



West Suburban YMCA
Camp Frank A. Day L.I.T. Application
276 Church St · Newton, MA 02458 · Phone: (617)795-0931
Fax: (617)321-2267 · www.westsuburbanyymca.org

Important – Please note: Applicants must submit a completed application along with character reference in order to be considered for the L.I.T. program. Once accepted, the L.I.T. will be mailed additional paperwork. They may not register through the normal Camper Registration Form. Please read through all the attached information regarding the L.I.T. program before signing and submitting this application.

Name: _____ DOB: _____
First

Address: _____ Phone: _____

Email: _____ T-shirt size: _____

Gender: **LITs must be entering their junior year of high school OR be at least 16 years old.**
M / F
/ NB

Grade
Fall
'26: _____ Age as of June 27th,
2026: _____

Name of Parent/Guardian: _____
Home # _____ Cell # _____ Work # _____

The L.I.T. program is designed as a 7 week long program, including an orientation day before the start of the first session. All L.I.T.s are required to attend at least 3 weeks and the orientation. However, it is not required that you stay the entire summer.

2026 Session Options:

LIT 3 Weeks June 26 – July 18	\$2,266
LIT 4 Weeks June 26 – July 25	\$2,854
LIT 5 Weeks June 26 – August 1	\$3,399
LIT 6 Weeks June 27 – August 8	\$3,880
LIT 7 Weeks June 26 – August 15	\$4,362

Background

• Have you previously attended Camp Frank A. Day? Yes [] No [] _____

If Yes

Green [] or Gray []

Rank your interest and ability (**0** not interested, **1** want to learn, **2** can assist, **3** can lead) in the following :

	Archery		Kayaking / Canoeing		Sailing
	Arts and Crafts		Low Element Facilitation		Swimming
	Belaying High Elements		Fishing		Traditional Sports (Basketball, Softball, Soccer, etc.)
	Camp Games		Nature		Water Skiing / Wakeboarding / Tubing
	Dance		Music		Drama / Improv
	Other:				

▪ Please list any applicable courses, trainings and/or certifications you have completed:

▪ Please list any academic honors, extracurricular activities, sports played, and/or leadership experience in your school or community. Also list any work experience, i.e. babysitting, snow shoveling, etc.

Essay Section: *Please attach additional sheets as necessary to answer each question completely.*

- Why do you want to become an L.I.T.?
- What do you hope to learn or gain from this program?
- If you ran a camp, what would be some of your goals and objectives?

Reference:

In order to complete your application, please obtain and submit a character reference from an adult that is a non-relative. You will find the form on the final page of this application. Please choose someone who knows you well, such as a family friend or a teacher.

L.I.T. Applicant Agreement:

I certify that all statements made by me on this application are true to the best of my knowledge. I understand that if accepted into the program, I must abide by all camp rules, even when I participate in off camp activities, and that failure to do so may result in my dismissal from the L.I.T. Program. I understand that acceptance into the L.I.T. Program does not guarantee me employment for the following summer.

Signature _____ Date _____

Parental Agreement:

If accepted, my child has full approval to participate in the L.I.T. Program. I understand that my child will be taking trips off camp, assisting counselors in cabins and activities and participating in a camp service project. I understand that if my child is dismissed from the L.I.T. Program, based on a failure to abide by camp rules, I will not receive a refund. I understand that if accepted as an L.I.T., upon completion of the program, my child is not guaranteed employment the following summer.

Signature _____ Date _____



Camping Services L.I.T. Character Reference

276 Church St · Newton, MA 02458 · Phone: (617)244-6050

Fax: (617)321-2267 · www.westsuburbanyymca.org

Applicant: Please fill in this information before giving the form to your reference.

Failure to complete this top section may delay your application.

Applicant's
Name

Camp
Applying to
Position
Desired

Camp Frank A. Day

Leader-in-Training (L.I.T.)

Reference:

The above named person is applying to become an L.I.T. at Camp Frank A. Day, one of the West Suburban YMCA's summer camps. We require one character reference, **from a non-relative adult**, in order to be considered for the program. Please take a moment to answer the following questions to the best of your knowledge. If you feel unable to answer a question, write "no opportunity to observe." Please use the back of this form if additional space is needed.

How long have you known the applicant? Explain the capacity in which you know the applicant.

How do you feel the applicant would benefit from a Leadership Training Program?

Would you describe the applicant as more independent or group oriented?

How well does the applicant interact with and relate to children? If possible, give an example of an opportunity you have had to observe him/her with children. If you have not had this opportunity, please indicate how you think s/he would perform in this role.

Are you aware of any reason why we should not allow this applicant to participate in a leadership program or work with children?

Your
Name _____ Occupation _____
Email _____ Phone _____

Thank you for taking the time to complete this recommendation! You may write additional comments on a separate sheet of paper. Please return this to the address or fax number listed above or directly to Gus Noriega the Director at Gusn@wsymca.org