



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# NURTURING THEIR POTENTIAL

Child Watch Parent Handbook



YMCA OF GREENVILLE  
**Prisma Health Family YMCA**  
[ymcagreenville.org/childwawtch](http://ymcagreenville.org/childwawtch)

## Child Watch Hours

Monday- Thursday	8:00AM – 12:00PM 4:30–7:30PM
Friday	8:00AM – 12:00PM 4:30–6:30PM
Saturday	8:00AM – 12:00PM

OUR MISSION > The YMCA of Greenville, following the example of Christ, builds healthy spirit, mind, and body for all.

# HELLO!

Welcome to the YMCA of Greenville! CHILD WATCH is one of the many benefits of having a Household Membership at the Y and is year-round program for children ages **6 weeks\* to 12 years old** whose parents are using the facility. Children are provided with age appropriate toys and activities in a safe, caring, and enriching environment.

This parent handbook is to assist you in understanding all of the policies and procedures of our Child Watch service. Please take a moment to read through all of the information and feel free to ask us any questions you may have. Thank you for being a valued member of the Y!

Questions? Contact Erin Bauer – [ebauer@ymcagreenville.org](mailto:ebauer@ymcagreenville.org)

\*Infants allowed in morning sessions only

## WHAT TO EXPECT

Our staff strives to provide children with safe, fun-filled opportunities to develop physically, mentally, socially and spiritually. You should expect:

- A cheerful, daily greeting
- Open communication
- Caring, enthusiastic and trained staff
- Clean facilities
- Enriching activities
- A comfortable, safe environment

## WHAT THE Y EXPECTS FROM PARENTS

- Babies should arrive fed and with a clean diaper.
- Label each of your child's items with his/her full name.
- Parent communication regarding their child's individual needs.
- Parents' assistance in protecting their child by following sign-in/out policies.
- Adhering to the 2 hour time limit per day for Child Watch services.
- Parents' cooperation with the policies of the YMCA.
- Please do not enter the child watch area without permission from the staff members.

## WHAT SHOULD MY CHILD BRING?

A labelled bag containing the following:

- A change of clothing
- Diapers/pull-ups and baby wipes if not potty trained
- A pacifier, if your child uses one
- Infants can have a prepared, labelled bottle
- Shoes, which are required to be worn if they're able to walk on their own

**\* Please note that the Y is not responsible for lost or stolen items. Please leave all food (other than baby bottles with formula or breast milk), candy, toys, games, electronics, and money at home.**

## RESERVATIONS

Space is limited to comply with state and CDC recommendations, so please use our reservation system online at [ymcagreenville.org/childwatch](http://ymcagreenville.org/childwatch) to ensure your child is on the roster before you arrive.

Child watch is available on a limited basis Monday-Saturday and up to **2 hours per child, per day**. Parents need to bring their ID to check-in, so reservations can be verified on the roster.

## ABOUT OUR STAFF

All of our Child Watch staff are First Aid and CPR certified and trained in child abuse prevention. Y staff also abide by the Y Staff Code of Conduct:

- Staff will use positive techniques of guidance, including redirection, positive reinforcement, and encouragement rather than competition, comparison, and criticism.
- Staff will treat each children with dignity and respect.
- Staff will administer clear delivery and regular review of program expectations, rules and procedures to participants.
- Staff will establish an atmosphere of appropriate behavior.
- Staff will communicate any behavioral and/or social issues involving children to their parents in a timely manner.
- Staff will deliver program components appropriately, demonstrating the Y's 4 Character Values and the mission of the YMCA of Greenville.
- Staff will respect the privacy of program participants and adhere to established confidentiality policies.





## BEFORE YOUR CHILD'S FIRST VISIT

- Please read the Child Watch Parent Handbook
- If your child is having a difficult time adjusting to the Child Watch setting, we suggest bringing them during slower times for short visits until they are more comfortable. Remember, don't be discouraged. It sometimes takes a few visits for a child to get acclimated in the Child Watch Program.

**\*If leaving the facility, members must be within a 5 mile radius of the facility and must be exercising in the form of walking, running or biking.**

## ACTIVITIES & ENRICHMENT CENTERS

Children may be divided into smaller age groupings during peak times and will be in areas with engaging age-appropriate activities. Activities vary by center and include:

- **CREATIVE MOVEMENT** – Dance, music, instruments, parachutes, beanbag games and more
- **ARTS & CRAFTS** – Art projects, craft projects, painting, play dough, science
- **STRONG MINDS OR IMAGINATION STATION** – All coordinated learning such as ABC's, 123's, colors, shapes, puzzles, puppets, dramatic play and themed activities such as back to school, wild kingdom, under the sea, transportation, the seasons, weather, holidays, etc.
- **HEALTHY BODIES** – Fitness fun, CATCH®, physical play and nutrition
- **INSIDE OUT** – Outdoor play or active gym games
- **KIDS CHOICE** – Center based play

