCA Closed	
3p				Family Play	YMCA Closed
4:15p				Reserved for Childwatch	YMCA Closed
5:30p	Full Court Basketball	Full Court Basketball	YMCA Closed	YMCA Closed	
6p				Family Play	YMCA Closed
7:15p				Full Court Basketball	YMCA Closed
8p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed	
9p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed	

Friday	Court 1	Court 2	Court 3	Beastmode		
5a	Full Court Basketball	Full Court Basketball	Open Gym	Reserved for Class 5:30a-6:30a		
6a				Open Training		
7a				Reserved for Class 9a-11a		
8a	Open Gym	Open Gym (Used for childwatch when needed)	Reserved for Program	Open Training		
9a	Reserved for Program					
10a	Open Gym	Family Play				
11:15a	Full Court Basketball	Full Court Basketball	Open Gym	Open Training		
12p					Family Play	
1p					Reserved for Childwatch	
2p	Pick-up Basketball	Family Play	YMCA Closed	YMCA Closed		
3p					Family Play	
4:15p					Full Court Basketball	
5:30p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed		
6p					Full Court Basketball	
7p					Full Court Basketball	
8p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed		
9p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed		
Saturday	Court 1	Court 2	Court 3	Beastmode		
7a	Open Gym	Open Gym	Open Gym	Open Training		
8a	Reserved for Program	Reserved for Childwatch	Reserved for Program	Reserved for Class 9a-10a		
9a				Open Training		
10a						
11a	Reserved for Youth Basketball League	Reserved for Youth Basketball League	Open Gym		Open Training	
11:30a						
12p						
2p	Full Court Basketball	Full Court Basketball	YMCA Closed	YMCA Closed		
3p						
4p						
5p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed		
Sunday	Court 1	Court 2	Court 3	Beastmode		
1p	Pick-up Basketball	Family Play	Open Gym	Open Training		
3p				YMCA Closed	YMCA Closed	YMCA Closed
5p						

FAMILY PLAY	A safe space for youth and their caretakers to practice, shoot and play
OPEN GYM	Court available for individual or group shooting and play.
PICK-UP BASKETBALL	Open for pick-up basketball games
FULL COURT BASKETBALL	Full court games played on courts 1 & 2
RESERVED FOR PROGRAM	Area reserved for program participants during a Y program
OPEN TRAINING	Area available for individual exercising and functional training