



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INDOOR POOL SCHEDULE

YMCA PROGRAM CENTER - April 15th-June 5th

MONDAY & WEDNESDAY

Time	Lane 1	Lane 2	Lane 3	Open Section
7:00-8:25am	Lap Swim			Open Swim
8:25-11:15am	Aqua Fitness			
11:15-12:00pm	Lap Swim			Open Swim
12:00-3:45pm	Closed			
3:45-6:00pm	Swim Lessons Only			
6:00-7:15pm	Lap Swim			Swim Lessons

TUESDAY & THURSDAY

Time	Lane 1	Lane 2	Lane 3	Open Section
7:00-8:25am	Lap Swim			Open Swim
8:25-10:15am	Aqua Fitness			
10:15-12:00pm	Lap Swim			Open Swim
12:00-3:45pm	Closed			
3:45-6:00pm	Swim Lessons Only			
6:00-7:15pm	Lap Swim			Swim Lessons

FRIDAY

Time	Lane 1	Lane 2	Lane 3	Open Section
7:00-8:25am	Lap Swim			Open Swim
8:25-11:15am	Aqua Fitness			
11:15-3:00pm	Lap Swim			Open Swim

Saturday

Time	Lane 1	Lane 2	Lane 3	Open Section
8:40am-9:25am	Aqua Fitness			
9:30-1:00pm	Swim Lessons Only			
1:00-3:00pm	Closed			

Sunday

CLOSED

YPC is closed Christmas Eve, Christmas Day, Boxing Day, and New Years Eve

***All pool hours subject to change**

Children 0-5 years old must have a parent or guardian in the pool with them in the water within arm's reach. Children 6-12 years old must have a parent or responsible adult present on the pool deck at all times. (Must take swim test). Children 5-14 must wear a Coast Guard approved Life vest (PFD), pass a swim test, or be within arms reach of parent or an adult.