

**DOWNTOWN YMCA**  
146 Arsenal Street  
Watertown, New York 13601

For program questions contact:  
Adrienne Alteri  
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For more information on programs,  
memberships, services, and to  
register: [watertownymca.org](http://watertownymca.org)



SCAN TO  
REGISTER

Check out these other great  
YMCA programs:

- Pickleball Clinics
- Red Ball Tennis
- Swim Lessons



#### **GATEWAY FINANCIAL SCHOLARSHIP**

To ensure all youth and families have access to programs and services, **Watertown Family YMCA**, supported by **Northern New York Community Foundation**, **United States Army Child & Youth Services** and **United Way of Northern New York**, offers financial assistance to those who are unable to afford membership or program fees.

Assistance is determined based on each applicant's income and expenses.

Applications are available at the YMCA Welcome Center or online. Watertown Family YMCA is committed to protecting the privacy of all applicants and safeguarding their personal information.



Northern New York  
Community Foundation



UNITED STATES ARMY  
CHILD & YOUTH SERVICES



UNITED WAY OF NORTHERN NEW YORK

**DOWNTOWN YMCA**  
**WOMEN'S**  
**PICKLEBALL**  
**PROGRAM**  
**13 YEARS - ADULT**  
**JANUARY 2026**



**REGISTRATION OPENS**  
**DECEMBER 1, 2025**



**WATERTOWNYMCA.ORG**

## WHAT YOU NEED TO KNOW

**Ages:** 13 Years – Adult

**Location:** Downtown  
Racquet Center

**Start Date:** January 6, 2026

**End Date:** January 27, 2026

**Days & Time:**  
Tuesdays (4 Weeks)  
5:00 – 7:00 PM

**Program Fee:**  
Members: \$35.00  
Non-Members: \$75.00  
Military: \$65.00

## WOMEN'S PICKLEBALL

Join our exciting Women's Pickleball program designed to bring players of all levels together for fun and competitive play! With space for 16 to 20 players across 4 courts, this program offers the perfect mix of structured play and skill development.

A RSPA & DUPR certified coach will be on site to provide free DUPR ratings, helping players measure and track their progress. Courts will be divided by level of play and then transition into DUPR rating courts, ensuring fair and engaging matchups for everyone.

Players are strongly encouraged to receive their free DUPR rating, with guidance and explanation provided by the coach throughout the session.



**Child Watch / Kids Adventure**  
is available from 4:15 – 7:15 PM.

**\*Family or Single Parent Family**  
membership is required.



### REQUIRED EQUIPMENT

Water Bottle

Sneakers /Athletic Clothing

Paddle & Balls Available



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