



RECESS JOB COACHING PROGRAM APPLICATION

To apply, complete this form and email to ladams@ymcagreenville.org

Applicant Name: _____ Age: _____ DOB: _____

Gender: Male Female Height: _____ Weight: _____

Address: _____ City: _____

Zip Code: _____

Application Submitted By: _____

Relation to applicant: _____

Applicant's Cell: _____

Applicant's Email: _____

Applicant's preferred method of communication: _____

Emergency Contact: _____

Relationship to Applicant: _____

Phone #1: _____ Phone #2: _____

Please provide at least two additional references (close friend, supervisor, teacher, close relative). If you have recently graduated (within the last 2 years) from high school, a teacher contact must be

Reference #1

Name: _____ Relation to Applicant: _____

Phone: _____ Email: _____

Reference #2

Name: _____ Relation to Applicant: _____

Phone: _____ Email: _____

Job Training Site Location Preference:

Prior to job searching in the community, participants will volunteer at one of our YMCA locations or a community organization to gain job skills, establish a work routine, and receive on-site coaching. Please rank which YMCA locations are most convenient for you (1- Most Convenient, 2- Moderately Convenient, 3- Least Convenient)

- _____ **Prisma Health Family YMCA—Simpsonville**
- _____ **Caine Halter Family YMCA**
- _____ **Eastside Family YMCA**
- _____ **Other Organization: _____**

How many hours per week are you interested in working? _____

Do you have transportation available to support a volunteer and employment schedule? _____

Which days of the week are you available for volunteer work and employment? Please mark all available days/times.

- | | | | |
|-----------|----------------------------------|------------------------------------|----------------------------------|
| Monday | <input type="checkbox"/> Morning | <input type="checkbox"/> Afternoon | <input type="checkbox"/> Evening |
| Tuesday | <input type="checkbox"/> Morning | <input type="checkbox"/> Afternoon | <input type="checkbox"/> Evening |
| Wednesday | <input type="checkbox"/> Morning | <input type="checkbox"/> Afternoon | <input type="checkbox"/> Evening |
| Thursday | <input type="checkbox"/> Morning | <input type="checkbox"/> Afternoon | <input type="checkbox"/> Evening |
| Friday | <input type="checkbox"/> Morning | <input type="checkbox"/> Afternoon | <input type="checkbox"/> Evening |
| Saturday | <input type="checkbox"/> Morning | <input type="checkbox"/> Afternoon | <input type="checkbox"/> Evening |
| Sunday | <input type="checkbox"/> Morning | <input type="checkbox"/> Afternoon | <input type="checkbox"/> Evening |

Do you require close (one-on-one) supervision? Yes No

Do you enjoy interacting with others in a group setting? Yes No

Food/Drug Allergies: _____

Seizures? Yes No If yes, what type: _____

Seizure Frequency: Daily Weekly Other

Describe your seizures: _____
Please provide staff any instructions that will aid in caring for you if a seizure occurs.

Please list any accommodations required during volunteering/employment due to physical limitations? (scheduled/frequent restroom breaks, assistive technology, difficulty standing/walking for extended periods of time, etc.)

Life Skills Mark which household chores you typically complete without assistance:

- | | |
|--|--|
| <input type="checkbox"/> Loading & Unloading the dishwasher | <input type="checkbox"/> Microwave meals according to package directions |
| <input type="checkbox"/> Making the bed | <input type="checkbox"/> Cooks on stovetop following basic recipe |
| <input type="checkbox"/> Dusting | <input type="checkbox"/> Cleaning bathroom counters/mirror |
| <input type="checkbox"/> Operating clothes washer/dryer | <input type="checkbox"/> Sweeping floor |
| <input type="checkbox"/> Folding Laundry | <input type="checkbox"/> Vacuuming |
| <input type="checkbox"/> Light Food Preparation (sandwiches, cereal, etc.) | <input type="checkbox"/> Mopping |

Describe how you monitor time during your daily schedule (using a wristwatch/wall clock, setting an alarm, relying on caretaker, etc.).

Could you follow a written or visual checklist? Would support be required to answer an employer's email regarding a schedule change?

Describe your ability to manage your own calendar (schedule basic appointments, coordinate transportation, identify overlapping commitments, etc.).

List any fears or preoccupations that may interfere with job coaching programming:

Do you have outbursts or behaviors that may be disruptive during job coaching or while working? If yes, please describe behavior:

Do you ever intentionally hurt yourself or hurt others? If yes, please describe the behaviors and the best way to support you:

Do you have a history of wandering away from supervision if not closely monitored? If yes, describe:

Is there anything else you would like to share to understand your needs more clearly?

Employment or Volunteer History

Are you currently/previously employed? Currently Previously No Employment History
If employed, where? Job Title? _____

List any successes or barriers you will need to overcome:

Have you participated in a job training program in the past? Yes No

If yes, please list the program dates, types of training received, and successful or favorite job tasks:

Please describe any previous volunteer experiences, highlighting what was most successful.

In which categories of employment would you most likely be interested/successful?

- Cash register operation (retail, food service)
- Childcare
- Custodial (sweeping, dusting, sanitizing, windows)
- Data Entry/Computer work
- Dish washing
- Filing (alphabetizing, sorting by date, etc.)
- Landscaping/Grounds Maintenance (mulching, weed-eating, etc.)
- Light Food Preparation (sandwich making, refilling buffet line, preparing coffee, etc.)
- Restaurant lobby (cleaning tables, refilling drinks, etc.)
- Repetitive tasks (grocery bagging, sorting products, etc.)
- Stocking shelves (removing out of date items)
- Telephone/Customer Service
- Other: _____

Thank you for applying for the RECESS job coaching program. I will contact you to schedule an intake interview, and I look forward to meeting you and your family soon!

Lindsey Adams
RECESS Job Coach