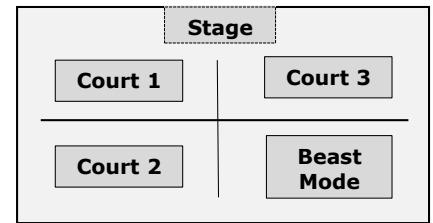




# GYM SCHEDULE

June-August 2022

PRISMA HEALTH FAMILY YMCA



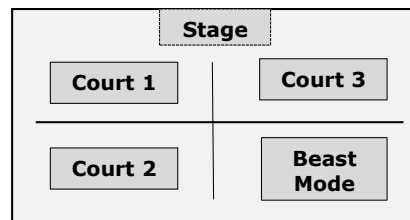
Monday	Court 1	Court 2	Court 3	Beastmode
5a	Full Court Basketball	Full Court Basketball	Open Gym	Reserved for Class 5:30a-6:30a
6a				Open Training
7a				Reserved for Class 9a-11a
8a	Open Gym	Open Gym (Used for childwatch when needed)	Reserved for Program	Open Training
9a	Reserved for Program	Family Play	Open Gym	Reserved for Class 4:30p-7:30p
10a				Open Training
11:15a	Open Gym	Reserved for Childwatch	Reserved for Program	Open Training
12p	Full Court Basketball			
1p		Open Gym	Open Gym	Open Training
2p	Family Play			
3p	Reserved for Program	Reserved for Childwatch	Reserved for Program	Reserved for Class 4:30p-7:30p
4:15p	Pick-up Basketball			
5:30p		Full Court Basketball	Open Gym	Open Training
6p	Open Training			
7:30p	Full Court Basketball	YMCA Closed	YMCA Closed	YMCA Closed
8p	Open Training			
9p	YMCA Closed	Open Training	YMCA Closed	YMCA Closed
Tuesday	Court 1	Court 2	Court 3	Beastmode
5a	Reserved for Program	Open Gym	Reserved for Program	Reserved for Class 5:30a-6:30a
6:30a	Full Court Basketball	Full Court Basketball	Open Gym	Open Training
7a				Reserved for Class 9a-11a
8a	Open Gym	Open Gym (Used for childwatch when needed)	Open Gym (Used for Kid Fitness when needed)	Open Training
9a				Reserved for Class 5:30p-7:30p
10a				Open Training
11:15a	Open Gym	Family Play	Open Gym	Open Training
12p				
1p	Full Court Basketball	Full Court Basketball	Open Gym	Open Training
2p				
3p	Pick-up Basketball	Reserved for Childwatch	Open Gym	Open Training
4:15p				
5:30p	Pick-up Basketball	Family Play	Open Gym	Open Training
6p				
7p	Full Court Basketball	Full Court Basketball	YMCA Closed	Open Training
8p				
9p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed



# GYM SCHEDULE

June-August 2022

PRISMA HEALTH FAMILY YMCA



Wednesday	Court 1	Court 2	Court 3	Beastmode		
5a	Full Court Basketball	Full Court Basketball	Open Gym	Reserved for Class 5:30a-6:30a		
6a				Open Training		
7a				Reserved for Class 9a-11a		
8a	Open Gym	Open Gym (Used for childwatch when needed)	Reserved for Program	Open Training		
9a	Reserved for Program	Family Play		Open Training		
10a	Open Gym	Full Court Basketball		Reserved for Class 4:30p-7:30p		
11:15a	Full Court Basketball	Full Court Basketball	Open Gym	Open Training		
12p				Reserved for Childwatch	Open Training	
1p				Full Court Basketball	Open Training	
2p	Open Gym	Family Play	YMCA Closed	YMCA Closed		
3p	Reserved for Program	Full Court Basketball		YMCA Closed		
4:15p	Pick-up Basketball	YMCA Closed		YMCA Closed		
5:30p	Full Court Basketball	Full Court Basketball	YMCA Closed	Open Training		
6p				YMCA Closed	YMCA Closed	
7:30p				YMCA Closed	YMCA Closed	
8p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed		
9p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed		
Thursday	Court 1	Court 2	Court 3	Beastmode		
5a	Reserved for Program	Open Gym	Reserved for Program	Reserved for Class 5:30a-6:30a		
6:30a	Full Court Basketball	Full Court Basketball	Open Gym	Open Training		
7a				Reserved for Program	Open Gym (Used for childwatch when needed)	Reserved for Class 9a-11a
8a				Open Gym	Family Play	Open Training
9:30a	Full Court Basketball	Full Court Basketball	Open Gym	Reserved for Class 5:30p-7:30p		
10a				Family Play	Open Training	
12p				Full Court Basketball	Open Training	
1p	Pick-up Basketball	Reserved for Childwatch	Open Gym	Reserved for Class 5:30p-7:30p		
2p				Family Play	Open Training	
3p				Full Court Basketball	Open Training	
4:15p	Full Court Basketball	Full Court Basketball	YMCA Closed	YMCA Closed		
5:30p				YMCA Closed	YMCA Closed	
6p				YMCA Closed	YMCA Closed	
7p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed		
8p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed		
9p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed		

<b>Friday</b>	<b>Court 1</b>	<b>Court 2</b>	<b>Court 3</b>	<b>Beastmode</b>
5a	Full Court Basketball	Full Court Basketball	Open Gym	Reserved for Class 5:30a-6:30a
6a				
7a				Open Gym
8a				
9a	Reserved for Program	Family Play	Open Gym	Reserved for Class 9a-11a
10a				
11:15a	Open Gym	Full Court Basketball	Open Gym	Open Training
12p				
1p	Full Court Basketball	Family Play	Open Gym	Open Training
2p				
3p	Pick-up Basketball	Reserved for Childwatch	Open Gym	Open Training
4:15p				
5:30p				
6p				
7p	Full Court Basketball	Family Play	Open Gym	Open Training
8p				
9p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed
<b>Saturday</b>	<b>Court 1</b>	<b>Court 2</b>	<b>Court 3</b>	<b>Beastmode</b>
7a	Open Gym	Open Gym	Open Gym	Open Training
8a				
9a				Reserved for Program
10a				
11a	Full Court Basketball	Full Court Basketball	Open Gym	Open Training
11:30a				
12p	Pick-up Basketball	Family Play	Open Gym	Open Training
2p				
3p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed
4p				
5p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed
<b>Sunday</b>	<b>Court 1</b>	<b>Court 2</b>	<b>Court 3</b>	<b>Beastmode</b>
1p	Pick-up Basketball	Family Play	Open Gym	Open Training
3p				
5p	YMCA Closed	YMCA Closed	YMCA Closed	YMCA Closed

<b>FAMILY PLAY</b>	A safe space for youth and their caretakers to practice, shoot and play
<b>OPEN GYM</b>	Court available for individual or group shooting and play.
<b>PICK-UP BASKETBALL</b>	Open for pick-up basketball games
<b>FULL COURT BASKETBALL</b>	Full court games played on courts 1 & 2
<b>RESERVED FOR PROGRAM</b>	Area reserved for program participants during a Y program
<b>OPEN TRAINING</b>	Area available for individual exercising and functional training