# HEALTH AND SAFETY

## ILLNESS POLICY

In the interest of your child's health and safety, and the well-being of the other children, we strongly stress the following:

- If your child is contagious or feels ill, tired or unusually warm, you may not use the service for that day. This includes fatigue, coughing, sneezing, runny nose and eyes, fever, vomiting, diarrhea, and sore throat regardless of the cause. If your child has had a fever due to illness, please wait 48 hours after the fever has stopped to use the service.
- If a child is ill or cannot be consoled and has been left in Child Watch, parents will be notified, and will have to pick the child up at that time.
- If your child contracts a contagious disease and has been in Child Watch while infectious, let the Child Watch staff know immediately so they can inform the other parents.
- The Child Watch staff reserve the right to refuse a child that appears ill.

- In addition, a child must be non-medicated, fever-free and have stopped diarrhea and vomiting for a full 24 hours before returning to the Y Child Watch Program.
- A physician's note should be provided for diagnosed skin conditions and may be re-quired before re-admitting a child for other illness-es. If a child develops symptoms while attending the program, parents will be asked to pick up their child.

The staff cleans toys daily, wipes surfaces with disinfectant cleaners, and follow good hand washing practices to lessen the spread of disease. Please do not send your child if they have any of the following symptoms:

- Nose that runs continually
- Undiagnosed rashes, sores or other skin conditions
- Sore throats
- Excessive coughing
- Diarrhea or vomiting
- Any other contagious diseases or symptoms

## CRYING OR UPSET CHILDREN

For the comfort and best interest of your child and others, it is our policy to come get you if your child cries for more than 15 consecutive minutes. Although this policy may interfere with your personal workout needs, our goal is to provide a positive experience for all the children.

## EMERGENCY PROCEDURES

In the event of an emergency evacuation or evacuation drill, children from Child Watch will be escorted by staff through the emergency exit located closest to the Child Watch room and gather in the Safe Zone on the grass area out in front of the main building. Parents may meet their children at the designated Safe Zone, check in with a staff member and sign your child out if you wish to leave premises before the building has been deemed safe for reentry and/or the evacuation drill has been completed.

## DISCIPLINE

YMCA staff model positive behavior such as **CARING**, **HONESTY**, **RESPECT** and **RESPONSIBILITY** in order to teach these behaviors to children. Staff will have age-appropriate expectations and set up guidelines and environments of acceptable and unacceptable behavior that minimize the need for discipline. Consequences are imposed for inappropriate behavior. Time-out is used when a child's behavior is disruptive or if a child disregards program rules. If taking time-out does not correct the problem, further counseling with leadership staff will take place. If necessary, parents will be called to pick up their child and discuss the issue. Physical restraint is used only as a last resort, in necessary situations (to protect the child or other children from harm), only administered in a prescribed manner by trained persons, and must be documented in writing. The YMCA reserves the right to dismiss any child whose behavior is consistently disruptive, interferes with program delivery or the best interest of other children. The YMCA does not condone corporal punishment or inappropriate language.





# DROPPING OFF AND PICKING UP YOUR CHILD

## DROP OFF

1. All Members must scan their child's membership card and sign their child into the program every time they attend. Any child that does not have their membership scan card may be refused access to the Child Watch Area.
2. Members dropping off their children will be assigned a pick-up ticket number.
3. The parent will keep the pick-up ticket until they pick up their child.
4. For the safety of all children, parents are not permitted to enter the Child Watch Area.

## PICK UP

1. Members will be required to present their ticket number when picking up their child.
2. If a Member loses their ticket number, a photo ID will be required to pick up their child.
3. A staff member will verify the Members identification. If a Member plans to have someone else pick up their child, even a spouse, please notify staff in writing when dropping off their child. YMCA Child Care Staff reserve the right to ask for a photo ID of anyone picking up a child in Child Watch.

**Parents or other non-essential visitors will not be allowed in the childcare rooms or the playground.**

## HEALTHY YOUTH POSITIVELY ENGAGED

HYPE is specifically for children ages 6-12 and is located in the gymnasium and will include games, sports, crafts, and free play. Parents will need to scan in at the Welcome Center, and then sign into the HYPE desk in the gym. We need at least 5 children registered at any given time in order to open the HYPE area.

## DONATIONS AND OUTSIDE TOYS

We have many toys, books, puzzles and other fun things to discover and explore in Child Watch, so we recommend all toys be left at home.

Child Watch accepts donations of new or gently used toys, baby items, movies, books and supplies such as wipes, tissues, etc. All donations to the YMCA are tax deductible.

